



TORRIER

JUL 05

WANTED

for

Stoodley Pike Fell Race

Tuesday July 12th 7.30 pm 3.5m/700'

Top Brink Inn, Lumbutts, Todmorden

Bodies to help with marshalling, car-parking, entries and results

Also new race organiser wanted for next year.

Mark has organised this race for 10 years and would like to hand it over. It would be nice to have a newer member get involved.

Also wanted is a local charity to donate the profits of this race to – any suggestions to Mandy or Derek

If you are available to help or would like to become new race organiser please contact

Mark Anderton on 01706 815874

Stop press

English championships

Our men's team is joint 5th with Clayton

Ladies joint 9th

Individual positions on the races page

Races still to come are

Wasdale July 9th (entry full) – details in last newsletter

Whittle Pike Sat Aug 20th

Full details in this issue

Langdale Horseshoe Sat Oct 8th

Pre-entry

FORTHCOMING GRAND PRIX FIXTURES

Full details in this issue

- | | | |
|---------------|-------------------|-----------------------------|
| FM | Sat Jul 2nd | ERRINGDEN MOOR |
| | Cat B 8m/1900ft | Mytholmroyd |
| RM | Sun Jul 24th | WAGGON & HORSES 10 |
| | | Entry form with this issue |
| FS | Tue Aug 2nd | CROW HILL |
| | Cat B 5m/1000ft | Mytholmroyd |
| RS | Sun Aug 7th | CLIVIGER 6 |
| FS | Sat Aug 20th | WHITTLE PIKE (Eng Champs) |
| | Cat A 4.5m/1400ft | Rossendale |
| In next issue | | |
| RL | Sun Sep 4th | GREAT LANGDALE 1/2 MARATHON |
| FL | Sat Sep 24th | GOOD SHEPHERD FELL RACE |
| | Cat B 15m/2000ft | Mytholmroyd |
| FL | Sat Oct 8th | LANGDALE HORSESHOE |
| | | (Eng Champs) |
| | Cat A 14m/4000ft | Langdale, Lake district |

Mandy's Page

Pack Runs Wednesday's

On the fells

7.00pm start

Jul – Moorcock, Littleborough

Aug – Stubbing wharf
Hebden Bridge

Sep – Hollins Inn, Walsden
6.45 pm start this month only



DATE FOR YOUR DIARY

**Saturday 26th November
2005**

Xmas Do & Presentation

Todmorden Cricket Club

Contributions

Would anyone please write something about their recent race exploits.

Anything gratefully received

Send to mandy@todharriers.co.uk

Or hand to me at pack runs or by post & I'll type it up

Kit

Jane Smith is keeper of the kit & bringing it to all pack runs.

We have vests, polo shirts & are selling off Noon Stone T-shirts for £2.

Contact Jane if you want any kit on
01706 818663



Letters

Dave

Another better late than never performance from me regarding the sub-paying, but I guess these days I'm more of a sleeping member (some would argue has-been).

Unfortunately I have to run on a few road/trails to get anywhere near the fells so I'll take the £13 option. Still plod a bit, though at 43 I can see why you have weightings/handicaps for the veterans in the Grand Prix.

I occasionally make an appearance at a local race or two – I can recommend Rosebury Topping as a genuine AS no messing up, down & done type race. Mostly though I spend a lot of time on my ever expanding collection of bikes and over expensive cycle gear.

Give my regards to all and keep on running.

Cheers

Tony Davison

Resignation

It is with regret that we accept the resignation of John Devlin. Sadly due to injury John is no longer able to run but wrote a very nice letter saying how much he enjoyed running with the club

I know I echo the sentiments of everyone in wishing John all the best for the future.

Villa to rent

on the Costa Del Sol.

Sleeps 8

Private pool

Full details on website www.villamolokai.net

Anyone interested contact Mel Siddall on 01706 839186

GP RACES

WHITTLE PIKE (Eng Champs Sat Aug 20th) 4.5miles and 1400' of climb.

Getting there.

Most people will come through Rawtenstall. Take the Bacup Road and just past the lights/shopping area of Waterfoot turn right up the no through road to Cowpe village.

You might come from Rochdale or Todmorden via Bacup. Head for Rawtenstall and just after the rocky/woody stretch known as The Glen about 3 miles west you will into Waterfoot; turn left.

There are no facilities in Cowpe, apart from the Buck pub and the School hall we will use on race day. There is on street parking and on race day we will have off street parking.

Route description South Pennines map No. 21

The route will be flagged and marshalled on the day.

The race starts at Cowpe playing fields on the road. 838207

Run up the road about 200ms and turn right up a track towards the waterworks which bends and heads SW very slightly up hill to 839202

At the top of the lane there are houses on your right and a five bar gate to your left. Go straight ahead and over the stile. There is a path which twists to the right and goes over a stream by a bush. Here turn sharply to your left and head steeply uphill. There is no path.

