

RACE RESULTS

3 Shires 20/9/08

(1st 1.57.23; 2nd 1.59.56; 3rd 2.02.53)

Dufton 31/8/08

(1st 28.55; 2nd 29.26; 3rd 29.38)

		time	fell pts	GP pts
Chris Smale	M40	31 54	100.2	107.1
Dave Collins	M50	37 21	85.6	99.2
Martin Roberts	M50	39 36	80.7	91.6
Paul Brannigan	M40	39 48	80.3	85.8
Alison Richards	F	41 39	76.8	84.9
Claire Duffield	F35	41 59	76.1	84.3
Andrew Bibby	M50	42 7	75.9	89.9
Phil Hodgson	M50	42 15	75.7	87.7
Kath Brierley	F45	42 54	74.5	94.1
Chris Preston	F40	44 7	72.5	87.1
Jeremy Godden	M45	44 26	71.9	80.8
Richard Leonard	M45	45 21	70.5	80.0
Jane Leonard	F50	45 37	70.1	92.0
Sue Roberts	F45	51 12	62.4	77.9
Mandy Goth	F45	53 55	59.3	75.9
Derek Clutterbuck	M75	59 59	53.3	85.7

Stainland 7 7/9/08

(1st 41.34; 2nd 42.51; 3rd 45.05)

		time	road pts	GP pts
Paul Brannigan	M40	50 40	85.2	90.3
Richard Butterwick	M	50 47	85.0	85.0
Andrew Bibby	M50	54 7	79.8	92.2
Claire Duffield	F35	55 4	78.4	86.7
Mick Craven	M50	55 45	77.4	86.6
Melanie Blackhurst	F40	56 3	77.0	92.0
Richard O'Sullivan	M45	58 6	74.3	80.5
Jeremy Godden	M45	59 43	72.3	79.6
Kevin Coughlan	M45	1 0 2	71.9	77.9
Elise Milnes	F45	1 0 33	71.3	89.4
Stephen Burnip	M50	1 5 11	66.2	75.3
Moyra Parfitt	F60	1 7 0	64.4	96.0
Graham Milnes	M50	1 9 33	62.1	70.0
Derek Clutterbuck	M75	1 12 36	59.5	88.0
Myra Wells	F50	1 13 0	59.1	76.5
Ian Stansfield	M60	1 19 41	54.2	68.9

Langdale 1/2 marathon 14/9/08

(1st 1.17.50; 2nd 1.22.12; 3rd 1.23.46)

Richard Butterwick	M	1 38 43	82.3	82.3
Melanie Blackhurst	F40	1 44 11	78.0	93.1
Kevin Coughlan	M45	1 52 8	72.5	78.6
Stephen Burnip	M50	2 3 21	65.9	74.9
Myra Wells	F50	2 16 36	59.5	76.9
Ian Stansfield	M65	2 34 9	52.7	67.0

		time	fell pts	GP pts
Jon Wright	M	2 6 18	95.1	95.1
Andrew Wrench	M40	2 8 40	93.3	98.8
Alistair R- Dawson	M	2 16 10	88.2	88.2
Alison Richards	F	2 37 55	76.0	84.1
James Riley	M	2 42 11	74.0	74.0
Simon Anderton	M45	2 45 39	72.5	80.6
Kath Brierley	F45	2 48 47	71.1	89.9
Sarah Warburton	F	2 53 1	69.4	76.8
Jane Leonard	F50	3 5 12	64.8	85.1
Richard Leonard	M45	3 7 35	64.0	72.6
Louise Abdy	F45	?	?	?
Mandy Goth	F45	3 27 53	57.8	73.9
John Metcalf	M45	3 27 54	57.8	64.9

Ron Hill 5k

25/9/08

(1st 15.27; 2nd 15.27; 3rd 15.37)

		time	road pts	GP pts
Duncan Richie	M	19 51	78.1	85.1
Simom Galloway	M40	20 30	75.6	87.4
Richard Butterwick	M	21 13	73.1	79.7
Kath Brierley	F45	21 18	72.8	98.5
Claire Duffield	F35	21 39	71.6	86.4
Rhys Watkins	M40	21 39	71.6	82.1
Eric Emerson	M55	21 44	71.3	89.9
Keith Parkinson	M55	21 53	70.9	89.3
Kevin Coughlan	M45	22 21	69.4	82.0
Jeremy Godden	M45	22 22	69.3	83.2
Mel Siddall	F45	22 24	69.2	92.7
Melanie Blackhurst	F40	22 26	69.1	90.0
Bev Wright	F35	23 10	66.9	84.3
Stephen Burnip	M50	23 47	65.2	80.8
Peter Ehrhardt	M60	24 50	62.4	83.9
Helen Hodgkinson	F35	25 18	61.3	76.9
Mandy Goth	F45	25 56	59.8	81.7
Myra Wells	F50	26 12	59.2	83.4
Dave O'Neill	M50	26 28	58.6	70.8
Derek Clutterbuck	M75	28 26	54.5	88.0
Jenny Ehrhardt	F	29 44	52.1	62.9
Ian Stansfield	M65	30 52	50.2	69.6
John Newby	M75	34 58	44.3	70.4

