

2007 CHAMPIONSHIP RACES

FELL

FL: Edale, Duddon (both EC), Good Shepherd, Kinder Trog
FM: Fairfield, Weasdale (both EC), Stanbury Splash, Turnslack
FS: Paddy's P, Gr Wherside (both EC), Midgeley Moor, Thieveley

ROAD

RL: Ackworth Half, Liversedge Half, Langdale, Radcliffe Trail (T)
RM: Bluebell (T), Thru the Villages, Caldervale, Leyland 10
RS: Andy O'Sullivan's Special Been Organising These Things for Millions of Years Trail (T), Accrington 10K, Helen Windsor 10K, Gill Pimblott Mem Trail (T)

And the dates:

Sun Jan 28: Stanbury
Sun Feb 4 Pennine Bridleway
Sun Feb 11: Liversedge Half
Sun Feb 18: Radcliffe Trail
Sat Mar 3 Noon Stone
Sun Mar 18: Edale
Sun Mar 25: Ackworth Half
Sat Mar 31: Midgeley Moor
Easter Fri, Apr 6: Caldervale 10
Sun Apr 22: Paddy's Pole
Sun May 6: Bluebell Trail
Sat May 19: Fairfield
Sat May 26: Jura
Sun May 27: Leyland 10
Sat June 2: Duddon Fell
Sat June 9: Carnival
Sun June 17: Kinder Trog
Sun June 24: Welsh race in British champ
Wed July 4: Helen Windsor 10K
Tues July 10: Stoodley Pike
Sat July 21: Turnslack
Sat Aug 18: Weasdale
Sat Sep 1: Blackshaw Head
Sun Sep 2: Andy O'Sullivan 25th year trail
Sun Sep 16: Langdale Half
Sat Sep 22: Good Shepherd
Sat Sep 29; Thieveley
Sat Oct 6: Great Wherside
Sun Oct 7: Ian Hodgson
Sat Oct 13: FRA relays
Sun Oct 28: Accrington 10K (TBC)
Sat Nov 3: Shepherds Skyline
Sun Nov 4: Through the Villages
Sun Nov 18: Gill Pimblott Memorial Trail

Dates in italics are our races or dates the committee tried to keep free.

This year's Grand Prix races gets off to a prompt start, with the first race lined up for the end of January. Stanbury Splash is a 7 mile fell race from Penistone Park near Haworth, which will give you your first points of the year (and a malt loaf to take home as a souvenir).

There are two road races in February where application forms need to be got in now to be sure of a place. The ever popular and ever hilly Liversedge half-marathon on Feb 11th will see you running round the lanes of Brighouse and Roberttown - no entries on the day for this one. A week later on Feb 18th the Radcliffe Trail is a tale of the riverbank, with a short section of the derelict Bolton and Bury canal at the end for industrial archaeologists to enjoy.

For the rest of the year, it's a mixture of old favourites (well, we hope they're favourites) combined with races you probably won't have done before, perhaps in places you won't have been to. For fell runners, all six of the English Championship races are included in our programme - book soon for the Edale skyline which is pre-entry only. The road programme includes, as in past years, four trail races, as well as a testing selection of races on the tarmac.

Go to all 24 races, and by November you'll have enjoyed yourself on the Dark Peak hills (Edale, Kinder), explored the top end of the Howgills (Weasdale), visited Bowland (Caldervale, Paddy's Pole), visited the Dales (Gt Wherside), and of course had some good days in the Lakes (Langdale, Duddon, Fairfield). You'll have run Through the Villages in Lancashire (Through the Villages, but also Accrington, Leyland etc) and through a few more in Yorkshire (Liversedge, Ackworth). And you'll have enjoyed our own fabulous countryside, on the fells (Stanbury, Turnslack, Midgeley Moor, Thieveley, Good Shepherd), on the trails (Bluebell, etc), and on the roads (Helen Windsor 10K).

Could be a good year...