

## Your New Chairman

Hello everyone. Simon Anderton here. I've been asked to introduce myself and give the newer members of the club a bit of background info about me.



I joined the Harriers in 1990, having trained for and finished Pennine and London marathons. I came into fell running as an extension to mountaineering trips and I loved the challenge of being fit and self reliant in the hills. I met many amazing people once I joined; many seemed to share the same interests and values as me.

My favourite races were those where I had close battles with people who I really admire as great athletes. For example, one early race I did was the Ribble Valley 10 mile and Parky and me beasted each other to a 56/57 minute pb.

My all time best memory in racing was when I was finishing very strongly down Sulber Nick during the Three Peaks and Wrenchy was shouting at me telling me that I was flying., I finished in 3:19 and Andy Peace gave me my medal.

I had knee surgery after this and, inspired by my brother ,got into triathlon. I represented Great Britain at the World Champs in Madeira in 2004, and on three more occasions, and completed two Ironman events.

My running has been limited by health issues in recent years, but hopefully now I've retired I'll be on the old comeback trail.

There are many great clubs around Britain and beyond, but I find it hard to believe that there is a club which offers more support and encouragement than this one. So many people are prepared to help, support and organise things for the benefit of us all. Long may it continue.