

GRAND PRIX INFORMATION

RACES IN MAY

Sun May 2: Coniston AM. 12.30 p.m. 9m/3500'

from Coniston Sports and Social Club, Shepherds Bridge (GR 306978).

£5 pre-entry or £6 on day if limit of 400 not reached

Details: Sam Clarke, 22 Yewdale Road, Coniston, LA21 8DX. Tel: 015394 41869. Email: andrew.clarke@onetel.net

Website: conistonfellrace.org.uk

Tue May 12: Geoff Dogget 5K (RS) (see enclosed entry form)

Advised to get there early as very popular and you'll end up queuing

Sun May 17: Eyam Half M (RL) (entry form enclosed)

SAT.MAY 30. DUDDON VALLEY AL. 11.00 a.m. 18m/6000'

from the Newfield Inn, Seathwaite, Duddon Valley, Cumbria (GR 227960). £6 pre-entry, entry form from website or with SAE from organiser, cheques payable to "Duddon Valley Fell Race", or £7 on day

Details: James Goffe, High Hurst, Ulpha, Broughton-in-Furness, LA20 6DZ. Tel: 01229 716869. Email:

james@melville18.co.uk Website: duddonvalleyfellrace.org.uk

Sun May 31: Hendon Brook Half M (RL)

No info available yet See Mel B for details

RACES IN JUNE

SAT.JUN 6. STRETTON HILLS ENG CHAMPS ENTER ASAPAS.

1.00 p.m ladies; 2.00 p.m. men. 5.75m/2500' from Church Stretton (GR 443946 on OS Exp. 217).

£5 pre-entry on FRA Universal entry form from FRA website or Calendar, or on day if race limit not reached.

Cheques payable to "Mercia Fell Runners". Limit 400. See website for list of entrant

Details: Pauline Richards, 23 St Anne's Road, Colledgefields, Shrewsbury, SY3 6AU. Tel: 01743 352387. Email:

keithandpauline01@btinternet.com Website: merciafellrunners.org.uk

Sun June 28: Trawden 7 trail race

SAT.JUN 20. TEBAY (R). ENG CHAMPS ENTER ASAPAS

AM. 1.00 p.m. 8m/3000' from Tebay Recreation Ground (GR NY618045). £5 pre-entry, only accepted if received after 1st April and before 13th June, use FRA Universal entry form, or on day if race limit not reached. Limit 400.

Teams free. ER/LK/NS/PM. Over 18. Records: 1.10.39 M.Roberts 1993; f. 1.24.10 N.Davies 1995. English and British Championship counter. Details: Gary Murphy, The Laurels, Tebay, Penrith, CA10 3XG. Tel: 01539 624788.

REMAINING GP RACES

Sun July 5: Howgills 10m (RM)

Sat July 11: Wasdale (FL) – Engl Champ FULL

July 16: Cuerden Valley 10K trail race (near Preston)

Sat July 25: Turnslack (FM) LOCAL!

Wed Aug 5: Whittle Pike (FS)

Sun Aug 9: Cliviger 6 (RS) LOCAL!

Sun 29 Aug: Dentdale (FS) – Engl Champ

Sun Sep 6: Stainland 7 (RM) LOCAL!

Sat Sep 19: Good Shepherd (FL) LOCAL!

Sat Sep 26: Thieveley Pike (FS) LOCAL!

Sep 27th: Macclesfield ½ marathon

Sat Oct 10: Langdale (FL) – Engl Champ FULL

Sun Oct 25: Accy 10K (RS)

Sun Nov 1: Through the villages (RM)

Sun Nov 8: Lancaster Half M (RL)

Sat Nov 14: Dunnerdale (FS)

Sat 21 Nov: Tour of Pendle