You are heading towards the wall 838200

Follow the path to the left of the wall, crossing a stream part way up until you come to a path and a five bar gate. Turn right through the gate and follow the track, again to the left of the wall. The path will level at 827204 and will shortly meet the quarry road coming in from your left and going down the hill to your right. Cross straight over and the path will curve round to your left and then begin to drop with an old tram way just up to your left and some quarry workings ahead of you. Turn right down a wide rutted track for 25 ms and then bear left/easterly across open moor land with tuft grasses. Ignore any footpaths on the map and there are often none on the ground. Stay high/contour and you will pick up a path as it gets very boggy near a wall corner.

Here bisect the corner and head down hill, again no path, crossing a broken down wall until you hit a good path. Turn right and follow down to FB 817199. Cross the bridge and turn sharply uphill following, what is now, a path.

As the hill crests and 25 ms before the wall cut across to your left and cross the stream, turning immediately right across a wall and then quickly left, another stream and head to the left of a slight ridge – there is a path. After a few hundred ms the path fades and it is all turfs heads and you need to head up hill to your right,

crossing a drain towards Whittle Pike on a bearing about 170. (I've never used a bearing.)

Whittle has a cross on top but even on a good day you can't see it until you are almost there. Ref. 824189

Turn back on yourself and follow the path on about 45 down hill until you hit the culveted stream just above the reservoir. (This used to be an open walled stream for those with long memories.) Go right up the stream bed for 50ms and then steeply up hill to your left on a ridge crossing the slight gully part way up and going gradually to your left. As the climb levels off you will see the wide track ahead. (Rossendale way.) On reaching the track go left for 50ms. 829194

Just before the path dips and turns left you will see a gully ahead of you with a rough path and a wall on the left side. (You may want to follow the path you were on for another 50ms to Waughs well and a drink.)

Follow this gully path for 50ms slightly uphill and it will steepen as it gets towards the quarry working and turns right up a rough shaley area. After a short little climb you will drop over the top onto a grassy area. Turn left and follow the path to the right of the wall for 500 – 600 ms, heading roughly north, dog legging at the end but continuing in the same direction.

Here you will rejoin the route up from the start. Retrace your steps.

In case you joined the route elsewhere than at the start here is the route to the finish. Carry straight on for a few yards onto a broad path. It will curve round to your right and after about 150ms you will come to a big wide quarry path. 831202

Cross diagonally to your right. (Do not turn right and into the quarries.) Go down hill south easterly with a wall on your left on a good runnable path, until you hit a five bar gate. Go through and immediately sharp left and follow to the right of the wall again down an increasingly steep descent, crossing a boggy stream. After another 150ms come away from the wall and head steeply downhill and to your right towards a bushy tree. Get onto the path just to the left of the tree and just before a small stream. Follow the path a few yards and you will see a fence to your left to the right of the back of some houses. Cross the stile here. You will see a big wide track just ahead and to your left. Go down this for about 400ms and it will then turn right and drop onto the road in Cowpe. Turn left on the road and the finish is at the top of the first fields you come to on your left which have a wide car access path and a playing field/bmx bike track.

Nick Harris
01706 201204

GP RACES

Sat Jul 2nd ERRINGDEN MOOR

Cat B 8m/1900ft
1.00pm

from Mytholmroyd community centre £3.00 entry on the day only

Sun Jul 24th WAGGON & HORSES 10
Entry form with this issue

Tue Aug 2nd CROW HILL

Cat B 5m/1000ft
7.30pm from Mytholmroyd community centre £3.00 entry on the day only

Sun Aug 7th CLIVIGER 6

Entry form with this issue

English Championship Results

We think Wasdale is the critical race and getting five runners (male) and three ladies could improve our positions significantly .

Individual Results for the Championships so far are

Mens

Open

29th Andrew Wrench

31st Chris Smale

44 Jon Wright

47 George Ehrhardt

Vet 40

Chris is 4th

26th Andrew Horsfall

V60

15th Richard Blakeley

V70

2nd Derek cluterbuck

Ladies

Moyra is leading the over 60 ladies

Ladies V40

20th Kath Brierley

28th Jane Smith

Full results on www.fellrunner.org.uk

Race Reports

Races reported recently in the local press

Buttermere Sailbeck Horseshoe Fell Race

It was another trip to Cumbria last Sunday for the 19 Todmorden Harriers who took part in the Buttermere Sailbeck Horseshoe Fell Race.

The 9.4 mile race, as well as being one of the medium length races in the club's fell championship, is a counter for the English Championships, so both individual and team prizes were at stake.

