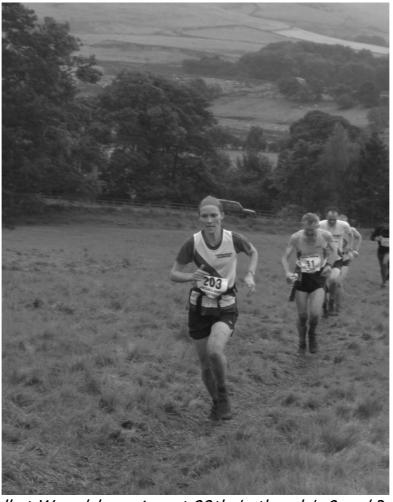


**Sep 2007** 



Ali Richards running well at Weasdale on August 20th, both a club Grand Prix race and an English Championship qualifier. James Riley two behind. Our ladies' team has been having a good year in the English Champs, lying in sixth place before Weasdale.

## SEPTEMBER PACK RUNS START 6.45

In September, we're running for the first time from the Fox & Goose, Heptonstall Rd, Hebden Bridge. Park near Mytholm church. As the nights are drawing in, the pack runs begin quarter of an hour earlier than usual, at 6.45pm.

## GIVE YOUR SUPPORT FOR THE BLACKSHAW HEAD RACE

Sarah Glyde is again organising the Blackshaw Head fell race on behalf of the club on Sat Sep  $1^{st}$ , at 2pm. This is always a great race, with guaranteed sunshine and beautiful weather every year. Offers of help to Sarah on 01422 847628. Or just run it. 5.5 miles, nice 'n easy & suitable for newer club members too.