

Fell Races May 2010

SAT. MAY 1. CONISTON (R). AM. 12.30 p.m. 9m/3500'. Venue: Shepherds Bridge, Coniston. GR 306978. £8.00, pre-entry. By April 17th. Over 18. Records: I. Holmes, 01.03.29, 1996; f. Menna Angharad, 01.20.51, 1996. English Championship counter. Weekend camping and live music - check website for details. Details: Sam Clarke, 22 Yewdale Road, Coniston, LA21 8DX. Tel: 015394 41869. Email: andrew.clarke@onetel.net. Website: conistonfellrace.org.uk. **Should be a good one – loads of Toddlies entered, lets just hope the sun shines**

SAT. MAY 1. THE CAKE RACE (FORMERLY AUTUMN LEAVES) (R). BM. 11.00 a.m. 8.5m/1700'. Venue: Kiln Green Church, Diggle, Saddleworth. £4.00, on day. Teams. LK/PM. Over 18. Records: P. Green, 59.23, 2006; f. A. Lupton, 01.11.25, 2006. Full kit/equipment must be brought to start. Details: Howard Chambers, 65 Broad Lane, Rochdale, OL16 4PL. Tel: 01706 358632. Email: howard@remploy1.freemove.co.uk. Website: saddleworth-runners.co.uk.

SUN. MAY 2. GREAT HAMELDON (R). BM. 12.00 p.m. 6m/1100'. Venue: Peel Park pub, Turkey St, Accrington. GR 766292. £5.00, on day. Teams. PM. Over 16. Records: R. Hope, 36.12, 2004; f. B. Whitfield, 44.48, 2005. Details: Marie Greenwood, 196 Bold Street, Accrington, BB5 6SS. Tel: 01254 237485. Email: mgreen8@hallmark-uk.com. Website: clayton-le-moors-harriers.co.uk.

SUN. MAY 2. Roses Community 10k Fun Run, 10.30am. Lancaster University, Lancashire. Also 5k Fun Run at 11.30 (£5) and 1.5k Fun Run at 11.00am (£2)

Sponsorship money raised will be in aid of CancerCare

2010 entry fees: £7 (pay "Lancaster University Students Union")

Contact: LUVU, Lancaster University LA1 4XX - tel. 01524 592266 - [Email James Perrin](mailto:James.Perrin@lancaster.ac.uk)

SUN. MAY 2. Bluebell Trail 10, 10am. Heath Rugby Club, Stainland Road, West Vale, Halifax HX4 8LS Changing facilities, limited showers. 2010 entry fee: £8/£10 no entries on the day ("Stainland Lions Road Runners") c/d 26/4 Contact: Bluebell Trail 10, 33 Albion Court, Halifax, West Yorkshire HX1 1YN - tel. 07855 213915

MON. MAY 3. COINERS (R). BM. 1.30 p.m. 7m/1100'. Venue: Mytholmroyd Community Centre. £3.50, on day. Over 18. Records: B. Mounsey, 45.10, 2007; f. J. Buckley, 51.49, 2007. Allow 10 mins to walk to start. Separate entry for junior races. Details: Nick Murphy, Shireburn, Rudd Lane, Cragg Vale, Hebden Bridge, HX7 5TD. Tel: 01422 884497. Email: nickmurphy@hotmail.com. Website: cvfr.co.uk.

MON. MAY 3. WRAY CATON MOOR (R). BM. 11.30 a.m. 6.75m/1100'. Venue: Wray, nr Lancaster. GR 602676. £3.50, on day. Teams of 3. PM. Over 18. Records: M. Croasdale, 42.20, 2006; f. H. Jones, 51.44, 2006. Juniors: U8(over 6)/U10/U12/U14/U16/U18, £1. Different routes for each age group. 2 mass starts after seniors. Village Fair & Scarecrow Festival. Details: Peter Edge, Sandstones, Hornby Road, Wray, Lancaster, LA2 8QN. Tel: 015242 21626. Email: peter@edge.go-plus.net. Website: wrayvillage.co.uk.