With 4650 feet of ascent, beginning at the blow of the whistle in Buttermere village, the arduous race was guaranteed to sap the competitors' energy and leave them aching for days afterwards.

Runners were faced with relentless climbs, undulating ridge runs and steep descents as they battled to tick off the five checkpoints at Ard Craggs, Rigg Beck, Causey Pike, Eel Crag and Whiteless Pike. Fortunately the weather, although extremely windy in places, remained clear, affording splendid views around the whole of the horseshoe.

Bingley Harriers' champion Rob Jebb gained the victory once again, crossing the line in 1.23.39 and shaving several minutes of his own course record, set last year on a slightly altered course.

George Ehrhardt was the first Todmorden Harrier home, finishing in 21st place out of a field of 374 runners. This placing, together with those of team mates Chris Smale, Jon Wright, Andrew Wrench and Andrew Horsfall, allowed Todmorden Harriers to take 6th place in the men's teams.

Moyra Parfitt, putting in another notable performance for the local club, is on course to become the country's LV60 fell racing champion after she scooped first prize in her category for the second time in the series.

Geoff Doggett Memorial 5K

A large number of Todmorden Harriers arrived in Littleborough on a cool and sunny Tuesday evening to support the Geoff Doggett Memorial 5K, organised by prolific road promoter Andy O'Sullivan MBE.

The well organised race, which is a counter for the club's 2005 road championship, started from Littleborough town centre on a circuit which skirted the side of Hollingworth Lake.

Paul Brannigan was first Harrier home, finishing in 14th place in a field of 147 runners. First Todmorden lady was Sarah Glyde, who crossed the line in 67th place.

MAY & JUNE RESULTS

Buttermere Sailbeck				
8/05/05	1.23.49	1.26.46	1.27.06	
	Time	Adj time	GP Pts	Fell Pts
George Ehrhardt	1.34.05	1.34.05	99.5	99.5
Chris Smale	1.36.38	1.33.01	100.7	96.9
Jon Wright	1.37.06	1.37.06	96.4	96.4
Andrew Wrench	1.38.14	1.38.14	95.3	95.3
Andrew Horsfall	1.44.10	1.41.12	92.50	89.9
Shaun Godsman	1.46.57	1.46.57	87.5	87.5
Martin Roberts	1.52.08	1.41.53	91.9	83.50
Dave Collins	1.56.02	1.43.20	90.6	80.7
Paul Brannigan	1.59.47	1.56.22	80.5	78.2
Mark Goldie	2.07.47	2.07.47	73.3	73.3
John Crummett	2.08.41	1.42.29	91.4	72.8
Richard Leonard	2.09.17	1.58.39	78.9	72.4
Kath Brierley	2.10.36	1.48.36	86.20	71.7
Derek Donohue	2.16.43	2.06.43	73.90	68.5
Jane Smith	2.16.56	1.48.24	86.4	68.40
Rachel Skinner	2.17.37	2.04.22	75.3	68.00
Mandy Goth	2.20.12	1.53.51	82.2	66.8
Peter Ehrhardt	2.25.31	1.55.53	80.8	64.3
Sue Roberts	2.31.21	2.07.23	73.5	61.9
Moyra Parfitt	2.35.32	1.42.22	91.5	60.2

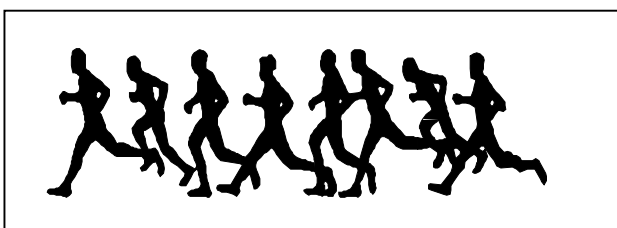
Jeff Doggett 5K				
17/05/05	15.01	15.20	15.5	
	Time	Adj time	GP Pts	Road Pts
Paul Brannigan	17.17	16.40	92.3	89.0
Andrew Horsfall	17.28	16.58	90.7	88.1
Keith Parkinson	19.12	17.10	89.6	80.1
James Riley	19.23	19.23	79.4	79.4
Duncan Ritchie	19.24	19.24	79.3	79.3
Lee McClusky	20.00	18.27	83.4	76.9
Richard Blakeley	20.07	16.19	94.3	76.5
Jim Duffy	20.39	20.39	74.5	74.5
Sarah Glyde	20.41	18.41	82.3	74.4
Colin Duffield	20.52	20.52	73.7	73.7
Peter Bowles	21.12	21.12	72.6	72.6
Andrew Bibby	21.12	18.57	81.2	72.6
Richard O'Sullivan	21.35	20.31	75.0	71.3
Mel Nicholls	21.54	19.47	77.7	70.2
Mel Siddall	22.26	18.47	81.9	68.6
Lynne Griffiths	22.29	18.29	83.2	68.4
C Boyce	22.37	22.37	68.0	68.0
Dave O'Neill	23.02	21.15	72.4	66.8
Shaun Godsman	23.09	20.55	73.5	66.5
Moyra Parfitt	23.24	16.20	94.2	65.7
Mandy Goth	23.29	19.18	79.7	65.5
Claire Duffield	24.55	22.31	68.3	61.7
John Newby	29.04	20.47	74.0	52.9

