



# TORRIER

DECEMBER 06

## CONGRATULATIONS TO OUR 2006 WINNERS



CLUB CHAMPION  
MARK GOLDIE



LADY CLUB CHAMPION  
& LADY FELL CHAMPION  
ALICE HEATH



GRAND PRIX  
CHAMPION  
ALEX WHITTEM



FELL CHAMPION  
ANDREW WRENCH



ROAD CHAMPION  
PAUL BRANNIGAN



LADY ROAD CHAMPION  
MEL BLACKHURST

MOST IMPROVED RUNNER, TOILET SEAT WINNER  
& CLUBMAN OF THE YEAR  
TO BE ANNOUNCED AT THE DO

# WHAT'S ON IN DECEMBER



## **HOT TODDY ROAD RACE SATURDAY 30TH DEC 11AM**

MARSHAL'S WANTED  
IF AVAILABLE TO HELP PLEASE RING PETER ON  
01706 813417  
FULL DETAILS ON ENCLOSED FLYER

- Sunday Dec 17th** Longridge 7 mile race 11am civic Hall Leyland  
the Stoop 11.30am 5m/800' Penistone Hill EOD
- Tuesday 26th Dec** 10k Leyland  
Whinberry Naze Dash 11.30 from Marl Pitts Fancy dress
- Sat 30th Dec** Hot Toddy
- Sun 31st Dec** Auld Syne 11.30am 6m/900' from Penistone Hill



**Bat Run Weds 20th December**  
Batman says "Wear a festive hat"

# WHAT'S ON IN JANUARY

## **BEST ESTIMATE**

**14TH JANUARY  
THE KEBS**

FULL DETAILS NEXT MONTH

**TOD HARRIERS  
MMM**

**SUNDAY 7TH JANUARY**

THREE HOUR SCORE EVENT FROM  
THE NEW DELIGHT

FULL DETAILS ELSEWHERE IN  
THIS ISSUE

# Mandy's Page

## Pack Runs

Wednesdays  
7pm start

DEC— WHITE SWAN  
HEBDEN BRIDGE

JAN— RAKE INN  
LITTLEBOROUGH

FEB— FIGHTING COCKS  
CLIVIGER

MAR—MASONS, BACUP RD  
TODMORDEN



THERE WILL BE BAT  
RUNS EVERY WEDS  
PACKRUN

BRING A HEADTORCH

## Speed Work

Tuesdays at 6.45pm

FOR THE NEXT MONTH AT  
LOB MILL

## E- groups

Anyone wanting to join the E-group  
please contact Ray "Ranter" Poulter on  
ray@gardeningsolutions.co.uk

We are also investigating the possibility of a forum  
and will definitely be having a news/info page on the  
website.

## LONDON MARATHON

We have three places for the London Marathon

Preference will be given to those who have  
entered and not got places.

Names will be drawn out of a hat in the  
next week or so.

Please contact Derek if interested

01422 842510

Or e-mail derek@todharriers.co.uk

## WALSHE'S SECRET SALE

In the first week in January Walsh are  
having a "Secret Sale" they will be  
giving 20%

To participate in this secret sale you  
need a voucher Derek has 15 of these.  
Contact him as above if you are inter-  
ested.

## Juniors

Mondays

Session £1

From

5.30 — 6.30 8yrs—11yrs

6.30 — 7.30 11yrs +

Juniors 11+ **must** have a visibility vest/  
jacket to go for a run.

Those without will have to stay in the gym.

As from mid December Eileen cannot take  
any **new** under 8's.

