|  |  |
| --- | --- |
|  | **2022 Junior Grand Prix** |
| The Todmorden Harriers Junior Grand Prix is back! The Grand Prix has not been run the last 2 years due to Covid, but the junior coaches are wanting to encourage you to get out there and run with other kids – the incentive being that coveted bronze, silver, or gold runners’ medal. Please see details below for how the Grand Prix works, and please just ask any of the coaches if you have any questions or queries. Enjoy getting out and racing this year and be proud to wear that Toddie vest!!**Why do it?*** To show you another side of running and athletics to just training;
* To help inspire and motivate you in your athletic pursuits;
* To make you feel more a part of the club that you are in; and
* To see new places – many races are held in beautiful locations that you might not otherwise go to

Taking part in races may not be your thing, but unless you try it you’ll never know - some of those who qualified last time the GP was held had not participated in a running race before and came back for more so it can’t be that bad!**Rules for participation**There are only 2 rules:1. All those taking part should wear a Todmorden Harriers vest[[1]](#footnote-1) and state their membership of the club on their race registration/entry form; and
2. Have fun!

**How to qualify**The 2022 GP will run from January through to November. Coaches have selected 9 specific races being held between February and November, comprising a mixture of trail/fell races, cross-country (XC) and equivalent to road (tarmac paths). You may also use up to 2 ‘wildcard’ races if you participate in events not listed below, e.g. a Park Run ([www.parkrun.org.uk](http://www.parkrun.org.uk)) or school cross country. You will need to inform coaches of participation in these races.**Important note**: there will be no prizes awarded for specific results (i.e. who beats who!). Prizes will be awarded at the end of the GP for participation, depending on the number of the races that each junior has participated in. There will be three prize bandings: * Bronze - 3 races completed;
* Silver - 4 races completed; or
* Gold 5+ races completed.

Most of the selected races are based within a very short drive of Todmorden. Whilst the Pendle Junior Fell Races at Barley, are a half hour or so drive away, a ‘gold’ prize is achievable travelling no further than 2 miles from the centre of Todmorden (would have to include a park-run as a wild card!). Part of the fun of racing though is going to new places as well so try to give one of the more distant ones a go!Coaches will present awards in December 2022.Junior races are usually run in different age categories based on kids’ age on 31st December 2022. E.g. Under 9s, Under 11s, Under 13s etc. Race organisers will place details on their respective websites. **Race selection**Please check dates/times online closer to events. Times set out below are usually the start of the first race time and you will need to allow time to register and get to the start. These were accurate at the time of writing but may be subject to change!

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date**  | **Race Time** | **Race** **(website for further info)** | **Event Location (registration)** | **Run Type** |
| Sat 19th Feb | 10:00AM | Flower Scar Juniors[www.todharriers.co.uk](http://www.todharriers.co.uk)  | Centre Vale Park, Todmorden (registration at Tod Cricket Club) | Trail |
| Sun 13th Mar | 10:00 AM | Red-Hot Toddy Fun Run[www.todharriers.co.uk](http://www.todharriers.co.uk)  | Centre Vale Park, Todmorden (registration at Tod Cricket Club) | Road |
| Sat 2nd Apr | 12:00noon | Pendle Junior Fell Races[www.claytonlemoors.org.uk](http://www.claytonlemoors.org.uk)  | Barley Village Hall, Barley (nr Burnley) | Fell |
| Mon 2nd May | 10:30 AM | Coiners Junior Fell Races [www.juniors.cvfr.co.uk](http://www.juniors.cvfr.co.uk)  | Mytholmroyd Community Centre (race field/start 15-min walk) | Fell |
| Sun 10th Jul | 10:00 AM | Townley Park Junior Runs[www.pendleandburnleygrandprix.co.uk](http://www.pendleandburnleygrandprix.co.uk)  | Football Changing Rooms, Townley Park, Burnley, BB11 3RQ | Road |
| Sat 3rd Sep | 10:15 AM | Blackshaw Head Fete Juniors [www.blackshawfellrace.co.uk](http://www.blackshawfellrace.co.uk)  | Fete field, Blackshaw Head, HX7 7JY | Fell |
| Sat 29th Oct | 10:00 AM | Race You To the Summit [www.craggrunner.com](http://www.craggrunner.com)  | Summit Inn, Todmorden Rd, Summit, OL15 9QX | Trail |
| Sat Oct/Nov - TBC | TBC | Red Rose Cross Country[www.redrosecrosscountry.co.uk](http://www.redrosecrosscountry.co.uk)  | Centre Vale Park, Todmorden | XC |
| Sat TBC Nov | 12:00 noon | Shepherds Skyline[www.todharriers.co.uk](http://www.todharriers.co.uk)  | Shepherds Rest Inn, Lumbutts Rd, OL14 6JJ | Fell |

Whilst one of the coaching team is likely to be at most events this is not guaranteed. If you want to know or have any other questions then please just ask at a Tuesday training session, or email darren\_tweed@hotmail.com or Claire@todharriers.co.uk Best of luck! |

1. This is to help you to feel more a part of the club, and also to help promote the club itself. If you are a member you should already have a vest but if you need one then please contact claire@todharriers.co.uk [↑](#footnote-ref-1)