

1	131	46.07	Samuel	Lungu	M	1	M	1	Pudsey
2	140	47.26	Alex	Whittem	M	2	M40	1	CVFR
3	189	48.24	Ethan	Hassell	M	3	M	2	Wharfedale
4	209	49.06	Andrew	Stemp	M	4	M	3	Pudsey
5	128	49.24	Oliver	Heaton	M	5	M	4	Bowland
6	198	49.26	James	Allara	M	6	M	5	Wharfedale
7	188	49.53	Marc	Sennett	M	7	M40	2	Wharfedale
8	185	49.54	Mitchell	Boocock	M	8	MU23	1	Pudsey
9	207	49.57	William	White	M	9	M	6	MDC
10	158	50.27	Joshua	Day	M	10	M	7	North Leeds
11	235	50.4	Ross	Bibby	M	11	M	8	Helm Hill
12	223	51.32	Matthew	Warters	M	12	M	9	Wharfedale
13	208	51.39	Stephen	Hall	M	13	M	10	CVFR
14	133	51.4	Chris	Norman	M	14	M	11	CVFR
15	159	51.51	Jonathan	Pownall	M	15	M	12	Valley Striders
16	221	52.19	Danny	Drake	M	16	M	13	Wharfedale
17	170	52.33	Ashley	Holt	M	17	M40	3	Rossendale
18	146	52.37	Jonathan	Coney	M	18	M	14	North Leeds
19	233	53.23	Graham	Pilling	M	19	M40	4	Pudsey
20	201	53.28	Daniel	Hurd	M	20	M	15	Wharfedale
21	182	54	Cam	Rushworth	M	21	M	16	CVFR
22	227	56.23	Tim	Campbell	M	22	M40	5	Astley & Tyldesley
23	234	56.35	Rachel	Pilling	F	1	F	1	Pudsey
24	219	56.53	George	Kettlewell	M	23	M	17	CVFR
25	148	56.58	Dave	Garner	M	24	M50	1	Todmorden
26	206	57.04	Aran	Harper-Robinson	M	25	M40	6	U/A
27	203	57.54	Bill	Johnson	M	26	M50	2	CVFR
28	177	57.54	Nick	Jackson	M	27	M	18	Manchester YMCA
29	180	57.57	Mark	Warner	M	28	M	19	Blackpool Wyre Fylde
30	228	58.07	Simon	Ford	M	29	M40	7	Astley & Tyldesley
31	174	58.11	Mark	Wharton	M	30	M50	3	CVFR
32	147	58.16	Janine	McGregor	F	2	F	2	Todmorden
33	166	58.33	Natasha	Butterfield	F	3	F40	1	CVFR
34	202	58.55	Fay	Walsh	F	4	F	3	Ilkley
35	179	59.06	Dale	Foster	M	31	M50	4	U/A
36	183	59.12	Jake	Smallbones	M	32	M	20	CVFR
37	167	59.12	Neil	Hardiman	M	33	M50	5	Clayton
38	138	59.18	Thornton	Taylor	M	34	M60	1	Rossendale
39	155	59.48	Alex	Frost	M	35	M50	6	Rossendale
40	204	60.04	Dan	Pope	M	36	M40	8	CVFR
41	222	60.13	Ben	Brosnan	M	37	M40	9	Baildon
42	184	60.28	Steven	Boocock	M	38	M50	7	Bramley Breezers
43	217	61.2	James	Irwin	M	39	M	21	U/A
44	129	61.28	Peter	Wilcock	M	40	M	22	CVFR
45	214	61.56	Stella	Chrisanthou	F	5	F40	2	CVFR
46	195	62.02	Dean	Ralphson	M	41	M50	8	U/A
47	194	62.21	Molly	Ralphson	F	6	F40	3	Barlick
48	152	62.4	Ian	Passman	M	42	M	23	Todmorden
49	160	62.43	James	Cooke	M	43	M40	10	CVFR
50	142	62.5	Jeff	Ashworth	M	44	M50	9	U/A