# 2006 GRAND PRIX TABLE

		Ilkley Moor	Hades Hill	Thieveley Pike	Liver Hill	Half Pendle	Anniversary Waltz	Lordstone	Coiners	Ennerdale	Holme Moss	Sedburgh	Tour of Pendle	Helen Windsor 10K	Radcliffe 6.5	Pauline Luketti	Accrington 10K	Lytham St Annes 10	Derwentwater 10	Bluebell	Burnley Fire 7	Liversedge 1/2M	Oldham 1/2M	Hendon Brook	Langda1/2M	OPTIMUM POINTS		Qualified?	Fell Races	Road Races
1	Alex Whitem	8	0	95.6	101.1	99.9	0	0	97.3	0	0	0	0	0	94	0	0	0	0	0	93.5	89.3	0	0	97.8	768.5	Equal	Q	4	4
2	Keith Parkinson	10	0	0	0	90.5	86.2	0	0	0	87.4	0	0	90.6	95.7	93.4	0	0	0	90.9	88.8	0	92.3	98.7	0	735.1	Road	Q	3	7
3	Mark Goldie	12	85.7	87.4	92.7	95.4	87.6	0	90.9	89.7	78.6	0	0	85.2	0	89.9	0	0	0	87.4	0	85.8	0	0	0	719.4	Fell	Q	8	4
4	Derek Clutterbuck	9	0	0	85.2	80	0	80.7	90.4	0	0	0	0	0	87.5	92.4	83.9	0	0	87.4	84.3	0	0	0	0	691.8	Road	Q	4	5
5	Melanie Blackhurst	13	0	0	0	0	77.9	73.4	83.4	0	0	0	0	86	0	86.4	86.5	84.6	0	86.3	85.6	86.1	85.4	90.5	86.8	671.2	Road	Q	3	10
6	Richard Leonard	11	73.8	76.3	85.3	84.7	0	80.3	0	0	74.4	0	0	72.7	78.4	0	0	81.6	0	80.6	0	0	0	88.2	0	655.4	Equal	Q	7	4
7	Alice Heath	10	0	80.9	82.1	82.8	70	74.7	0	0	0	0	74.2	0	82.7	82.1	0	0	0	79.9	0	0	0	0	79.8	645	Equal	Q	6	4
8	Peter Ehrhardt	8	0	78.8	0	0	0	0	80.3	0	0	0	0	79.3	82.5	79.9	81.1	0	0	0	81.1	0	0	0	0	631.5	Road	Q	3	5
9	Sharon Godsman	10	71.3	74.9	78.1	80.9	67	74.5	0	0	0	0	69.5	0	79.9	76.4	0	0	0	0	78.2	0	0	0	0	614.2	Fell	Q	7	3
10	Richard O'Sullivan	11	67	0	75.3	75.8	69.4	0	69.6	0	0	0	0	0	0	0	75.6	75.2	0	74	73.6	74.5	0	77	0	597	Road	Q	5	6
11	Claire Duffield	8	0	0	0	78.2	70	67.2	0	73	0	0	0	74.5	78.6	0	0	70.3	0	73.2	0	0	0	0	0	585	Equal	Q	4	4
12	Stuart Boulton	13	64.9	0	72.8	73	0	0	0	0	63.1	0	0	72.9	73.3	72.8	74.5	0	71.5	73.3	73.3	74.5	0	76.8	0	583.1	Road	Q	4	9
13	David O'Neill	8	61.7	66.5	72.1	73.9	66.3	0	0	0	0	0	0	69.8	68.9	0	0	0	0	67.3	0	0	0	0	0	546.5	Fell	Q	5	3
14	Andrew Wrench	10	0	103	106.3	103.3	97.6	98.1	101.5	101.4	82.2	0	89.9	0	0	0	103.5	0	0	0	0	0	0	0	0	619	X	X	9	1
15	Jonathan Wright	8	0	0	98.7	0	0	85.6	93.5	96.1	83.4	95.7	93.9	0	0	0	0	0	0	93.7	0	0	0	0	0	571.6	X	X	7	1
