

10 things to **panic** about when you're organising a fell race for the first time.

1. You oversleep on the day, and wake up to find it's all happened without you. (Could be tempting...)
2. You arrive at the registration desk without the Tod Harriers box of (delete as appropriate) pins/labels/running numbers/marshals bibs/timer.
3. You arrive at the registration desk without, er, remembering that you need to bring the registration desk with you when you're running a race which starts in Hebden Bridge park.
4. The system for colour-coding the sticky labels goes horribly wrong, and Moyra walks off with the MV40 prize.
5. You forget to bring the prizes.. or maybe you don't forget to bring the prizes, but when you look at them again at the prize giving you find you've bought a crate of Lidl's best non-alcoholic Bulgarian grape juice.
6. Something goes wrong with flagging the route somewhere near Stoodley Pike, and the whole pack of runners are last heard of near the White House, heading for the M62.
7. You push the wrong button on the timer at the wrong time. (Frankly there are so many buttons on the timer that they ought to offer NVQs in making it work).
8. You forget to push the button on the time at the start of the race. (Oh well, it's always possible to fake it...)
9. The elusive Calderdale black panther (as reported in the Halifax Courier in recent months) slopes out of Sunderland Plantation and eats half the field.
10. Nobody turns up... (Plenty of non-alcoholic grape juice for the next Tod Harriers Xmas do, then...).

Aargh! Pity me. And they said it would be easy...

So can you help? All I need to ensure I don't wake up screaming in the night between now and Sat June 10th is the knowledge that some of you out there will be able to get yourselves to Calder Holmes Park. Bad news: it's the same day as Ennerdale and (oh sh*t) England's first world cup match. Good news: you don't really want to spend a nice day watching telly. Do you?

The details are: Fun Run starts 2pm, Fell race starts 3pm. Fun run is along the Crow Nest footpath from the station to Walkleys ex-clog factory, back along the cycle track. Open to all, kids under 8 accompanied only. Prezzies for all competitors, thanks to the lovely people at Suma. Fell race is 5.8 miles, 1150 ft, HB to the Pike and back, incorporating a somewhat stiffer scramble than you might be expecting up a hillside to Erringden Moor, utilising a brand new built-for-the-race stile. (Thanks to Calderdale for that).

- *Andrew Bibby*