Duddon Valley				
4/06/05	3.13.20	3.13.38	3.13.55	
	Time	Adj time	GP Pts	Fell Pts
Andrew Horsfall	4.18.50	4.11.27	77.0	74.8
Shaun Godsman	4.18.50	4.18.50	74.8	74.8
Jon Wright	4.18.51	4.18.51	74.8	74.8
John Crummett	4.51.21	3.52.02	83.4	66.5
Jane Smith	5.07.12	4.03.11	79.6	63.0
Richard Leonard	5.29.24	5.02.17	64.1	58.8
Dave Wilson	5.30.25	4.54.14	65.8	58.6
Sue Roberts	5.42.58	4.48.38	67.1	56.5
Mandy Goth	5.42.58	4.38.29	69.5	56.5
Trevor Smith	5.54.52	4.35.46	70.2	54.6

Leyland 10				
29/05/05	50.24	52.07	53.5	
	Time	Adj time	GP Pts	Road Pts
Keith Parkinson	65.48	58.50	88.6	79.2
Sarah Glyde	74.05	66.57	77.8	70.30
Moyra Parfitt	84.02	58.40	88.8	62.0
John Newby	106.08	75.54	68.6	49.1

Freckleton 1/2 M				
19/06/05	1.12.40	1.15.19	1.15.29	
	Time	Adj time	GP Pts	road Pts
Keith Parkinson	1.33.57	1.24.00	88.7	79.3
Peter Bowles	1.57.13	1.57.13	63.5	63.5
Julia Holt	2.01.01	1.44.14	71.5	61.6

Edale				
12/06/05	31.46	32.55	32.6	
	Time	Adj time	GP Pts	Fell Pts
Andrew Wrench	35.44	35.44	99.3	99.3
Chris Smale	36.04	34.43	102.2	98.4
Shaun Godsman	36.48	36.48	96.4	96.4
Jon Wright	36.58	36.58	96.0	96.0
Andrew Horsfall	39.36	38.28	92.2	89.6
Mark Goldie	40.04	40.04	88.6	88.6
Jeff Walker	41.52	41.52	84.7	84.7
Richard Blakeley	46.41	35.50	99.0	76.0
James Riley	46.48	46.48	75.8	75.8
John Crummett	49.11	39.10	90.60	72.1
Mel Blackhurst	50.49	43.46	81.1	69.8
Rachel Skinner	51.07	46.12	76.8	69.4
Lynne Griffiths	52.38	42.44	83.0	67.4
Peter Ehrhardt	53.06	42.17	83.9	66.8
Moyra Parfitt	54.48	36.04	98.4	64.7
Mandy Goth	56.00	45.28	78.0	63.4
Derek Clutterbuck	57.54	37.46	93.9	61.3
Julia Holt	59.53	51.35	68.8	59.2