16	Mel Siddal	7	0	0	0	82	68.7	0	0	0	0	0	0	86.5	0	0	0	84.4	0	79.1	0	78.9	0	83	0	562.6	X	X	2	5
17	Richard Blakeley	6	0	0	0	96.4	0	0	0	0	0	0	83.9	0	0	0	95	0	96.9	93.5	94.8	0	0	0	0	560.5	X	X	2	4
18	Andrew Horsfall	8	90.3	0	0	95.3	90.1	92.4	93.5	0	87.5	91.7	0	0	0	0	0	0	0	94.6	0	0	0	0	0	557.8	X	X	7	1
19	Christopher Smale	7	96.3	101.2	108	0	0	101.3	102.5	0	81.1	0	98.3	0	0	0	0	0	0	0	0	0	0	0	0	511.3	X	X	7	0
20	James Riley	7	0	79.4	0	85.4	75.9	77.2	0	79.4	60.6	0	0	0	84.5	0	0	0	0	0	0	0	0	0	0	481.8	X	X	6	1
21	Shaun Godsman	7	0	95	0	99.8	92	94.6	0	96.2	81.7	0	0	91	0	0	0	0	0	0	0	0	0	0	0	477.6	X	X	7	0
22	Moyra Parfitt	5	0	0	0	0	0	0	100.5	0	0	0	0	91	96.4	0	0	0	0	95.1	91	0	0	0	0	768.5	X	X	1	4
23	Phil Hodgson	6	0	88.5	92	92.9	0	87.1	0	0	85	0	0	87.7	0	0	0	0	0	0	0	0	0	0	0	448.2	X	X	6	0
24	Paul Brannigan	6	0	0	0	0	0	0	0	0	0	0	0	90.5	0	0	85.9	0	93.6	84.4	0	0	0	87.2	87.8	445	X	X	0	6
25	Jane Smith	6	82.5	0	85.5	94.7	0	86.5	0	90.5	79.2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	439.7	X	X	6	0
26	Nick Wigmore	5	79.2	0	0	89.4	0	82.9	0	0	67.8	0	0	0	0	0	0	0	0	90.4	0	0	0	0	0	409.7	X	X	4	1
27	Mandy Goth	6	0	77.6	82	80	0	78.8	0	0	0	0	73.6	73.3	0	0	0	0	0	0	0	0	0	0	0	392	X	X	6	0
28	Nigel Hanson	6	0	0	0	0	0	0	0	0	0	0	0	0	78.4	0	76.6	74.4	0	67.9	75.5	73.7	0	0	0	378.6	X	X	0	6
29	Dave Collins	4	89.7	0	98.3	0	0	0	95.7	92.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	376.2	X	X	4	0
30	Melanie Nicholls	5	0	0	0	0	0	0	0	0	0	0	0	75.5	80.9	0	0	74.3	0	0	0	74.9	70	0	0	375.6	X	X	0	5
31	Simon Galloway	4	81.3	0	88.9	91.5	84.6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	346.3	X	X	4	0
32	Jeff Anderson	4	0	0	0	0	0	0	77.6	0	0	0	0	79.9	0	0	0	0	0	0	78.5	0	74.3	0	0	310.3	X	X	1	3
33	Ben Crowther	4	0	0	80.6	0	77.8	0	0	77	0	0	0	70.3	0	0	0	0	0	0	0	0	0	0	0	305.7	X	X	4	0
34	Martin Roberts	3	0	0	0	98.5	0	95.8	95	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	289.3	X	X	3	0
35	Derek Donohue	3	76	0	0	0	83	0	0	0	0	0	0	0	0	0	0	0	0	87.1	0	0	0	0	0	246.1	X	X	2	1

