

Langdale Half Marathon 21/9/13

(1st 1.21.37; 2nd 1.22.49; 3rd 1.24.12)

pos			time			road pts	GP pts
3	Paul Brannigan	M45	1	24	12	98.4	108.3
64	Mel Blackhurst	F45	1	45	37	78.5	98.4
95	Kevin Coughlan	M50	1	50	50	74.8	84.3

in GP points position

3	Paul Brannigan	M45	1	24	12	98.4	108.3
64	Mel Blackhurst	F45	1	45	37	78.5	98.4
95	Kevin Coughlan	M50	1	50	50	74.8	84.3