



A MULTI-TERRAIN 10.3 MILE RACE

The course incorporates some of the most scenic views within the heart of Yorkshire with a unique river crossing to finish

RAISING FUNDS FOR



Sunday 1st May 2011 at 10am from Heath Rugby Club
Stainland Road, West Vale, Halifax, HX4 8LS

Under UKA rules - permit applied for

1st prize of £100 to the first male or female to complete the official course under 1 hour!

Current course record stands at 1:01:36. Timing verification by the Bluebell Race Officials.
Ladies graded equivalent performance of 1:07:09 triggers the fund if the first male fails to break the hour.
If prize not claimed this year we'll roll it over to next year and add another £50 to the pot.
Full terms & conditions are available on the website.

QUALITY GIFT & GOODY BAG TO ALL FINISHERS

Entry £10 EA members or £12 unattached.
Online entry available at: www.ukresults.net

Postal entries close 23rd April 2011.
Online entry closes midnight 28th April.

Changing facilities, showers & refreshments available.

NO ENTRIES ON THE DAY - PRE-ENTRY ONLY



Race limit of 450. Send completed entry form with cheque made payable to Stainland Lions to:
Bluebell Trail, 31 Bishopdale Court, Halifax, West Yorkshire, HX1 2QD.

A list of entrants will be posted on the website. Don't send SAE - race numbers to be collected on the day.

Email: webmaster@stainlandlions.com Website: www.stainlandlions.com Phone: 07855 213915

Forename		Surname	
Address			
Postcode		Phone	
Email address			
Club and EA registration number		Age on race day	Sex
I hereby declare that I am an amateur according to UKA rules, am over 17 years of age and medically fit to run. I understand that I enter at my own risk and that the organisers will in no way be responsible for any injury, damage or loss incurred to me or my property as a result of the race.		Sign & date	