36	Kath Brierley	3	0	0	0	0	0	0	0	0	0	0	79.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	240.2	X	X	2	1
37	Sarah Glyde	3	0	0	0	0	0	0	0	0	0	0	0	79.9	0	0	0	0	0	0	75.9	78.3	0	0	0	0	0	0	234.1	X	X	0	3
38	Sue Roberts	3	0	77	77.1	0	0	0	76.6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	230.7	X	X	3	0	
39	Louise Abdy	3	0	74.8	76.5	0	0	0	0	0	0	0	0	0	0	76.2	0	0	0	0	0	0	0	0	0	0	0	227.5	X	X	2	1	
40	John Page	3	70.8	0	79.6	0	0	0	0	76.8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	227.2	X	X	3	0	
41	Peter Bowles	3	69.9	0	0	0	0	0	0	77.7	0	0	0	0	0	0	0	0	0	0	76.6	0	0	0	0	0	0	224.2	X	X	2	1	
42	John Newby	3	0	66.4	0	0	0	0	0	0	0	0	0	0	0	75	0	0	0	0	0	68.6	0	0	0	0	0	210	X	X	1	2	
43	Tina Smith	3	59.8	0	71.2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71.2	0	0	0	0	0	0	0	202.2	X	X	2	1	
44	Ian Stansfield	3	0	59.5	67.1	0	0	0	0	0	0	0	0	0	0	63.4	0	0	0	0	0	0	0	0	0	0	0	190	X	X	2	1	
45	Paul Burnett	2	0	88.9	0	0	0	0	89.2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	178.1	X	X	2	0	
46	Andrew Bibby	2	0	0	0	0	0	81.4	0	0	0	0	0	0	0	0	0	0	0	86.6	0	0	0	0	0	0	0	168	X	X	1	1	
47	Jeff Walker	2	0	0	0	0	0	0	80.9	0	0	0	0	0	0	0	0	0	0	82.8	0	0	0	0	0	0	0	163.7	X	X	1	1	
48	Deon Bamford	2	76.3	0	0	0	0	0	0	0	0	0	0	0	0	0	80.6	0	0	0	0	0	0	0	0	0	156.9	X	X	1	1		
49	Rachel Skinner	2	0	0	0	0	0	0	78.5	0	0	0	0	0	0	0	0	0	0	77	0	0	0	0	0	0	0	155.5	X	X	1	1	
50	David Wilson	2	71.4	0	0	0	0	75.4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	146.8	X	X	2	0		
51	Heather Simpson	2	0	0	0	0	0	0	0	0	0	0	74	0	0	0	0	0	0	70.4	0	0	0	0	0	0	0	144.4	X	X	0	2	
52	Wayne Morrison	2	0	0	0	0	70.3	67.4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	137.7	X	X	2	0	
53	Janine Wigmore	2	64.4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	72.6	0	0	0	0	0	0	0	137	X	X	1	1	
54	Laura Sutcliffe	2	0	64.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	67.3	0	0	0	0	0	0	0	131.8	X	X	1	1	
55	Charlotte Woodhead	2	0	0	0	0	0	0	0	0	0	0	0	0	0	67	0	0	0	0	64.6	0	0	0	0	0	0	131.6	X	X	0	2	
56	Simon Anderton	1	0	0	0	0	0	0	0	0	0	0	0	0	0	95.3	0	0	0	0	0	0	0	0	0	0	0	95.3	X	X	0	1	
57	Christine Preston	1	0	0	0	0	0	0	0	0	0	0	87.8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	87.8	X	X	1	0	
58	Mark Anderton	1	0	0	0	0	0	0	0	0	0	0	0	0	85.9	0	0	0	0	0	0	0	0	0	0	0	0	85.9	X	X	0	1	
59	Eric Emerson	1	0	0	0	0	0	0	0	0	0	0	0	0	85.3	0	0	0	0	0	0	0	0	0	0	0	0	85.3	X	X	0	1	
60	Bohuslav Barlow	1	0	0	0	0	0	0	0	0	0	0	0	0	0	85.3	0	0	0	0	0	0	0	0	0	0	0	85.3	X	X	0	1	
61	Lynne Griffiths	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	84	0	0	0	0	0	0	0	84	X	X	0	1	
62	Ashley Wright	1	0	0	0	0	0	0	0	0	0	0	0	0	0	83.1	0	0	0	0	0	0	0	0	0	0	0	83.1	X	X	0	1	
63	Ashley Wright	1	0	82.8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	82.8	X	X	1	0	
64	Alison Richards	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	81.1	81.1	X	X	0	1		
65	Mark Harris	1	0	0	0	0	0	78.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	78.5	X	X	1	0	
66	Francis Richardson	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	77.6	0	0	0	0	0	0	0	0	77.6	X	X	0	1	
67	Greg Elwell	1	0	77.2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	77.2	X	X	1	0	
68	Colin Duffield	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	73.5	0	0	0	0	0	0	0	73.5	X	X	0	1	
69	Lisa Parsons	1	0	0	0	0	0	0	0	0	0	0	71.8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71.8	X	X	1	0	
70	Julia Holt	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	69.8	0	0	0	0	0	0	69.8	X	X	0	1	
71	Rhys Watkins	1	0	0	0	0	0	68.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	68.5	X	X	1	0	
72	Helen Hodgkinson	1	56.9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	56.9	X	X	1	0	

