



CONGRATULATIONS

TO MANDY & KATH ON THE SUCCESSFUL COMPLETION OF THEIR BOB GRAHAM ROUNDS
Full reports in next months newsletter

Marshals Wanted

For the Blackshawhead
Fell race

Saturday 2nd September

This is a new route replacing the
Ragley Run full details inside

If you are available to help
then contact Sarah on
01422 847628

REMAINING GRAND PRIX RACES FURTHER DETAILS INSIDE

Thurs 10 Aug	TS Radcliffe Trail 5miles
Mon 14 Aug	TS Pauline Luketti memorial race
Sun 20 Aug	FL SEDBERGH Eng champs
Thurs 7 Sept	FS HADES HILL
Sun 17 Sept	RM STAINLAND 7
Sun 24th Sept	RL LANGDALE 1/2 marathon
Sat 30th Sept	FS THIEVELEY PIKE
Sun 8 Oct	RM BURNLEY FS7
Sun 29 Oct	RS ACCRINGTON 10K