

## Helen Windsor 10k 4/7/12

(1st 34.42; 2nd 34.45; 3rd 34.57)

pos			time		road pts	GP pts
4	John Lloyd	M	39	4	89.1	89.1
17	Paul Brannigan	M45	39	28	88.2	96.3
19	Trevor Davis	M45	39	39	87.8	94.4
44	Darren Tweed	M	42	55	81.1	81.1
52	Richard Butterwick	M40	43	48	79.5	83.0
54	Paul Alexander	M	43	57	79.2	79.2
57	Sarah Glyde	F35	44	26	78.3	89.3
65	Andy Glyde	M	45	42	76.1	76.1
69	Maria Prescott	F45	46	14	75.3	93.4
89	Phil Cook	M40	48	15	72.1	76.4
114	Richard O'Sullivan	M50	50	21	69.1	76.7
119	Melanie Robertson	F50	50	58	68.3	88.3
126	Elise Milnes	F50	51	30	67.6	88.3
136	Fiona Armer	F45	52	30	66.3	81.5
143	Julie Wyant	FV40	53	28	65.1	77.7
148	Ray Poulter	M65	55	1	63.3	80.4
155	Moyra Parfitt	F65	56	6	62.0	97.7
169	Peter Ehrhardt	M65	58	19	59.7	76.7
177	Graham Milnes	M55	59	9	58.8	68.6
207	Ian Stansfield	M65	1	14 39	46.6	62.0

in GP points order

155	Moyra Parfitt	F65	56	6	62.0	97.7
17	Paul Brannigan	M45	39	28	88.2	96.3
19	Trevor Davis	M45	39	39	87.8	94.4
69	Maria Prescott	F45	46	14	75.3	93.4
57	Sarah Glyde	F35	44	26	78.3	89.3
4	John Lloyd	M	39	4	89.1	89.1
126	Elise Milnes	F50	51	30	67.6	88.3
119	Melanie Robertson	F50	50	58	68.3	88.3
52	Richard Butterwick	M40	43	48	79.5	83.0
136	Fiona Armer	F45	52	30	66.3	81.5
44	Darren Tweed	M	42	55	81.1	81.1
148	Ray Poulter	M65	55	1	63.3	80.4
54	Paul Alexander	M	43	57	79.2	79.2
143	Julie Wyant	FV40	53	28	65.1	77.7
169	Peter Ehrhardt	M65	58	19	59.7	76.7
114	Richard O'Sullivan	M50	50	21	69.1	76.7
89	Phil Cook	M40	48	15	72.1	76.4
65	Andy Glyde	M	45	42	76.1	76.1
177	Graham Milnes	M55	59	9	58.8	68.6
207	Ian Stansfield	M65	1	14 39	46.6	62.0