The tables after 12 GP, 6 Fell & 6 Road Races

FELL TABLE

ROAD TABLE

		races	Pts			races	pts
1	Jonathan Wright	6	558.7	1	Keith Parkinson	5	398.0
2	Christopher Smale	5	480.4	2	Sarah Glyde	5	363.8
3	Shaun Godsman	5	440.4	3	Paul Brannigan	4	356.5
4	Andrew Horsfall	5	439.1	4	Moyra Parfitt	5	332.1
5	Andrew Wrench	4	393.6	5	James Duffy	4	302.0
6	Mandy Goth	6	378.4	6	John Newby	5	255.4
7	Jane Smith	5	353.7	7	Jeff Walker	3	254.5
8	Rachel Skinner	5	343.8	8	Colin Duffield	3	219.0
9	Mark Goldie	4	341.5	9	Richard O'Sullivan	3	214.8
10	Peter Ehrhardt	5	324.3	10	Lynne Griffiths	3	210.3
11	John Crummett	4	281.8	11	Melanie Niicholls	3	207.3
12	Richard Leonard	4	280.4	12	Mandy Goth	3	203.4
13	Moyra Parfitt	4	256.7	13	Nigel Hanson	3	202.8
14	Jeff Walker	3	254.6	14	Anne Fox-Kelly	3	199.8
15	Paul Brannigan	3	247.3	15	Julia Holt	3	190.2
16	George Ehrhardt	2	185.0	16	Andrew Horsfall	2	181.0
17	Martin Roberts	2	171.3	17	Lee McCluskey	2	152.8
18	Dave Collins	2	165.4	18	Rachel Skinner	2	145.8
19	James Riley	2	153.9	19	Peter Ehrhardt	2	142.2
20	Derek Donohue	2	151.0	20	Peter Bowles	2	136.1
21	James Duffy	2	149.8	21	David O'Neill	2	130.4
22	Kath Brierley	2	147.7	22	Derek Clutterbuck	2	125.7
23	Melanie Blackhurst	2	143.3	23	Sean Willis	1	93.3
24	John Lee	2	140.4	24	Paul Prescott	1	88.8
25	Sarah Glyde	2	136.0	25	Mark Anderton	1	81.5
26	Rhys Watkins	2	135.8	26	Dave Collins	1	81.3
27	Richard O'Sullivan	2	131.8	27	James Riley	1	79.4
28	David O'Neill	2	119.7	28	Duncan Richie	1	79.3
29	Barry Chapman	2	119.6	29	Kevin Booth	1	77.1
30	Sue Roberts	2	118.4	30	Richard Blakeley	1	76.5
31	Derek Clutterbuck	2	112.0	31	Jerry Dodd	1	75.5
32	Keith Parkinson	1	79.4	32	Andrew Bibby	1	72.6
33	Richard Blakeley	1	76.0	33	Melanie Blackhurst	1	71.9
34	Kevin Booth	1	75.4	34	Ray Poulter	1	70.2
35	Andrew Bibby	1	74.2	35	Mel Siddall	1	68.6
36	Colin Duffield	1	70.0	36	Charlie Boyce	1	68.0
37	Ray Poulter	1	69.4	37	Sharon Godsman	1	66.5
38	Anne Fox-Kelly	1	68.2	38	Barry Chapman	1	64.2
39	Kay Leigh	1	68.2	39	Greg Parkin	1	64.1
40	Lynne Griffiths	1	67.4	40	Laura Wright	1	62.9
41	Sharon Godsman	1	65.8	41	Claire Duffield	1	61.7
42	Julia Holt	1	59.2	42	George Barrow	1	58.7
43	David Wilson	1	58.6				
44	Trevor Smith	1	54.6				

GRAND PRIX

1	Moyra Parfitt	865.9
2	Mandy Goth	711.6
3	Andrew Horsfall	638.2
4	Paul Brannigan	622.4
5	Peter Ehrhardt	576
6	Jonathan Wright	558.7
7	Sarah Glyde	552.9
8	Rachel Skinner	541.9
9	Keith Parkinson	536.4
10	Jeff Walker	509.1
11	Christopher Smale	499.1
12	James Duffy	451.8
13	Jane Smith	447
14	Shaun Godsman	440.4
15	Andrew Wrench	393.6
16	Richard O'Sullivan	365.6
17	John Newby	354.3
18	John Crummett	353.7
19	Derek Clutterbuck	347.4
20	Mark Goldie	341.5
21	Anne Fox-Kelly	341.4
22	Lynne Griffiths	338.9
23	Richard Leonard	305.5
24	Colin Duffield	289
25	Julia Holt	288.3
26	Dave Collins	275.1
27	David O'Neill	272.9
28	Melanie Blackhurst	248.3
29	James Riley	233.3
30	Melanie Nicholls	229.4

31	Barry Chapman	227.2
32	Nigel Hanson	222.1
33	Richard Blakeley	193.3
34	Martin Roberts	188.6
35	George Ehrhardt	185
36	Kath Brierley	177.6
37	Ray Poulter	169.5
38	Andrew Bibby	166.3
39	Lee McCluskey	165.7
40	Derek Donohue	162.9
41	Kevin Booth	152.5
42	John Lee	151.6
43	Sharon Godsman	146.3
44	Sue Roberts	140.6
45	Peter Bowles	136.1
46	Rhys Watkins	135.8
47	Sean Willis	93.3
48	Paul Prescott	88.8
49	Mark Anderton	85.7
50	Jerry Dodd	84.4
51	Kay Leigh	82.9
52	Mel Siddal	81.9
53	Duncan Richie	79.3
54	George Barrow	73.9
55	Trevor Smith	70.2
56	Laura Wright	69.6
57	Claire Duffield	68.3
58	Charlie Boyce	68
59	David Wilson	65.8
60	Greg Parkin	64.1

Any comments or corrections contact John Crummett 01706 819417

Present Mandy Goth, Andrew Bibby, Dave O'Neill, Jane Smith, Caite Horsfall, Andrew Horsfall, Dave Wilson, John Crummett, Claire Duffield

Apologies None

Previous minutes Proposed: John Crummett
Seconded: Dave Wilson

Matters arising Kit: It was suggested that hooded tops and perhaps hats would be preferred to Tracksters. Jane will look into prices for these items. Noon Stone T-shirts will be sold at pack runs and Jane will also bring the polo shirts to pack runs.

