## Forthcoming Fell Races

By Colin 'Birthday Boy' Duffield

Sunday 26th August 11.30am Norland MoorRace CM 7 miles/ 800ft

Old Rishworthians RUFC, Copley

Traily style race, much of which will be familiar to anybody who has run Leg One of the Calderdale Way Relay. Well marked and runnable. Race HQ is a rugby club, so possibility of yards of ale and be-bagging afterwards. Probably.

Saturday 1st September 2pm Blackshawhead Fell race BM 5.5miles/ 900ft

Blackshawhead Fete Field

Better see Sarah Glyde about this one, I'm sure helpers would be appreciated, if only to retrieve lighter runners blown into Lancashire. Held In conjunction with the village fete. Top attractions last year included dodging steel framed tents travelling at 90mph across the fields in hurricane strength winds. This year it'll be back to tractor shearing and sheep pulling, or maybe the other way around. Or not.

Thursday 6<sup>th</sup> September 6.45pm Hades Hill Fell race BS 5 miles/ 1200ft

Taylor Street, Whitworth

Hell of a race! Organised by Derek Clutterbuck, I'm sure he'd appreciate helpers.

Sunday 9th September 10am Yorkshireman Full and Half Off Road Marathons BL /CL

Westfield Lodge, Penistone Hill, nr Haworth

Keighley and Craven can be relied upon for quality events, and this is no exception. I did get sunburnt last year, although this may not have been the organisers' fault. I think you really need to pre-enter, and I'd certainly recommend a recce for the full. Nice food afterwards, although I don't really understand the need for pickled cabbage.

Saturday 22<sup>nd</sup> September 10.30am Good Shepherd Classic AS 15 miles/ 2000ft

Good Shepherd Centre, Mytholmroyd

Quality local race that takes you to the outer reaches of t'Royd. Despite a slightly complicated last few miles, it was well flagged when I did it. The day after my birthday. Don't buy much.

Tod Harriers Lightning success at Lingfield Dash,

Stalwartly Tod Harriers occasionaist Ben 'Bearpaw' Crowther comes just 7 places behind the mighty Mr Robert Jebb, who succeeded in breaking the Dash record set in 2005 by Mr Tim Burton Of Ambleside. In a time of 45.32(ish?). Mr Jebb broke the record by 30 seconds. 60 runners if you don't know it, usually frequent the race as a fundraiser for Wasdale Head Mountain Rescue. The rescue supported the race well with those Landy Driving Members Drinking Beers and holding on to keys and the thin boney types huddled at the sensible points along the race route. A fine day for a run, cool, light wind, spit to moisten the lolling tongue on the 2500 feet of climb from Wasdale heads at 75m AOD to the cloud scraping heights of Lingmell.

Crowther pushed hard to keep ahead of the first lady and on the toes of Mr Jebb, the decent is quite steep and one felt the wobbles come on a bit once thundering down the sheer force of this behemoth, and leaping on to the tarmac for the last quarter mile to the pub, inspiration indeed.

Tod Harriers First (and only) finisher at 64.34(vaguely) a mere 19 minutes behind the winner, 8th of a field of 24. Nice run and plenty other things gng on in the area and country probably helped! **Ben Crowther**