TUE. MAY 4. BUNNY RUN RELAY (R). 7.30 p.m. Venue: Old Sun Hotel, Haworth, W Yorks. 5 min walk to start. £6.00, on day. Per team of 3. PM. Over 10. Records: Rossendale Dwarves, 31.24, 2009; f. 3 People, 38.29, 2009. All 3 Legs 2m/200'. Almost any conceivable team composition welcome including mixed, family, junior etc. Relay batons are eggs! Cadbury's creme egg to all finishers. Soup and roll included. Details: Dave Woodhead, 166 Hainworth Wood Road, Keighley, BD21 5DF. Tel: 01535 669100. Website: woodentops.org.uk. **Let's see how many Toddy teams we can get out, dressup as bunnies (or anything appropriate), and how much chocolate we can 'collect'**

WED. MAY 5. FLOWER SCAR (R). AS. 7.15 p.m. 4m/1400'. Venue: Hare & Hounds, Burnley Rd, Todmorden. Free entry on day. No prizes. Teams. LK/PM. Over 16. Records: S. Livesey, 26.58, 1995; f. J. Kenyon, 33.00, 1995. No safety pins. Details: Jon Wright, 83 Bacup Road, Todmorden, OL14 7HG. Tel: 07789 967212. Email: jjbawright@aol.com. Website: todharriers.co.uk. **Our very own race – why not help out if you aren't racing?**

FRI. MAY 7. PINHAW MOOR (R). BS. 7.00 p.m. 5m/700'. Venue: Red Lion St, Earby, nr Colne, BB18 6NN. GR 908467. £5.00, on day. PM. Over 18. Records: A. Norman, 27.36, 2006; f. V. Wilkinson, 32.24, 2007. Details: Peter Thompson, 22 Buckingham Drive, Read, Burnley, BB12 7QE. Tel: 07831 399092. Email: peter.thompson@rbs.co.uk. Website: clayton-le-moors-harriers.co.uk.

SAT. MAY 8. BELMONT WINTER HILL (R). BS. 1.15 p.m. 4.5m/1000'. Venue: Belmont Bull. GR 673163. £4.00, on day. PM. Over 16. Records: N. Wilkinson, 30.15, 1993; f. V. Wilkinson, 33.48, 2008. Juniors: U12, 1.5m/300'; U14, 2m/400'; U16, 2.5m/600'. Mass start 12:30 p.m. Hosting the Greater Manchester AA Fell Running Championships for Seniors and Juniors. Details: Dave Bateson, 92 High Street, Belmont Village, Bolton, BL7 8AL. Tel: 01204 811515. Email: dave.bateson@talk21.com.

SAT. MAY 8. BUTTERMERE SAILBECK HORSESHOE (R). AM. 1.00 p.m. 9.5m/4650'. Venue: Bridge Hotel, Buttermere. GR NY175169. £6.00 pre-entry, £8.00 on day. Pre-entry by April 30th. Teams men(4), ladies(3). ER/LK/NS/PM. Over 18. Records: R. Jebb, 01.23.49, 2005; f. O. Walwyn, 01.41.56, 2008. Refreshments included. Please note change of date from Sun. Details: Mike Robinson, 38 Burneside Road, Kendal, LA9 4RL. Tel: 01539 721202. Email: mikerobinson1969@yahoo.co.uk. **A tough lake district race – look out for the little climb up to Causey Pike & fabulous descents**

SAT. MAY 8. PENDLE CLOUGHS (R). AL. 11.00 a.m. 14m/3900'. Venue: Downham, nr Clitheroe. GR SD785440. £4.00 pre-entry, £5.00 on day. Pre-entry by May 3rd. Cheques to "A. Hirst". Teams. ER/LK/NS/PM. Over 18. Records: T. Brunt, 02.16.36, 2009; f. J. Buckley, 02.44.24, 2009. 1:25,000 map of course provided. Orienteering punches at checkpoints. Car sharing recommended. Details: Andrew Hirst, 29 Darnbrook Road, Barnoldswick, BB18 5RE. Tel: 01282 812701. Email: amdrewhirst05@tiscali.co.uk. Website: wharfedaleharriers.org.uk..

TUE. MAY 11. JACK BLOOR RACE (R). BS. 7.15 p.m. 5.2m/1150'. Venue: Darwin Gardens, Ilkley. GR 117470. £4.00, on day. Teams. LK/NS. Over 17. Records: G. Hull, 38.04, 2007; f. L. Wright, 45.57, 1995. Juniors: Under 8(over 6)/U10, 0.5m/180'; U14, 1.0m/300'; U17, 1.5m/600'; from 6.15 p.m. No

toilets. No safety pins. Details: Peter Haines, 22 Ashburn Place, Ilkley, LS29 9NW. Tel: 01943 607725. Email: hainesilkley@yahoo.co.uk. Website: jackbloor.co.uk. **Possibly the longest 5 fell miles in the world!**

TUE. MAY 11. MEARLEY CLOUGH (R). AS. 7.15 p.m. 3.5m/1200'. Venue: Calfs Head, Worston. GR 767428. £3.00, on day. Includes pasta supper. ER/PM. Over 14. Records: M. Whitfield, 28.13, 2005; f. B. Haywood, 35.55, 2006. Night for 2 at Calfs Head for breaking records. Details: Geoff Newsam, 3 Greenfield Avenue, Chatburn, Clitheroe, BB7 4AJ. Tel: 01200 441328.

