

Category	Male	Time	Year		Female	Time	Year
Senior	C. Donnelly	26.33 min	1989				
				Senior	A. Mudge	32.38 min	2008
MV40	I. Holmes	27.45 min	2008				
				FV40	V. Peacock	35.10 min	1996
MV45	M. Whyatt	29.49 min	2008				
				FV45	F. Maxwell	34.38 min	2008
MV50	S. Oldfield	31.00 min	2007				
				FV50	L. Thompson	38.03 min	2008
MV55	B. Grant	33.28 min	2008				
				FV55	M. Blackhurst	41.16 min	2021
MV60	K. Taylor	35.08 min	2008				
				FV60	L. Lord	43.07 min	2008
MV65	P. Couey	38.12 min	2005				
				FV65			
MV70	K. Carr	42.21 min	2021				
				FV70			
MV75	G. Arnold	66.20 min	2012				
				FV75			
MV80	G. Arnold	77.20 min	2018				
				FV80			
MU23	J. Kevan (FKT)	29.30 min	2008				
				FU23	L. Addams (FKT)	34.17	2008
MU18	S. Carey (FKT)	30.35	2011				
				FU18	S. Smith	61.27	2025
FKT - Fastest Known Time							