Triathlon Assoc: Provided the fees are not excessive, the decision was taken to affiliate to the British Triathlon Association. Lynn Griffiths has supplied a list of advantages of affiliating to the BTA. These will be published in a forthcoming Torrier.

FRA relay: The club will enter the Ian Hodgson Relay on the 2nd October instead of the FRA relay as it is unlikely that anyone will wish to travel to Alva. Derek is sending off for an official application form and two teams will be entered.

The Do: Will take place on 3rd or 17th December. Mandy will contact Derek to see whether anything has been booked yet.

Treasurer's report Income £92 (Kit)
Exp £48.60 (Torrier)
£14.28 (Advert for AGM)
Balance £2539.67

Items discussed New members Jack Dowling
Alistair Chant
David Sutcliffe
Proposed and seconded en masse.
Prop. Dave Wilson. Sec. Jane Smith

Subscriptions: Still quite a few subs need chasing up. A note will be published in this month's Torrier.

Flower Scar: Attendance was poor at this year's race, although it was noted that different people took part than usual, perhaps due to the change of day. It was discussed whether the differing figures were due to the race being staged on a Saturday rather than a Wednesday, whether the different starting points in successive races has had an effect, or whether, since the race wasn't run last year, it just needs time to regain its popularity.

Committee meetings: We discussed whether the venue for regular meetings needed to be changed due to the unavailability of the Staff of Life for this month's meeting (committee had to regroup at The Queen). This may just be because the meeting was being held on the 2nd Monday of the month following last week's bank holiday. We will stay with the Staff for June's meeting, but may revisit this issue in future.

Grand Prix: We still need to find a long road race for this year's championship. Ideally we need something towards the end of the season, around October. Mandy will talk to Paul Brannigan about this.

Next meeting Monday 6th June

FELL

Tuesday July 12th – Club event – marshals wanted!!
(See details in this issue)
Stoodley Pike Fell Race. BS. 7.30pm. 3.5m/700ft
Top Brink Inn, Lumbutts, Todmorden. £3 on night

Saturday July 16th
Mount Skip Fell Race. BS. 3pm. 4.5m/1000ft
Gala Field, Burnley Road, Mytholmroyd. £3 on day
(includes entry to Gala)

Sunday July 17th
Oldfield Fell Race. CS. 11.30am. 5.5m/550ft
Grouse Inn, Oldfield, nr Oakworth, Keighley. £3 on day

Wednesday July 20th
Widdop Fell Race. BM. 7.15pm. 7m/1200ft
Pack Horse Inn ("The Ridge"), Widdop, Hebden Bridge.
£3.50 on night

Saturday July 23rd
Turnslack Fell Race. AM. 2.30pm. 8m/2000ft
Calderbrook Playing Fields, Calderbrook, Littleborough. £3 on day

Tuesday August 9th
Giant's Withens & Windmills. BS. 7.30pm. 5m/1000ft. £3 on night
Ogden Reservoir, Halifax, off A629

Sunday August 14th
Worsthorne Moor Fell Race. BM. 11am. 7m/900 ft
Gorple Road, Worsthorne, nr Burnley. £3 on day

ROAD

(See club's or John Schofield's website for pre-entry details or contact Claire/Colin on 846593)

Sunday July 3rd
Skipton Tough 10. 11am. Skipton AC
Skipton Rugby Club, Sandylands, Carleton New Road, Skipton. £6/£7 +£1 on day

Tuesday July 5th
Rochdale 10K. 7.15pm. Rochdale Harriers AC
Springfield Park, Bolton Road, Rochdale. £4/£6 +£1 on day

Wednesday July 6th
Helen Windsor 10K. 7.30pm. Halifax Harriers
Greetland All Rounders Club, Rochdale Road, Greetland, Halifax. £6/£8 +£1 on day

Sunday July 17th
Idle Trail Race. Approx. 10K. 11am. Idle AC
Grove Sports Centre, Woodhouse Grove School, Apperley Bridge, Bradford. £6/£7 +£1 on day (limit 300)

Wednesday August 10th
Frank Hodson Saddleworth 6. 7.30pm. Oldham and Royton Harriers and AC
Churchill Playing Fields, Greenfield, Oldham. £5/£6 + £1 on day