## 2006 FELL TABLE

			Ikley Moor	Hades Hill	Thieveley Pike	Liver Hill	Half Pendle	Anniversary Waltz	Lordstone	Coiners	Ennerdale	Holme Moss	Sedburgh	Tour of Pendle			
1	Andrew Wrench	V40		99.2	102.3	100.4	94.8	95.3	98.6	98.5	79.9		86.5		9	585.5	Q
2	Christopher Smale	V40	91.9	96.5	103.0			96.6	97.8		77.4		93.8		7	579.6	Q
3	Shaun Godsman	M		95.0		99.8	92.0	94.6		96.2	81.7			91.0	7	568.6	Q
4	Jonathan Wright	M			98.7			85.6	93.5	96.1	83.4	95.7	93.9		7	563.5	Q
5	Mark Goldie	M	85.7	87.4	92.7	95.4	87.6		90.9	89.7	78.6				8	534.9	Q
6	Andrew Horsfall	V40	86.9			91.7	86.7	89.0	90.0		84.2	88.3			7	532.6	Q
7	Phil Hodgson	V45		78.0	81.1	82.7		77.5			74.9			77.3	6	471.5	Q
8	James Riley	M		79.4		85.4	75.9	77.2		79.4	60.6				6	457.9	Q
9	Richard Leonard	V45	67.0	68.6	76.7	77.0		73.0			67.6			65.4	7	429.9	Q
10	Alice Heath	L		73.2	74.2	74.8	63.3	67.5						67.0	6	420.0	Q
11	Jane Smith	LV45	65.3		67.7	75.0		68.4		71.7	62.7				6	410.8	Q
12	Sharon Godsman	L	64.4	67.7	70.6	73.1	60.6	67.4						62.8	7	406.0	Q
13	Mandy Goth	LV45		62.2	65.7	64.2		63.2					59.0	58.8	6	373.1	Q
14	Alex Whitem	M		95.6	101.1	99.9				97.3					4	393.9	X
15	Richard O'Sullivan	V40	62.7		69.8	70.9	64.9			65.1					5	333.4	X
16	Dave Collins	V50	79.1		86.6				84.4	81.5					4	331.6	X
17	Simon Galloway	V40	78.3		84.8	87.3	80.7								4	331.1	X
18	Nick Wigmore	M	79.2			89.4		82.9			67.8				4	319.3	X
19	Ben Crowther	M			80.6		77.8			77.0				70.3	4	305.7	X
20	David O'Neill	V45	55.5	59.8	64.2	66.4	59.6								5	305.5	X
21	Claire Duffield	L				78.2	63.3	60.8		66.0					4	268.3	X
22	Martin Roberts	V45				88.6		86.2	85.5						3	260.3	X
23	Stuart Boulton	V45	58.9		66.1	66.3						57.4			4	248.7	X
24	Keith Parkinson	V50				78.1	74.4					75.4			3	227.9	X
25	Derek Clutterbuck	V70			54.7	51.4		51.8	58.1						4	216.0	X
26	Melanie Blackhurst	LV40					67.1	63.2	71.0						3	201.3	X
27	John Page	V50	59.8		66.5					64.9					3	191.2	X
28	Sue Roberts	LV40		63.9	63.3				63.7						3	190.9	X
29	Peter Ehrhardt	V55		62.0					63.2			53.9			3	179.1	X
30	Paul Burnett	M		88.9						89.2					2	178.1	X
31	Peter Bowles	M	69.9							77.7					2	147.6	X
32	Derek Donohue	V45	69.8				76.1								2	145.9	X
33	Richard Blakeley	V60				73.1								62.8	2	135.9	X
34	Wayne Morrison	V40					68.3	65.5							2	133.8	X
35	David Wilson	V50	62.9					66.5							2	129.4	X
36	Kath Brierley	LV40									65.3			60.5	2	125.8	X
37	Mel Siddall	LV40				67.4	56.4								2	123.8	X
38	Louise Abdy	LV45		60.0	61.3										2	121.3	X
39	Tina Smith	L	54.0		64.3										2	118.3	X
40	Ian Stansfield	V60		44.5	50.2										2	94.7	X
41	Ashley Wright	M		82.8											1	82.8	X
42	Jeff Walker	M								80.9					1	80.9	X
43	Mark Harris	M						78.5							1	78.5	X
44	Greg Elwell	M		77.2											1	77.2	X
45	Christine Preston	LV40												73.9	1	73.9	X
46	Deon Bamford	V40	72.7												1	72.7	X
47	Jeff Anderson	V45								72.6					1	72.6	X
48	Rachel Skinner	L								70.9					1	70.9	X
49	Andrew Bibby	V50						70.3							1	70.3	X
50	Rhys Watkins	V40						66.6							1	66.6	X
51	Moyra Parfitt	LV60								65.1					1	65.1	X
52	Lisa Parsons	LV40												60.5	1	60.5	X
53	Laura Sutcliffe	L		58.3											1	58.3	X
54	Janine Wigmore	L	58.2												1	58.2	X
55	Helen Hodgkinson	L	51.5												1	51.5	X
56	John Newby	V70		43.3											1	43.3	X