FRI. MAY 14. CHURN MILK CHASE (R). BS. 7.15 p.m. 3.8m/700'. Venue: Midgley Recreation Ground. GR SE036261. £5.00, pre-entry or on day. Includes pie & peas. Teams. LK. Over 14. Records: A. Breaks, 24.24, 2009; f. C. Hanson, 32.05, 2009. Juniors: Provisionally U8(over 6)/U10/U12/U14, £2 (includes goody bag). Races start after seniors. Check website for details. Prize giving in community room. Bar. Parking on Soloman Hill or Jim Allen Lane. Details: Graham Lloyd, Heathercroft, Radcliffe Lane, Midgley, Halifax, HX2 6UT. Tel: 01422 882899. Email: lloyd@ukonline.co.uk. Website: midgleyvillage.co.uk.

SAT. MAY 15. FAIRFIELD HORSESHOE (R). AM. 1.00 p.m. 9m/3000'. Venue: Rydal Hall, Ambleside. GR NY365064. £5.00, on day. Teams of 3. ER/LK/NS/PM. Over 18. Records: M. Roberts, 01.15.11, 2000; f. J. McIver, 01.28.21, 2008. Parking £1. Tea/cake at finish. Details: Eddie Bland, Beechmount, Langrigge Drive, Bowness-on-Windermere, LA23 3AQ. Tel: 015394 48567. Email: eddie.linda@btinternet.com. Website: amblesideac.org.uk. **Classic Lake District horseshoe, not too rocky, just keep turning right & make sure you take the right route off Fairfield.**

TUE. MAY 18. STANHILL (R). BS. 7.15 p.m. 5m/800'. Venue: Britannia Inn, Haslingden Old Rd, Oswaldtwistle, Accrington, BB5 3RJ. £3.00 pre-entry, £4.00 on day. Pre-entry before May 18th. Cheques to "Stanhill FR". Teams men (3), ladies (2). LK/PM. Over 16. Records: L. Passco, 30.09, 2008; f. D. Wright, 35.42, 2008. Juniors: U9, 0.5m/100'; U12, 1m/300'; U14/U16, 1.5m/400'. £1 on night. From 6.30 p.m. Incorporates Hyndburn Champs. Details: Lee Passco, 202 Stanley Street, Accrington, BB5 6QQ. Tel: 01254 879839. Email: passco6qd@btinternet.com. Website: freewebs.com/stanhillfellrace.

WED. MAY 19. BLACKSTONE EDGE (R). AS. 7.30 p.m. 3.5m/1200'. Venue: Knowl Farm, Lydgate Hamlet, Blackstone Edge Old Rd, Littleborough. £4.00, on day. Teams men(4), ladies(3). ER/PM. Over 14. Records: C. Donnelly, 26.33, 1989; f. A. Mudge, 32.38, 2008. Refreshments by "famous" Calderbrook Church ladies. Details: Kev Shand, 13 Chichester Close, Smithybridge, Littleborough, OL15 8QL. Tel: 01706 370080.

WED. MAY 19. KILDWICK (R). BS. 7.30 p.m. 3.75m/800'. Venue: White Lion, Kildwick, between Keighley and Skipton. GR 011457. £3.00, on day. Juniors: Full set of races for over 6s from 6.30 p.m. onwards. Parking limited, please car share. Full details on website. Details: Brett Weeden, 32 Kirkgate, Silsden, Keighley, BD20 0AL. Tel: 07970 206003. Email: brett@phluidity.net. Website: kcac.co.uk.

TUE. MAY 25. COPPICE (R). BS. 7.30 p.m. 5m/600'. Venue: Peel Park Hotel, Turkey St, Accrington. £2.00 pre-entry, £3.00 on day. Pre-entry by May 25th. Cheques to "Lee Passco". Teams men (3), ladies (2). PM. Over 16. Records: L. Passco, 30.52, 2002; f. C. Leah, 37.17, 2004. Juniors: U9, 0.5m, 50p; U12/U14/U16, 2m, £1; from 6.30 p.m.; entry on day. Details: Lee Passco, 202 Stanley Street, Accrington, BB5 6QQ. Tel: 01254 879839. Email: passco6qd@btinternet.com. Website: freewebs.com/coppicefellrace.

