

Rochdale 10k 2/7/13

(1st 32.16; 2nd 33.57; 3rd 34.03)

pos			time		road pts	GP pts
5	John Lloyd	M	35	28	94.2	94.2
10	Robin Tuddenham	M40	36	21	91.9	97.4
24	Trevor Davis	M45	37	58	88.0	94.7
48	Michael Harper	M45	40	34	82.4	87.9
56	Robert Gray	M	40	57	81.6	81.6
93	Sarah Glyde	F35	42	57	77.8	89.5
146	Phil Cook	M45	46	44	71.5	76.3
155	Paul Cruthers	M50	47	4	71.0	78.8
156	Richard Blakeley	M70	47	9	70.9	95.4
178	Richard Leonard	M50	48	18	69.2	79.3
218	Jane Leonard	F55	50	30	66.2	89.4
219	Richard Butterwick	M40	50	38	66.0	69.4
230	Helen Wilson	F45	51	26	65.0	81.5
249	Nigel Hanson	M55	52	34	63.6	74.8
252	Dave Wilson	M55	52	41	63.4	74.7
253	David Leslie	M60	52	44	63.4	78.2
278	Ray Poulter	M65	55	28	60.3	77.5
281	Jilly Davidson	F40	55	31	60.2	69.9
285	Moyra Parfitt	F65	55	43	60.0	95.8
300	Louise Abdy	F50	58	22	57.3	75.6
307	Myra Wells	F55	59	19	56.3	77.0

in GP points order

10	Robin Tuddenham	M40	36	21	91.9	97.4
285	Moyra Parfitt	F65	55	43	60.0	95.8
156	Richard Blakeley	M70	47	9	70.9	95.4
24	Trevor Davis	M45	37	58	88.0	94.7
5	John Lloyd	M	35	28	94.2	94.2
93	Sarah Glyde	F35	42	57	77.8	89.5
218	Jane Leonard	F55	50	30	66.2	89.4
48	Michael Harper	M45	40	34	82.4	87.9
56	Robert Gray	M	40	57	81.6	81.6
230	Helen Wilson	F45	51	26	65.0	81.5
178	Richard Leonard	M50	48	18	69.2	79.3
155	Paul Cruthers	M50	47	4	71.0	78.8
253	David Leslie	M60	52	44	63.4	78.2
278	Ray Poulter	M65	55	28	60.3	77.5
307	Myra Wells	F55	59	19	56.3	77.0
146	Phil Cook	M45	46	44	71.5	76.3
300	Louise Abdy	F50	58	22	57.3	75.6
249	Nigel Hanson	M55	52	34	63.6	74.8
252	Dave Wilson	M55	52	41	63.4	74.7
281	Jilly Davidson	F40	55	31	60.2	69.9
219	Richard Butterwick	M40	50	38	66.0	69.4