Thursday August 11th
Radcliffe 6.5 Mile Trail Race. 7.15pm. Radcliffe AC
Masons Arms, Sion Street, Radcliffe, Manchester (near to Asda). £4.50/£5.50 +50p on day (lim

Toilet Seat 2005

Well, the points are mounting up now and Auntie Hazel has been absolutely flushed with success after checking her inbox and finding just how keen fellow Harriers are to grass each other up (keep them coming please (to hazellovesdogs@yahoo.co.uk and not on the Harriers group email as that may accrue a few points for giving advance warning of their public humiliation),

Yours,
Uncle Barry

On yer bike! Jane Smith heard that there was an official cycle to work week at Airedale Hospital with a £2 luncheon voucher offered as the reward - so she did just that, went for her voucher and was told she had done it on the wrong week. Undeterred, Jane cycled in the week after and received her voucher but didn't spend it that week. She took it in the week and it had expired - unlucky or what? Never mind Jane, here are 5 pts in compensation

Bubbly Alison Kite was so excited when the new jacuzzi type bath was fitted that she added plenty of bubble bath to the water - and promptly disappeared, along with most of the bathroom under a mountain of foam! An effervescent 5 points for you, Alison

The right gear would have been a good idea for Chris Smales at Duddon Valley, who set off to run the 20 miles in khaki knee length shorts - how heavy were they when they were wet through? He also managed to get lost and ended up in Langdale! Chris ended up returning on the bus from the three shires stone. Mmmm. I think that will be 5 points for improper clothing and another 5 for losing it (the way that is) and yet another 5 for bussing it!

and speaking of losing it.....Sue Roberts lost her map in the same race - it blew away on Little Stand (she claimed) and as it was thick clag and driving rain she had to stick to Mandy like glue. 5 points for a sticky ending, Sue.

Forgotten vest? Uncle Barry earns 5 points for forgetting his vest at the Grizedale 10 Trail Race.

Tale telling (1) Sue Roberts spotted Dave Collins walking around the gala field at Buckden Pike after the race, wearing shorts and SLIPPERS (brown checked granddad ones!!) that's 5 points towards a more stylish pair, Dave!

Tale telling (2) Dave has retaliated by grassing Sue up for keeping the crowd entertained, and herself very wet, after an unscheduled dunking in the beck during the Buckden Pike Fell Race for another 5 points (mounting up now, aren't they Sue?)

Baby blues: Local gossips in the Club are wondering if Auntie Hazel has been a little broody of late as she has been spotted pushing Toby the dog around in a pram on numerous occasions - collect 5 points towards a dog cart Hazel!

A senior moment was enjoyed by Dave Collins recently when he spent 10 minutes in the hail storm before Buttermere looking for his balaclava that he'd had for years - he wouldn't be able to replace it as they didn't make them like that any more. Dave searched under the car and in everyone's bag, only to discover that it was around his neck! A well deserved 5 points to Dave.

and what about Branny putting on suntan cream just before the hail stones at the same race? 5 points.

Losing it? Lost it more like - yes, it's Moyra getting lost again on her way home from the Keps - some say her sense of direction is not too good - I say "What sense of direction?" 5 points Moyra.

Open Doors Greg Parkin wandered off at the Grizedale 10, leaving his car door open to collect 5 points.

Another blonde moment was experienced by Mandy when she left the sliding door of the van open when speeding off into the pub - a good excuse Mandy but you still claim 5 points.

League Table

Sue Roberts	25
Paul Brannigan	20
Moyra Parfitt	18
Chris Smales	15
Mandy Goth	10
Jane Smith	10
Dave Collins	10
John Crummett	10
Sharon Godsman	10
Jon Wright	10
Louise Abdy	5
Alison Kite	5
Kath Brierley	5
Hazel Chapman	5
Uncle Barry	5
Derek Donohue	5
Phil Hodgson	5
Martin Roberts	5
Ray Poulter	5
Jeff Walker	5
Eric Wrathall	5
Bev Wright	5
Greg Parkin	5

Ante Post Betting

Sue Roberts: evens favourite; looking unstoppable.

Paul Brannigan: 2:1; putting on a strong chase but will he stay the course?

Moyra: 4:1; the dark horse of the top 3?



The 27th CLIVIGER 6 Road Race

Presented by Cliviger Recreation and Community Association (CRaCA)

**SUNDAY 7th AUGUST 2005 at 11.30am prompt
from Mount Lane Sports Field, Cliviger, near Burnley**

Sponsored by WRG Waste Services Ltd and Deerplay Landfill

A SIX MILE ROAD RACE OPEN TO ALL AGE 16 MINIMUM UNDER UK ATHLETICS LAWS - NEAA PERMIT APPLIED FOR

COURSE A circular 6 mile course commencing at Mount Lane. Proceed along Red Lees Road towards the outskirts of Burnley, through Towneley Park and return to Mount Lane via Todmorden Road, Burnley Road and Red Lees Road.

