

THIS IS RUMOURED TO BE NEARLY FULL OR EVEN FULL IF YOU WANT TO ENTER GET
THIS OFF ASAP

ENTRY FORM

LANGDALE HORSESHOE FELL RACE

SATURDAY 8th OCTOBER 2005

STARTS – 11:00 am – 14m 4000ft

FROM THE OLD DUNGEON GHYLL HOTEL, GREAT LANGDALE.

£5 (CHEQUES PAYABLE TO "AMBLESIDE A.C.") TO JONATHAN FISH, NUTTALL HOUSE, 79 MAIN ST,
WARTON, CARNFORTH, LA5 9PJ BY 1st OCTOBER - NO LATE ENTRIES - NO ENTRY ON DAY

LIMITED TO 400 RUNNERS - SAFETY PINS NOT PROVIDED

***** LANGDALE HORSESHOE FELL RACE - ENTRY FORM ***** RACE NUMBER _____

FULL NAME _____ AGE _____

ADDRESS _____

PHONE NUMBER _____ VEHICLE REG _____

CLUB _____

CATEGORY (tick as appropriate)

Male _____ Junior _____ Intermediate _____ V40 _____ V45 _____ V50 _____ V60 _____ V70 _____

Female _____ Junior _____ Intermediate _____ LV40 _____ LV45 _____ LV50 _____ LV60 _____

I understand that this race is held in accordance with the rules and safety requirements of the FRA. I am aware of the organiser's information and stipulations and I accept that any injury occurring to me during the course of the race is in no way the responsibility of the race organiser. I am over 18 years of age.

SIGNED _____
