

Mandy's Page

Pack Runs

**MAY—NEW DELIGHT, JACK
BRIDGE COLDEN**

**JUNE—ROBIN HOOD, CRAGG
VALE**

**Interval/
Speed Work**
Tuesdays at 6.45pm

**AT TODMORDEN HIGH
SCHOOL**

COMMITTEE MEETINGS

Will revert to 7pm on Mondays
First Monday of every month at the
Queen Hotel, Todmorden
All welcome come along and pass
your ideas on.

SUBS ARE DUE

£15 IF YOU WANT TO RACE
ON THE ROAD
£12 OTHERWISE

Dave Wilson is membership
secretary get your cheques
to him ASAP.
923 Rochdale Rd
Tod OL14 6UF

TRACK SESSIONS

Any one interested in fur-
ther track sessions then
please contact Andrew Bibby
(01422 844026) or Rachel
01422 843679

GREAT NORTH RUN

The club can claim two guaranteed entries
for this year's Great North Run on
30th September. To qualify you must have
run a half marathon in the last 12
months in

Men 1:25

Women 1:40

If you would like to claim a place reply to
this email or phone me on 01422

842510 by 5th May. I need to know your
qualifying race, date and your time.

The total number of places is limited so
we must apply ASAP.

GRAND PRIX RACES

FM Sat May 19: FAIRFIELD

RM Sun May 27: LEYLAND 10

FL Sat June 2: DUDDON FELL

FL Sun June 17: KINDER TROG

RS Wed July 4: HELEN WINDSOR 10K

FM Sat July 21: TURN SLACK

FM Sat Aug 18: WEASDALE

TS Sun Sep 2: ANDY O'SULLIVAN 25TH YEAR TRAIL

RL Sun Sep 16: LANGDALE HALF

FL Sat Sep 22: GOOD SHEPHERD

FS Sat Sep 29: THIEVELEY

FS Sat Oct 6: GREAT WHERNSIDE

RS Sun Oct 28: ACCRINGTON 10K (TBC)

RM Sun Nov 4: THROUGH THE VILLAGES

TS Sun Nov 18: GILL PIMBLOTT MEMORIAL TRAIL



Derek Donohue at Paddy's Pole

Team managers/ captains wanted

It has been suggested that we have ladies and men's captains for the road & Fell (I'm told most other clubs do this).

The aim being to encourage people to get out and race etc etc

Anyone fancy doing their bit then please contact Mandy 01422 844936 or Derek 01422 842510



Paul Brannigan



Dave O'Neill

TORRIER BY E-MAIL?

Every month we spend around £150 getting the Torrier printed plus approximately £25 on postage.

It has been suggested that we try and circulate the Torrier online i.e. via the website.

Anyone who would prefer to have an E copy of the Torrier could you please let me know and I can send