EVENT HQ Sports Pavilion, Mount Lane Sports Field, Cliviger, near Burnley (off the main A646 Burnley to Todmorden Road or Red Lees Road). Car parking near field. Registration commences 10.00am

PRIZES & RESULTS Prizes for first 3 males/females plus usual veteran categories. Also SPOT PRIZES.
Prize Presentation at the Fighting Cocks PH, Red Lees Road, Cliviger. Sandwiches provided.
Results on www.ukresults.net

ENTRIES £3.00 (£5.00 U/A) Entries available on the day. Send completed slip & cheque (payable "CRaCA") to Mr Robin Reid c/o 362 Burnley Road, Holme-in-Cliviger, nr Burnley, Lancs BB10 4SU.
COLLECT NUMBERS ON THE DAY FROM 10.00am
For more information ☎07831 823952
CLOSING DATE FOR POSTAL ENTRIES WED 3rd AUG

LANCASHIRE SPORTS REPAIRS

A quality footwear resole/repair service at affordable prices.

Lancashire Sports Repairs
19 Athletic Street
Burnley
Lancs
BB10 4LP



Tel/Fax: 01282 439109

www.lsr.gb.com



LSR Cliviger 6 Road Race Entry Form

WRITE CLEARLY IN BLOCK CAPITALS. Cheques payable to "CRaCA". Min age 16




FULL NAME MALE / FEMALE (delete as appropriate)
ADDRESS (inc Post Code) DATE OF BIRTH (dd/mm/yy)
..... AGE.....
PHONE NUMBER AFFILIATED CLUB.....
UKA MEMB NO..... AMOUNT ENCLOSED: £.....

I accept that I compete in this event at my own risk and that the organisers cannot accept liability for any accident, loss or damage as a consequence of my taking part in the 2005 LSR Cliviger 6 Road Race. I also agree to abide by the UK Athletics laws associated to this race. I understand that my personal details supplied on this form will be held on a computer database for the sole purpose of race administration only. [DOWNLOADED FROM UKRESULTS.NET](http://www.ukresults.net)

SIGNED..... DATE.....

Lancaster & Morecambe Race Series

<p align="center"><u>GOLDEN BALL 5KM</u> MAY 15th 2005 Attached £4 Unattached £6 Start 11am Start: Golden Ball Pub Snatchems</p>		<p align="center"><u>MORECAMBE 10KM</u> JUNE 5th 2005 Attached £6 Unattached £8 Start 11am Start: Station Pub Morecambe</p>	
<p align="center"><u>WAGON & HORSES 10M</u> JULY 24th 2005 Attached £7 Unattached £9 Start 11am Start: Wagon & Horses Inn</p>		<p align="center"><u>LANCASTER HALF MARATHON</u> SEPTEMBER 4th 2005 Attached £9 Unattached £11 Start 11am Start: Salt Ayre Leisure Centre</p>	
Fun run starts 11.15am 2miles Fee £2.00		Fun run starts 11.15am 2miles Fee £2.00	
<p>Sponsored by:</p> <p align="center">Reebok</p> <p align="center">Pete Bland Sports Kendal</p>		<p align="center">HEALTH & FITNESS Qualified massage therapist (IHHT) & Sports scientist (BSc) 07855235164 or 01524 60537</p> <ul style="list-style-type: none"> ▪ All races under UK Athletic Rules. ▪ Generous donations to local charities. ▪ Race series t-shirt to all those completing all four main events. ▪ Awards to all finishers in all events. ▪ Minimum prizes list for each event: Men 1-6, Ladies 1-6, 1st veteran in each category. ▪ All races a £1 extra on the day. 	
<p>ENTRIES TO: </p> Elaine Gardner, 58 Sibsey Street, Lancaster, LA1 5DF TEL:01524 60537		Cheques / Postal Orders payable to E. Gardner. Please enclose S.A.E 9" x 6" for number & information <u>Postal entries close 7 days before each event</u>	

Entry form - Lancaster & Morecambe series 2005

First name		Surname		LEAVE BLANK			
Address						I declare that I am an amateur as defined by UK Athletics Rules. I certify that I am fit to run and understand that the organizers will no way be held responsible for any injury or illness to myself or loss or damage to my property during the event. Signed..... Date.....	
Postcode			Male Female (delete as applicable)				
D.O.B			Club				
PLEASE TICK THE RACES YOU ARE ENTERING:							
				5km	10km	10mile	1 / 2 m
Enter the series £25 attached and £33 unattached				Fun run	Fun run	Fun run	

ukresults.net