

Joe Salt Cowm Reservoir 5K Trail Race 10/4/13

(1st 15.40; 2nd 16.17; 3rd 16.30)

pos			time		trail pts	GP pts
9	Robin Tuddenham	M40	17	26	92.6	98.2
10	Paul Brannigan	M45	17	32	92.1	100.6
14	Ivan Gee	M40	17	48	90.7	95.4
22	Dan Taylor	M	18	26	87.6	87.6
24	Darren Graham	M40	18	34	87.0	92.2
25	Trevor Davis	M45	18	38	86.7	93.2
29	Darren Tweed	M	18	55	85.4	85.4
30	Richard Butterwick	M40	18	56	85.3	89.1
32	Robert Gray	M	19	3	84.8	84.8
38	Ben Crowther	M40	19	21	83.5	85.9
40	Paul Alexander	M	19	28	83.0	83.0
73	Joe Daniels	M	21	4	76.7	76.7
74	Dave Collins	M55	21	8	76.4	89.9
75	Simon Galloway	M45	21	15	76.0	83.7
79	Andrew Bibby	M55	21	27	75.3	90.2
80	Phil Cook	M45	21	32	75.0	80.1
84	Paul Cruthers	M50	21	35	74.8	83.0
93	Keith Parkinson	M55	22	5	73.1	87.6
94	Claire Duffield	F40	22	11	72.8	84.5
97	Mel Blackhurst	F45	22	21	72.3	89.7
108	Mel Siddall	F50	22	53	70.6	91.3
110	Richard Blakeley	M70	22	58	70.3	94.6
117	Issy Pollard	F35	23	47	67.9	76.6
122	Bev Wright	F40	24	1	67.2	80.3
128	David Leslie	M60	24	38	65.6	80.9
132	Helen Wilson	F45	24	55	64.8	81.3
135	Ray Poulter	M65	25	17	63.9	82.1
145	Andrea Marshall	F	25	47	62.6	69.3
152	Moyra Parfitt	F65	26	11	61.7	98.5
154	Louise Abdy	F50	26	34	60.8	79.5
160	Myra Wells	F55	27	51	58.0	78.3
170	Dave O'Neill	M55	29	37	54.5	63.0

in GP points position

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