

# CALDERVALE COUNTRY 10M

Under Uk Athletic Rules

Permit No 07/7619

( OPEN TO ALL OVER 16 YEARS)

OR

## 4 MILE FAMLY FUN RUN

# Good Friday 6th April 2007

STARTING

FUN RUN 12 noon

10 MILE 1pm



MEMENTOES TO  
ALL  
FINISHERS  
IN BOTH RACES  
SPOT PRIZES FUN  
RUN

PRIZES  
1-6 MEN  
1ST VET Men  
040,045,050,055,060,065,70+  
1-6 LADIES  
1ST VET  
035,040,045,050,055,060,65,70+  
LADIES  
**ONLY ONE PRIZE PER  
PERSON**

**ENTRY FEE**  
**10 MILE**  
**Attached £6.00**  
**Unattached £8.00**  
**FUN RUN**  
**ALL £2.50**  
**ENTRIES ON THE DAY**  
**£1.00 EXTRA ON ABOVE  
FEE,S**

### Course

**10 MILE** One lap undulating with hills  
challenging course using country roads

### Fun Run

Quiet country roads one lap

**ENTRIES TO Dave Clarke 3 Cock Robin Lane Catterall Garstang PR3 1YL Tel (01995) 605973.**

**Cheques/Postal Orders made payable to ROAD RACES ( CALDERVALE )**

**PLEASE ENCLOSE S.A.E. 9"X6"for number and information Postal entries close 30th March 2007**

Name		Surname		ENTRY FORM /dc		Leave Blank	
				Caldervale 10m & fun run			
				2007			
Club							
male		female		AGE			
please delete		D.O.B.					
10 mile		fun run		Please Tick			
Post Code							
Tel No							

I declare that I am an Amateuras defined by Uk Athletic rules . I certify that I am fit to run and understand that the organisers will in no way be held responsible for any Injury or Illness or my property during the event.

signed.....

Date.....