

Forthcoming Fell Races

By 'April Fool' Duffield

Tuesday 22nd April 7pm

Bunny Run 4 CS 3 miles/ 300ft

Old Sun Hotel, Haworth

Egg themed, eyeballs out, extravaganza.

Tuesday 29th April 7:30pm

Bunny Run Relay (Run over three legs. 1st leg 2.5 miles, 2nd and 3rd 2 miles each)

Old Sun Hotel, Haworth

Teams can be families, clubs, bizarre ménage a trios, or just good friends.

Monday 5th May 12 noon

Coiners Fell Race BM 7 miles/ 1100ft

Mytholmroyd Community Centre

('Royd Commy')

Always gets good reports, suitable for all but the most navigationally challenged. Visits Stoodley Pike, one of at least seven fell races to do so (worked that out in the pub last week).

Wednesday 7th May 7pm

Flower Scar Fell Race AS 4

miles / 1400ft

Hare and Hounds, Burnley Road,

Tod

A Harriers production. There will be no pack run that night to allow for the plethora of running, marshalling, supporting opportunities at this race. I would think they'll be further details elsewhere in the Torrier.

Sunday May 11th 11:30

Mytholmroyd Fell Race BM 7 miles/ 1350 ft

'Royd Commy'

In the GP so info elsewhere.

Tuesday 13th May 7:15pm

Jack Bloor Race BS 5.2 miles /1150 ft

Darwin Gardens, Ilkley

Perhaps not altogether local, but a good 'un. A strong navigational element so if possible follow a Ilkley vest. Interesting prehistoric rock art on several of the rock outcrops that the race goes past. If you have the time to look.

Forthcoming Road races

By Mel Blackhurst

Sunday 20th April-11am **Garstang Gallop 10k**

from Garstang Sports and Social Club. I never realised that "Gallop" was such a popular race name!! Anyway this is not like Guiseley but a mud-free undulating road race.

Sunday 20th April-**Radcliffe 10k** 11am. I know very little about this one but apparently it is "mild" compared to what we usually do!!

Sunday 27th April 9AM **Blackpool full and half marathons**. Flat and more flat! Not too late to enter but too late to put in the training!! Start Hilton Hotel on Promenade. Traffic free!! Previously held in June, when I really suffered!!

Sunday 4th May-**Bluebell 10 miles** 10am-A popular, well organised race with everything-trails, canal bank, bluebell woods, stiff climb, slippery step descent and a river to wade through at the end!(Its a right shame it clashes with Coniston this year as previously our best attended club race!!)£8 -can enter on day too.

Tuesday 6th May-7pm **4.2m Tracy's Cowm Park Trail-blazer, Whitworth**. Start by Red Lion Inn, Whitworth. An Andy O'Sullivan one.

Tuesday 13th May-7.15pm **Geoff Doggett Memorial 5K Road Race**, Littleborough £3 on night. Another Andy organised race.

Saturday 17th May-**Meanwood Valley Trail Race**-7.5 miles on footpaths and valley trail. The first race I have seen which specifically bans ipods!! Advisable to preenter as last year filled up a few days before the race.

Sunday 18th May-**Hendon Brook half marathon**. Details hopefully elsewhere in Torrier-hilly and usually hot!!

More details on uk.results.net