Wherside

27/9/08

(1st 1.26.18; 2nd 1.26.26; 3rd 1.31.00)

			time		fell pts	GP pts
Andrew Wrench	M40	1	35	9	92.6	98.0
Dave Collins	M50	1	49	2	80.8	93.6
Jeff Walker	M	1	56	31	75.6	75.6
Paul Brannigan	M40	1	57	42	74.8	80.0
Alison Richards	F	2	0	32	73.1	80.9
Kath Brierley	F45	2	2	32	71.9	90.8
Jeremy Godden	M45	2	3	46	71.2	79.9
Mick Craven	M50	2	5	52	70.0	80.2
Sarah Warburton	F	2	6	42	69.5	76.9
Rachel Skinner	F35	2	10	22	67.6	74.8
Helen Hodgkinson	F35	2	34	0	57.2	64.6

Bronte Way 5/10/08

(1st 53.43; 2nd 57.06; 3rd 57.13)

			time		fell pts	GP pts
Paul Brannigan	M40	1	6	11	84.6	90.4
Simon Galloway	M40	1	10	22	79.6	85.1
Mel Blackhurst	F40	1	13	37	76.1	91.5
Kath Brierley	F45	1	15	52	73.8	93.3
John Metcalf	M45	1	19	21	70.6	79.3
Peter Marshall	M60	1	19	56	70.1	90.2
Kevin Coughlan	M45	1	20	1	70.0	77.0
Sue Roberts	F45	1	23	45	66.9	83.4
Graham Milnes	M50	1	29	35	62.5	73.3
Elise Milnes	F45	1	29	49	62.4	79.8
Derek Clutterbuck	M75	1	41	51	55.0	88.5
Myra Wells	F50	1	41	59	54.9	73.1
Jim Smith	M65	2	5	32	44.6	63.7

Our next race

Shepherd's Skyline**Saturday 8th November****1pm from Shepherds Rest Inn,
Lumbutts Road, Todmorden**

16 and over

Also Junior races in all categories

All help gratefully received. If you want to run in the main race then you can always marshal the junior races.

See Phil/ Mandy if able to help

Forthcoming Road Races**Sunday 12th October 11am-Gin Pit 5.**

Off road, along a disused railway line, has previously been in G.P-Start Miners Welfare Club, Gin Pit Village, Tyldesley (North Manchester) £5 and can enter for £1 extra on day.

Sunday 12th October 11am Waddington 10k Road Race. £6 and can enter on day.**Sunday 12th October 10am. Pier to Pier**

15km. Starts at North Pier and surprise, surprise its pancake flat!! Expensive at £12 and wise to preenter.

Sunday 19th October 11am Natterjack Seaside

10k. Start-Victoria Park, Southport. Another one for a P.B!

Sunday 26th October-Some old favourites 10am-

Accrington 10k. Register at Highams Playing Fields. The race starts on the flat but after about a mile a long downhill section before the long gradual climb back up.

Same day-Another race previously in the Grand Prix Holmfirth 15. Start-Holmfirth High School, School Heys Road, Thongsbridge. £10 and £1 extra on the day.

Sunday 2nd November-Through the

Viggages, Abbey Village, Near Chorley. 10.30am. Definitely my personal pick of this month's road races. 8.5 miles, plenty of steep climbs but pleasantly scenic and rural.

Sunday 9th November Lancaster half marathon-In Grand Prix so details elsewhere in the Torrier.**Sunday 9th November 12 noon Gill Pimblott Memorial 5k run.** Probably a long way for a short race and it will cost you £4 and extra £1 to enter on the day.**Sunday 16th November Preston 10.10am.** Hillier than you might think! Start from Hutton Grammar School. £7 with extra £1 to enter on the day.**Sunday 16th November 11.30am Christine Navan Cowm Reservoir 5k.** Organised by the master organiser himself, Andy O'Sullivan and described as super flat.More details should you want them on uk.results.net.

Mel