

Grand Prix points (and points mean prizes...)

Helen Windsor 10K

	Time	Adj. Time	GP Pts	Road Pts
19 Paul Brannigan	38.51	37.12	90.5	86.7
22 Mark Goldie	39.31	39.31	85.2	85.2
31 Mark Anderton	3.15	39.11	85.9	81.7
37 Keith Parkinson	41.55	37.10	90.6	80.3
53 Jeff Anderson	44.39	42.08	79.9	75.4
55 Eric Emerson	44.51	39.27	85.3	75.1
61 Mel Blackhurst	45.52	39.09	86.0	73.4
68 Richard Leonard	46.31	42.55	78.4	72.4
70 Sarah Glyde	46.37	42.08	79.9	72.2
74 Mel Siddall	46.53	38.54	86.5	71.8
94 Mel Nicholls	49.19	44.34	75.5	68.3
99 Claire Duffield	49.59	45.10	74.50	67.4
100 Stuart Boulton	50.04	46.11	72.9	67.2
102 Heather Simpson	50.19	45.28	74	66.9
107 Peter Ehrhardt	51.20	42.27	79.3	65.6
122 Moyra Parfitt	53.41	37.00	91.0	62.7

Holme Moss fell race

	Time	Adj. Time	GP Pts	Fell Pts
5 Jon Wright	2.33.31	2.33.31	95.7	95.7
12 Andrew Horsfall	2.46.22	2.40.09	91.7	88.3
27 Keith Parkinson	3.14.45	2.48.02	87.4	75.4
74 Stuart Boulton	4.16.02	3.52.38	63.1	57.4
82 Peter Ehrhardt	4.32.39	3.34.31	68.5	53.9

Help needed for the Hades Hill fell race

I hope everyone's coming to run Hades on 7 September, 6.45pm start, but I'd be glad of help, unspecified yet, apart from a sweeper, but possibly menial, from anyone not running.

I'm OK for people for registration, but any time from about 6.30 to last one in would be useful, so see you then or ring beforehand, thanks.

Remember there's always the bar at Whitworth Workmen's afterwards!

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