

TODMORDEN JUNIORS NEWS LETTER

Welcome to the 1st edition of YOUR news letter. Eileen is doing a great job of training our youngsters well, they all seem to enjoy the challenge, and I know they will be healthier and fitter for all the hard work they put in.

Todmorden Harriers have agreed to award any Junior who runs in 5 out of the 9 Local Races (as listed on the 2007 Fell Races handout) a specially printed '2007 Championship' T-shirt at the end of the year. Lets get our juniors out there competing in races, and show them how good we are.

There were superb performances at Ogden last Saturday when Sam & Sophie Hamer and Jack Crummett ran the 1.5 mile 'Round the Reservoir'. Sam finished 3rd (9.23), Jack 6th (10.40) and Sophie 8th (11.23). They all got a nice kit bag & goodies, which were very well earned!

Please, please forward any articles or comments, this isn't just to be run by Tod Harriers, we would like parents and children to contribute & get involved, please forward suggestions to Eileen or Jack's Mum or Dad to :- jgcrummett@tiscali.co.uk.

RAID Runs - tweak your mind as well as your hamstrings?

Spring is upon us, and the Bats have gone into hibernation until the dark nights of October beckon once more. Wondering how to enliven the occasional Spring and Summer packrun, Batman came across an article in the Fellrunner magazine about Bowland fellrunners' BEGS and DEGS runs (Bowland Exploration Groups and Dales Exploration Groups). Essentially our Bowland compatriots go off on runs to places they've never been before, or to places with silly place names, or aircraft wrecks, or anything that appears to be remotely interesting. Now I'm sure some of us intrepid Toddies have already been to most places in the Calder Valley and its environs, and know lots of interesting paraphernalia. So, now's your chance to share it with the rest of us :-

Following the Bowland theme, and certainly improving on their acronym, Batman and his likeminded(?) nocturnal buddies have decided to inaugurate our very own

RAID Runs. [Runs to **A**mazing and **I**nteresting **D**estinations]. Not only will you get a good run out over the local moors, no doubt with the additional physical benefits of leg sapping tussocks, but your mind will also be stretched, and certainly filled with a wealth of local facts, anecdotes, and stories as we visit places you probably never knew existed, and which will be so amazingly interesting! (For Amazing you could also substitute Amusing as silly place names will also be on the itineraries).

The current plot is to have one Raid Run every month, the Wednesday after the first Wednesday at each new pub. Departure time will be 6:45 prompt to enable us to run even further and take in even more useless facts. The pace will be Medium and distances covered may be a bit longer than usual. I've already got some knowledgeable and talented guides lined up (anyone else wanting to volunteer please see Phil) to take us out on tours based on themes that could be as diverse as archaeology, flora and fauna, local heroes, geology, boggarts and ghoulies, history, strange customs, the environment, weird happenings, crashed UFO's, etc etc ...

First RAID Run will be on Wednesday 11th April 6:45 from the Shepherd's Rest.

(NO headtorches required. Silly hats not compulsory)