WED. MAY 26. HARROCK HILL 1 (R). BS. 7.30 p.m. 5.2m/900'. Venue: Farmers Arms, Bispham Green, nr Parbold. GR 497130. £3.00, on day. £9 for series of 4 races. No extra charge for series entry. PM. Over 16. Records: N. Leigh, 30.28, 2006; f. K. Ingram, 36.06, 2007. Big prizes for series - 3 races to count. Details: Andy Quickfall, 26 Chaucer Close, Ecclestone, Chorley, PR7 5UJ. Tel: 01257 450339. Email: andyquickfall@hotmail.com.

WED. MAY 26. WILL RAMSBOTHAM BADGER STONE RELAYS (R). 7.30 p.m. Venue: White Wells, Ilkley Moor. GR 118467. £7.50, on day. For team of 3. Each of 3 Legs 2m/400'. Over 12. Juniors: Relay - 2m (U14/U16) plus 2 x 1m (U12/U14), £4.50/team. Over 10 on day. White Wells open for refreshments and plunge pool!. Details: Paul Wood, 1 Daisy Hill, Addingham, Ilkley, LS29 0PN. Tel: 01943 831765. Email: paul@ilkleyharriers.org.uk. Website: ilkleyharriers.org.uk.

SAT. MAY 29. HUTTON ROOF CRAGS (R). BM. 2.30 p.m. 7m/1300'. Venue: Hutton Roof Village Hall, nr Kirkby Lonsdale. GR SD570786. £4.00, pre-entry or on day. Check website for pre-entry information. Teams of 4. ER/LK/PM. Over 18. Records: M. Croasdale, 43.38, 1991; f. S. Rowell, 50.56, 1994. Juniors: U12/U14/U16, from 1.45 p.m., £2. Arrive in good time to avoid traffic problems. Details: John Dickinson, The Homestead, Hutton Roof, Carnforth, LA6 2PG. Tel: 015242 71929. Email: john@dickinsons.bbfree.co.uk. Website: huttonroof.org.uk.

SUN. MAY 30. ILKLEY TRAIL (R). BM. 11.30 a.m. 6.5m/700'. Venue: Ilkley swimming pool. £6.00 pre-entry, £8.00 on day. Teams. LK/PM. Over 18. Records: S. Vernon, 40.26, 2008; f. K. Pickles, 50.09, 2008. Juniors: U12(over 8), 1m; U14, 1.5m; U18, 2m; from 10 a.m. Proceeds to Revival Centre in Matugga, Uganda (www.revivalcentrematugga.org.uk). Details: Lawrence Basham, 21 Old Lane, Low Mill Village, Addingham, Ilkley, LS29 0SA. Tel: 01943 830546. Website: ilkleyharriers.org.uk.

SUN. MAY 30. SADDLEWORTH (R). AS. 12.00 p.m. 3m/950'. Venue: Tanners Waterside Mill, Greenfield, Saddleworth. GR SE002038. £4.00, on day. U18s need consent of parent or guardian. See separate details for junior races. Teams. ER/LK/PM. Over 16. Records: R. Wilde, 18.50, 1978; f. C. Greenwood, 22.49, 1984. Full kit/equipment must be brought to start. Kit check. Details: Ruby Carr, 325 Manchester Road, Mossley, Ashton-under-Lyne, OL5 9AY. Tel: 01457 839527. Email: carr_ruby@yahoo.co.uk. Website: saddleworth-runners.co.uk.

MON. MAY 31. AUSTWICK AMBLE (R). BM. 1.00 p.m. 8m/1200'. Venue: Austwick Village Green. GR 768684. £3.50, on day. Street market/gala supporting village organisations. Donations invited on entry. LK/PM. Over 18. Records: J. Logue, 49.23, 2006; f. C. Leah, 57.05, 2006. Juniors: U12/U14 race at 12 noon. Details: Michael Menday, Orchid House, Pant Lane, Austwick, Lancaster, LA2 8BH. Tel: 01524 251787. Email: michael_menday@yahoo.co.uk. Website: austwick.org. **Great family day out for the Bank Holiday, a village fete, village pub and glorious setting for this 'cross country' race**