51	151	63.07	Rebecca	Senior	F	7	F	4	Todmorden
52	210	64.07	Tim	Brooks	M	45	M50	10	CVFR
53	212	65.22	Toby	Sydes	M	46	M50	11	CVFR
54	229	65.27	Pete	Murray	M	47	M40	11	U/A
55	157	65.51	Ben	Holmes	M	48	M40	12	Todmorden
56	153	65.58	Paul	Patrick	M	49	M50	12	Stainland
57	213	66.13	Richard	Henderson	M	50	M60	2	U/A
58	230	66.15	Benjamin	Dunning	M	51	M	24	CVFR
59	173	67	Andrew	Webster	M	52	M50	13	Clayton
60	205	68.54	Francesca	Miller	F	8	F	5	Todmorden
61	136	68.59	Graham	Barnes	M	53	M60	3	U/A
62	220	69.07	Johnny	Powell	M	54	M40	13	U/A
63	126	69.28	Steve	Randall	M	55	M40	14	Meltham
64	168	69.37	Barbara	Savage	F	9	F50	1	Clayton
65	135	70.17	Tony	Steward	M	56	M60	4	CVFR
66	144	70.45	Aileen	Baldwin	F	10	F70	1	Stainland
67	145	70.53	Sophie	Cunningham	F	11	F40	4	Todmorden
68	225	71.15	Marc	Collett	M	57	M60	5	CVFR
69	226	72.01	David	Safranauskas	M	58	M50	14	Sale Harriers
70	137	72.06	Matt	Lees	M	59	M50	15	Bollington
71	141	72.36	Ruth	Thompson-Davies	F	12	F40	5	Todmorden
72	218	72.38	Antony	Szoradi	M	60	M	25	U/A
73	130	74	Neil	McGregor	M	61	M50	16	Manchester YMCA
74	162	74.27	Samuel	Gilmore	M	62	M	26	Manchester YMCA
75	150	74.33	Raymond	Mooney	M	63	M50	17	Stainland
76	186	75.27	Nicola	Charalambous	F	13	F	6	St Pol Striders
77	156	75.54	Craig	Wellens	M	64	M50	18	Rossendale
78	181	76.32	Graham	Lloyd	M	65	M60	6	CVFR
79	171	77.1	Jason	Kay	M	66	M40	15	Worsthorne with Hurstwood
80	191	77.43	Laura	Green	F	14	F40	6	St Pol Striders
81	165	77.56	Clair	Priestley	F	15	F40	7	U/A
82	143	78.07	Melanie	Cannon	F	16	F	7	U/A
83	134	78.33	Mike	Prior	M	67	M60	7	U/A
84	154	79.02	James	Richardson	M	68	M40	16	Todmorden
85	190	79.13	Dan	Morrison	M	69	M60	8	Todmorden
86	149	79.16	Vim	Thurlow	M	70	M60	9	CVFR
87	139	81.54	Richard	Stotts	M	71	M60	10	Rossendale
88	132	82.17	Sally	Wood	F	17	F	8	Manchester YMCA
89	176	82.3	Philip	Tomkinson	M	72	M	27	Manchester YMCA
90	178	82.35	Stephanie	Goodchild	F	18	F50	2	Manchester YMCA
91	172	83.01	Sarah Jane	Ashworth	F	19	F	9	Clayton
92	127	84.19	Chloe	Howlett	F	20	F	10	Acre Street
93	199	84.23	Rosemary	Fleming	F	21	F	11	U/A
94	231	84.33	Kate	Ormsby	F	22	F40	8	St Pol Striders
95	196	84.55	Ruth	Stunell	F	23	F40	9	Rossendale
96	163	84.57	Martin	Ellis	M	73	M60	11	Halifax Harriers
97	161	85.34	Tasmin	Cooke	F	24	F40	10	CVFR
98	211	86.59	Ross	Popper	M	74	M50	19	U/A
99	164	87.32	Christy	Barker	F	25	F40	11	U/A
100	200	89.38	Pauline	Mullarkey	F	26	F50	3	St Pol Striders

101	169	91.19	Lorna	Holt	F	27	F40	12	Rosendale
102	187	93.13	Antonia	Stirling	F	28	F50	4	St Pol Striders
103	215	93.14	Alison	Haley	F	29	F	12	St Pol Striders
104	197	96.51	Penny	Boyd	F	30	F50	5	St Pol Striders
105	232	98.4	Hilary	Farren	F	31	F50	6	Rosendale
106	192	102.16	Jillian	Walshaw	F	32	F40	13	St Pol Striders
107	224	102.41	Suzanne	Fretwell	F	33	F40	14	St Pol Striders
108	193	108.09	Pamela	Barmby	F	34	F50	7	St Pol Striders
109	216	111.43	Rachael	Dewhurst	F	35	F40	15	St Pol Striders
110	175	DNF	Luke	Meleschko	M	75	M40	17	CVFR