



SHEPHERDS SKYLINE FELL RACE

The Shepherds Skyline Fell Race is imminent yet again - Saturday November 4th 2006. We're hoping for a big turn out of runners this year as it doesn't clash with Dunnerdale.

Toddy Volunteers would be much appreciated to help with car parking, registration, marshalling, finish funnel, results etc. I promise a much improved finish funnel this year - no need to stand on bollards to keep it upright!

No problem if you want to run the race as we need lots of help for the Junior races which start at 12:30 (main race starts at 14:00). Please publicise the junior races to everyone you know who has fellrunning inclined kids who love getting their feet - and probably legs, arms etc very muddy - I quote from a satisfied junior customer last year, "That was a proper little fell race!" Lucky bags for all junior entrants.

Email us or give us a call (01422 844936) if you can volunteer your services. I'll chat to you nearer the time as to what essential role we need you to cover.

CROSS COUNTRY

We have entering the Red rose Cross country League this year.

To compete in this league you need to register as a club and as individuals.

The mens race is approximately 10k and the laides 5k ish. It's very fast & furious but very good for you.

The first cross country of the season was a little fraught for Andrew Wrench who was the victim of some very unsportsmanlike like behaviour. I hope to get more information for next months Torrier.

The next few fixtures are

Sat 28th October, Bury (Chesham)

1.45pmmultimap ref: SD812120)

Sat 18th November, Hyndburn (Wilson Playing Fields)1.45pm(postcode BB5 5SD)

Sat 16th December, Rossendale (Marl Pits)

Please note 12.45 start(postcode BB4 7SW)

Full details on :-www.redrosecrosscountry.co.uk

Anyone interested

please contact Andrew Wrench on 01706 813244