

# Stainland Lions

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Good Food, Good Life

invite you to

## The Return of "The Stainland 7"

On Sunday 7<sup>th</sup> September 2008 at 10:30am

A scenic 7 mile undulating road race starting and finishing at The Red Lion Pub, 400 Stainland Rd, Halifax, HX4 9HU.

QUALITY GIFT TO ALL FINISHERS

Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Men and Women – plus Veterans category prize  
Prize for 1<sup>st</sup> Male and Female teams (team consists of 3 runners from one club)

Entry £7.00 attached, £9.00 unattached  
Entries available on day with £1 supplement

Please complete the section below and send with a cheque (made payable to Stainland Lions Running Club) and stamped addressed envelope to:

**The Entries Secretary, Stainland 7, 9 Spruce Drive, Northowram, Halifax, HX3 7WG**  
**Closing date for postal entries August 31st**

For race enquiries email [stainland7@stainlandlions.com](mailto:stainland7@stainlandlions.com) or call Gavin Dodd on 07770342116  
Race Permit applied for. Results will appear on [www.ukresults.net](http://www.ukresults.net)

[www.stainlandlions.com](http://www.stainlandlions.com)

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**Forename:** ..... **Surname:** ..... **DOB:** .....

**Address:** .....

**Postcode:** ..... **Email:** .....

**Male/Female**      **Age on race day**..... **(must be 17 years or over)**

**UKA Affiliated Club:** ..... **Membership No:** .....

**Amount enclosed:** .....

**I hereby declare that I am an amateur according to UK Athletics Laws. I also declare that my participation in this event is entirely at my own risk and that none of the organisers or sponsors of this event nor their members, servants or agents, shall be liable in any way whatsoever in connection with any loss, damage, injury or death either caused to or by me.**

**Signed:** ..... **Date:** .....