

## **There's a whole lot of Nuttin' going on**

One nutter strikes up conversation with some other nutters.

“Who'd a thought 30 years ago we'd still be running? In them days we'd be happy just t' do a marathon.”

“Aye, hardest we could manage was marathon in't bare feet”

“And drinking own piss - there were no drinks stations in them days, only a cardboard box int' middle of road.”

“Marathon! Us'd to dream of a marathon. We hadt' make do with Ironman”

“When I say Ironman, we had to swim in the Artic, cycle thru desert and run across the Himalayas”

“You were lucky. At least you had a saddle on't bike. We had no saddle, no chain and only one wheel. And no one to coach us on t' transition.”

“You had it easy! We had to set off a day late, without any sleep, swim thru shark infested water, had our legs bitten off, had to carry the bike that we didn't have over the cycling stage, run the marathon backwards AND then do a 24 hour shift in't mill to finish before we started”

“Luxury. We had to do the Amsterdam marathon, the Connemara Ultra, Nice Ironman, the London marathon, 6 Trigs, Comrades 56 mile and Honolulu triathlon without a break; and whilst running round had to write a report for the Torrier – on a proper old fashioned typewriter, not one of them fancy lap-tops.”

“But you try telling that to runners today – all they think about is doing t' Tour du bleedin' Mont Blanc. Bloody nutters!”

DO NOT believe any of this. DO NOT be seduced into unreasonable and unnatural practices because of a few drinks and some pretty pictures of sheep. DO NOT go to [www.darwinawards.com](http://www.darwinawards.com)

DO NOT ignore the fact that you will have your personal Everest to climb. It takes incredible effort and stupidity to make the dramatic ascent from the bottom of the Toilet Seat Table to the top in only 44 hours. But it is a challenge, can be done.

DO NOT find yourself thinking this is easy, that I've plenty of time to do it in. DO NOT think that the cut off time is an hour later than it is. DO NOT attempt to do an 80 minute race in 40 minutes. DO NOT get lost in an airport departures hall. DO NOT put yourself through all this stress and panic and then pull out of the event (but you CAN buy the T-Shirt)

If you think Rohypnol Rhys is plausible - then YOU ARE A NUTTER.

## **Contributions**

Keep them coming please pass on to Mandy or Andrew Bibby