

Local Fell Races

By Colin 'we're all going on a summer holiday' Duffield

Sunday June 8th

Hebden Bridge Fell Race BS 5.9miles/1150ft

Hebden Park 11am

Harriers production, I'm sure race supremo Andrew Bibby will be wanting people to help. Opportunities for wearing bright yellow tabards, pointing, shouting, taking peoples names etc

Sunday June 15th

Knowl Hill Fell Race BM 6miles/1300ft

Brown Cow PH, Norden, Rochdale 11am

Seems straightforward navigationally. Two little runnable climbs and one tough one.

Friday June 20th

Wicken Hill Whizz AS 3miles/1000ft

Mytholmroyd Community Centre 7:30pm

From the valley floor to Crow Hill and back.

First day of the three day CVFR Midsummer Madness event. But of course you'll all be joining in the Harriers 30th events, won't you?

Saturday June 28th

Blackstone Edge AS 3.5miles/1200ft

Lydgate Hamlet, Blackstone Edge Old Road 1 pm Ladies 2pm Men

English Champs, Tod Champs, etc. Could be a tad crowded.



Alistair Rhodes –Dawson at Anniversary Waltz

Local Road races by Mel Blackhurst

Sunday 8th June Harwood House 10k-Trail and Road.10.30am Ladies,11am Men.£7.50 and £2 extra on the day.Runner's family get cheap entry to house and adventure playground(so good you won't be able to get the kids away to look round the house etc)

Sunday 8th June West Yorks Road Race 5 miles.Fire and Rescue HQ,Bradford Road,Birkenshaw.£5.

Sunday 15th June-Longridge Lions 7.11am.Start Civic Hall,Preston.

Sunday 15th June Castle Howard 10k.11.15AM.Cost-£7.50,can enter on the day but likely to fill up.

Sunday 22nd June(if you want to recover from the 30th anniversary celebrations!?!Penny Lane Striders 10k Road Race.11am.Fast and flat around Sefton Park.£7 to enter and £1 extra on day.

Tuesday 1st July Rochdale 10k. 7.15pm Springfield Park,Bolton Road,Rochdale.£5 to enter,can turn up on the night.

Wednesday 2nd July -Helena Windsor 10k-In our Grand Prix,details elsewhere.Undulating course,well organised by Halifax Harriers.

Sunday 6th July City of Manchester 10k.11am.Expensive at £14 and pre-entry only!

More details on uk.results.net.

Mel