

# WHAT'S ON

If you want to know what's going on then please sign up to the Forum.

We try to use it like a noticeboard and have information on races, relays, lifts, runs, biking etc, etc. We will also be putting more info on the news page

Go to [www.forum.todharriers.co.uk](http://www.forum.todharriers.co.uk) and click on register. You need a user name and password. It's a lot easier than previously

If you get stuck the give Keith a ring and he'll talk you through it ( 01706 816323)

<p><b>Pack Runs</b> <b>Wednesdays</b> <b>7pm start</b></p> <p><b>(EXCEPT APRIL 6.45 pm)</b> <b>MAR—SHOULDER OF MUTTON,</b> <b>MYTHOLMROYD</b></p> <p><b>APR    6.45 PM START</b> <b>SHEPHERDS REST,</b> <b>LUMBUTTS TOD</b></p> <p><b>MAY— KEBS, LONG CAUSEWAY</b> <b>JUN— ROBIN (CRAGG VALE)</b> <b>JUL— NEW DELIGHT</b> <b>AUG— LANE ENDS OLD TOWN</b> <b>SEP— TODMORDEN GOLF CLUB</b></p>	<p><b>INTERVAL</b> <b>TRAINING</b></p> <p><b>TUESDAYS 6.30PM</b> <b>TODMORDEN HIGH</b> <b>SCHOOL</b></p> <p><b>WITH CLUB COACH</b> <b>GRAEME WRENCH</b></p> <p><b>If you want to get faster then this is what you need</b> <b>Graeme can help you with your style and tell you how to improve</b></p>
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## Welcome to New Members

Dan Taylor  
Craig Stansfield  
Gareth Vickers  
Richard Gilbert  
Julie Wyant  
David Turner-Swift  
Debbie Fawcett  
Brian Hodgkinson  
Arthur Daniels

## DATES FOR YOUR DIARY

### THURS 11TH JUNE PENDLE TRIP

Run over Pendle this time we'll be finishing at the Pendle inn Barley

### SAT 5TH DECEMBER

TODMORDEN HARRIERS ANNUAL DO