

Mandy's Page

Pack Runs

Wednesdays
7pm start

DEC— WHITE SWAN
HEBDEN BRIDGE

JAN— RAKE INN
LITTLEBOROUGH

FEB— FIGHTING COCKS
CLIVIGER

MAR—MASONS, BACUP RD
TODMORDEN



THERE WILL BE BAT
RUNS EVERY WEDS
PACKRUN

BRING A HEADTORCH

Speed Work

Tuesdays at 6.45pm

FOR THE NEXT MONTH AT
LOB MILL

E- groups

Anyone wanting to join the E-group
please contact Ray "Ranter" Poulter on
ray@gardeningsolutions.co.uk

We are also investigating the possibility of a forum
and will definitely be having a news/info page on the
website.

LONDON MARATHON

We have three places for the London Marathon

Preference will be given to those who have
entered and not got places.

Names will be drawn out of a hat in the
next week or so.

Please contact Derek if interested

01422 842510

Or e-mail derek@todharriers.co.uk

WALSHE'S SECRET SALE

In the first week in January Walsh are
having a "Secret Sale" they will be
giving 20%

To participate in this secret sale you
need a voucher Derek has 15 of these.
Contact him as above if you are inter-
ested.

Juniors

Mondays

Session £1

From

5.30 — 6.30 8yrs—11yrs

6.30 — 7.30 11yrs +

Juniors 11+ **must** have a visibility vest/
jacket to go for a run.

Those without will have to stay in the gym.

As from mid December Eileen cannot take
any **new** under 8's.