RADCLIFFE A.C. 5 MILE TRAIL RACE

THURSDAY 10TH AUGUST 2006. 7.15PM

MASON ARMS, SION ST. RADCLIFFE

RACE LIMIT 200. PERMIT NO. PENDING

The Route starts with 0.8 mile on Sion St. and an out and back course round Ringley Woods. There are two climbs, one quite steep, total climb amounting to about 200 feet. Although there is no time limit, entrants should be confident of finishing within 70 minutes. All marshalled. Stud soles are to be preferred especially if it is wet and muddy. Please arrive changed and ready.

The Pub will be open and the Licensees welcome us, but facilities are very limited.

Venue: Masons Arms
Sion Street (Near ASDA Superstore)
Radcliffe
Manchester

Entry Fee: £4.50 Club Runners
£6.50 Unattached Runners
£0.50 Extra on the day
Cheques payable to: - 'Radcliffe Athletic Club'
S.a.e. not required. COLLECT YOUR NUMBER ON THE DAY

Entries to: 5 Mile Trail Race, 84 Meadowcroft, Radcliffe, Manchester M26 4JQ
Enquiries to: Bill 0161-7246692 or Tom 0161-7232879
Email tomradac@aol.com Website: www.radcliffeac.org.uk

Entries on the day will be taken but only if the entry limit has not been reached.
200 is the limit or the Pub and the Route will be overwhelmed.
GET YOUR ENTRY IN SOON! PRE-ENTRIES WILL NOT BE REFUSED.

EXTENSIVE PRIZE LIST
(ONE PRIZE PER PERSON)

ENTRY FORM – PLEASE PRINT CLEARLY – MINIMUM AGE 16 YEARS

FIRST NAME …… SURNAME ……
ADDRESS ……
……..
……..
…… TEL NO ……
[_____] MALE [_____] FEMALE AGE ON RACE DAY ……

CLUB …… AREA MEMBERSHIP ……

PLEASE TICK IF UNATTACHED TO A CLUB [___]

I am medically fit to run this race and I understand that I enter this event at my own risk. Also, the event organisers are not responsible for any illness or injury sustained in this event.
Signed_____ Date_____

Official Use
Race
Number