

Forthcoming races

Mel Blackhurst comes up with her regular selection of local road races:

Sunday 13th August-Blackburn 10k.Starts from Witton Park 11am.Previously in the Grand Prix, an enjoyable undulating race.

Monday 14th August-Pauline Lucketti Memorial 5m trail race-In the Grand Prix and mentioned elsewhere.

Sunday 27th August Norland Moor trail race 11.30am.7 miles.Starts from Old Rishworthians club, Copley. Some sections part of Bluebell trial.£3 to enter-£1 extra on the day.

Tuesday 29th August Whalley Nab 5.5 mile. Start 7.15pm from Dog Inn, King Street, Whalley nr Clitheroe.£3 to enter,50p more on the night.

Tuesday 29th August-Lions 5k Charity Fun Run,7pm from Wheatsheaf,Littleborough.£3 to enter,can enter on night but 50p more.

Sunday 3rd September- Blackpool Beach 10k.Colin and Geoff are the ones to ask about beach running. All on the beach but be warned not very dry!. Last time M/T shoes were a good plan.
11.30am start.£7 to enter, last date for postal entry 30/08.Can enter on day if race limit of 600 not reached!

Sunday 3rd September-10.30am new race in memory of Alice Redmond.10KM M/T race. Starts at Brearley fields, Mytholmroyd. All proceeds to Epilepsy Action. Cost £8.Postal entries close 25/08.

Colin Duffield has news of fell races:

Tuesday 8th August 7:30pm **Giants, Withins and Windmills** BS 5 miles/ 1000ft
Ogden Reservoir Embankment, Causeway Foot, Halifax

Last year the faster runners inadvertently chose to make up their own route and ran about a mile further than the rest of the field, a precedent to be encouraged I think.

Wednesday 9th August 7:30pm **Whittle Pike** AS 4.5 miles/ 1400ft
Cowpe Village Playing Fields, Waterfoot, Rawtenstall

Previously in our fell championship so you should know it. Co-organised by our Rossy friend Nick Harris.

Sunday 13th August 11:00am **Worsthorne Moor (Mag 7)** BM 7 miles / 900ft Gorpel Road, Worsthorne
Perhaps more of a trail race, certainly suitable for roadrunners looking for a chance to run on't moors without being eaten by wolves.

Wednesday 23rd August 7:00pm **Golf Ball Fell Race** BS 5 miles/ 900ft Glory Pub, Loveclough, Rossendale
A bit near Bacup, but there you go...

Sunday 27th August 11:30am **Norland Moor** CM 7 miles / 800ft Old Rishworthians RUFC, Copley, Halifax
Not dissimilar to Worsthorne Moor (see above). It's customary for the local scallyways to move the flags before the race. Wouldn't have happened in my day etc, etc. Still probably impossible to get lost.

Saturday 2nd September 2:00pm **Ragley Run** BS 5 miles/ 750ft Blackshawhead Fete Field
A Sarah Glyde production, probably details elsewhere about marshalling opportunities. Have a go at tossing the caber whilst you're at the fete. Go on, swing your sporrán missus!

Thursday 7th September 6:45pm **Hades Hill** BS 5 miles / 1200ft Taylor Street, Whitworth
Another one familiar to the club. Organised by Toddie and all round good guy, Derek Clutterbuck. Hell of a race! (Think about it...)

Sunday 10th September 10:00am **Yorkshireman Half and Full Off Road Marathons** BM / CL
Westfield Lodge, Penistone Hill, Near Haworth
I know these are called half and full marathons, but don't be fooled. YOU WILL NEED TO BE ABLE TO READ A MAP. That is unless you're happy to spend a lot of time in peoples yards asking 'er...have you seen any other runners?...anywhere at all?... So was that your dog that just bit my arm off then?' This is particularly true for the full marathon. Also, there will be nobody dressed as a deep-sea divers, wildebeest, or tellytubbies. So not really like a road marathon at all.