

## Helen Windsor 10k 05/07/17

(1st 34.12; 2nd 35.28; 3rd 35.38)

| pos |                    |     | time |    | road pts | GP pts |
|-----|--------------------|-----|------|----|----------|--------|
| 13  | Richard Butterwick | M45 | 38   | 58 | 90.1     | 97.6   |
| 19  | Matt Flanagan      | M45 | 39   | 27 | 89.0     | 95.0   |
| 26  | Chris Goddard      | M   | 40   | 8  | 87.5     | 87.5   |
| 51  | Duncan Cannon      | M   | 42   | 34 | 82.5     | 82.5   |
| 58  | Paul Brannigan     | M50 | 43   | 28 | 80.8     | 91.8   |
| 81  | Dan Taylor         | M   | 44   | 50 | 78.3     | 78.3   |
| 82  | Mel Blackhurst     | F50 | 44   | 56 | 78.1     | 102.1  |
| 102 | Sarah Glyde        | F40 | 46   | 41 | 75.2     | 89.8   |
| 132 | Mark Williams      | M40 | 48   | 56 | 71.7     | 74.9   |
| 139 | David Leslie       | M65 | 49   | 39 | 70.7     | 90.9   |
| 168 | Heather Rostron    | F35 | 51   | 57 | 67.6     | 78.0   |
| 199 | Helen Hodgkinson   | F45 | 56   | 10 | 62.5     | 76.0   |
| 250 | Myra Wells         | F60 | 1    | 3  | 55.5     | 79.5   |

in GP points position

|     |                    |     |    |    |      |       |
|-----|--------------------|-----|----|----|------|-------|
| 82  | Mel Blackhurst     | F50 | 44 | 56 | 78.1 | 102.1 |
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