

2023 TRAIL TABLE Race 3			East Lincs Hospice 10k	Brun Valley 10k	Wholan Nook				Completed Races	Total Points	Qualified?	Qualifying TOTAL
	attendance		13	16	14	0	0	0	43			
	average points		71.3	73.7					73.4			
1	Mark Tempest	<i>M50</i>	84.1	83.9	80.2				3	248.2	Q	248.2
2	Mathew Gray	<i>M40</i>	73.2	73.5	74.3				3	221.0	Q	221.0
3	Darren Gillman	<i>M50</i>	71.4	67.8	70.4				3	209.6	Q	209.6
4	Lisa Peatfield	<i>F45</i>	66.6	66.2	63.3				3	196.1	Q	196.1
5	Helen Tipping	<i>F55</i>	59.8	59.8	57.6				3	177.2	Q	177.2
6	Dave O'Neill	<i>M65</i>	45.9	41.8	43.3				3	131.0	Q	131.0
7	Katie Samuelson	<i>F45</i>	70.6	71.7	70.6				3	212.9	X	212.9
8	Paul Brannigan	<i>M55</i>	69.0	67.5	65.3				3	201.8	X	201.8
9	Robin Tuddenham	<i>M50</i>		86.4	85.4				2	171.8	X	171.8
10	Dan Taylor	<i>M40</i>		82.6	85.1				2	167.7	X	167.7
11	Chris Goddard	<i>M40</i>		81.3	85.9				2	167.2	X	167.2
12	Janine McGregor-Stead	<i>F35</i>		84.7	82.5				2	167.2	X	167.2
13	Sam Lund	<i>M45</i>		80.6	82.4				2	163.0	X	163.0
14	Dave Garner	<i>M50</i>		80.7	79.5				2	160.2	X	160.2
15	Mark Anderton	<i>M60</i>	78.8	80.3					2	159.1	X	159.1
16	Joe McWilliams	<i>M</i>	77.2	79.9					2	157.1	X	157.1
17	Toby Leckie	<i>M</i>		73.7	76.4				2	150.1	X	150.1
18	Stuart Wolstenholme	<i>M50</i>		74.3	75.4				2	149.7	X	149.7
19	Joe Mountain	<i>M</i>	75.1	73.5					2	148.6	X	148.6
20	Lisa Kempster	<i>F45</i>		70.0	67.4				2	137.4	X	137.4
21	Andrew Bibby	<i>M65</i>		63.0	64.3				2	127.3	X	127.3
22	Richard Butterwick	<i>M50</i>			86.4				1	86.4	X	86.4
23	Pete Rolls	<i>M40</i>		84.4					1	84.4	X	84.4
24	Stephen Johnson	<i>M40</i>			82.3				1	82.3	X	82.3
25	Chris Pickens	<i>M45</i>	77.5						1	77.5	X	77.5
26	Mel Blackhurst	<i>F55</i>	77.1						1	77.1	X	77.1
27	Duncan Ritchie	<i>M50</i>		76.7					1	76.7	X	76.7
28	Chris Myers	<i>M45</i>			74.2				1	74.2	X	74.2
29	Kath Brierley	<i>F60</i>		73.0					1	73.0	X	73.0
30	Hannah Prince	<i>F35</i>			73.0				1	73.0	X	73.0
31	Ian Maclachlan	<i>M55</i>			70.4				1	70.4	X	70.4
32	Dave Weedon	<i>M40</i>			70.1				1	70.1	X	70.1
33	Hannah-Louise Mobbs	<i>F40</i>	68.7						1	68.7	X	68.7
34	Melanie Cannon	<i>F</i>	67.2						1	67.2	X	67.2
35	James Richardson	<i>M45</i>	61.3						1	61.3	X	61.3
36	Helen Hodgkinson	<i>F50</i>			60.4				1	60.4	X	60.4
37	Katy May	<i>F40</i>	59.4						1	59.4	X	59.4
38	Sheila Shackleton	<i>F65</i>		53.2					1	53.2	X	53.2
39	Paul Cruthers	<i>M60</i>	52.0						1	52.0	X	52.0