## 2006 ROAD/TRAIL TABLE

			Helen Windsor 10K	Radcliffe 6.5	Pauline Luketti	Accrington 10K	Lytham St Annes 10	Derwentwater 10	Bluebell	Burnley Fire 7	Liversedge 1/2 M	Oldham 1/2 M	Hendon Brook	Langdale 1/2 M			
1	Paul Brannigan	V40	86.7			82.3		84.4	81.4				83.5	84.1	6	502.4	Q
2	Keith Parkinson	M50	80.3	84.2	79.7				80.6	78.1		81.8	87.5		7	494.1	Q
3	Melanie Blackhurst	LV40	73.4		73.5	73.8	72.9		74.3	73.0	74.1	73.6	77.2	74.1	10	447.1	Q
4	Richard O'Sullivan	V40				70.8	71.0		69.9	69.0	70.3		72.6		6	423.6	Q
5	Stuart Boulton	M45	67.2	67.6	66.1	68.8		66.0	67.7	67.6	70.3		70.8		9	412.8	Q
6	Nigel Hanson	V45		70.7		69.1	67.6		61.2	68.0	67.0				6	403.6	Q
7	Alex Whittem	M			94.0					93.5	89.3			97.8	4	374.6	X
8	Mark Goldie	M	85.2		89.9				87.4		85.8				4	348.3	X
9	Mel Siddal	LV40	71.8				70.0		65.6		65.5		68.8		5	341.7	X
10	Melanie Niicholls	L	68.3	73.1			67.2			67.7	63.2				5	339.5	X
11	Peter Ehrhardt	V55	65.6	68.2	62.9	67.1				67.0					5	330.8	X
12	Richard Blakeley	V60				75.5		77.0	75.0	76.1					4	303.6	X
13	Richard Leonard	V45	72.4			74.7		73.8					81.3		4	302.2	X
14	Derek Clutterbuck	V70		61.0	59.4	58.4			60.9	58.7					5	298.4	X
15	Alice Heath			74.7	74.2				72.2					72.2	4	293.3	X
16	Claire Duffield	L	67.4	71.1			63.5		66.2						4	268.2	X
17	Moyra Parfitt	LV60	62.7	66.4					65.5	62.7					4	257.3	X
18	Jeff Anderson	V45	75.4							74.1		70.1			3	219.6	X
19	Sharon Godsman	L		72.2	69.0					70.7					3	211.9	X
20	Sarah Glyde	L	72.2						68.6	70.7					3	211.5	X
21	David O'Neill	V45		63.9	62.0				61.6						3	187.5	X
22	Heather Simpson	L	66.9						63.7						2	130.6	X
23	Charlotte Woodhead					60.6				58.4					2	119.0	X
24	Andrew Wrench	V40			99.7										1	99.7	X
25	John Newby	V70			48.9					48.4					2	97.3	X
26	Jonathan Wright	M							93.7						1	93.7	X
27	Andrew Horsfall	V40							91.3						1	91.3	X
28	Nick Wigmore	M							90.4						1	90.4	X
29	Simon Anderton	V45			87.5										1	87.5	X
30	James Riley	M		84.5											1	84.5	X
31	Ashley Wright	M			83.1										1	83.1	X
32	Jeff Walker	M							82.8						1	82.8	X
33	Mark Anderton	V40	81.7												1	81.7	X
34	Derek Donohue	V45							81.0						1	81.0	X
35	Deon Bamford	V40					77.2								1	77.2	X
36	Andrew Bibby	V50							76.8						1	76.8	X
37	Peter Bowles	M							76.6						1	76.6	X
38	Eric Emerson	V50	75.1												1	75.1	X
39	Alison Richards	L												73.3	1	73.3	X
40	Colin Duffield	V40							71.4						1	71.4	X
41	Kath Brierley	LV40				70.9									1	70.9	X
42	Rachel Skinner	L							69.6						1	69.6	X
43	Lynne Griffiths	LV45							68.4						1	68.4	X
44	Bohuslav Barlow	V55			67.9										1	67.9	X
45	Janine Wigmore	L							65.6						1	65.6	X
46	Francis Richardson	V60					64.8								1	64.8	X
47	Tina Smith	L							64.3						1	64.3	X
48	Louise Abdy	LV40			61.1										1	61.1	X
49	Laura Sutcliffe	L							60.8						1	60.8	X
50	Julia Holt	LV40								59.6					1	59.6	X
51	Ian Stansfield	V60			47.4										1	47.4	X

## 2006 CLUB CHAMPION

	FS	FM	FL	RS	RM	RL	POINTS
1 Mark Goldie	95.4	90.0	78.6	89.9	87.4	85.8	<b>527.1</b>
2 Keith Parkinson	78.1	74.4	75.4	84.2	80.6	87.5	<b>480.2</b>
3 Richard Leonard	77.0	73.0	67.6	74.7	73.8	81.3	<b>447.4</b>
4 Alice Heath	74.8	67.5	67.0	74.7	72.2	72.2	<b>428.4</b>

## FACTO'S FACILE FACTS 2006

### GRAND PRIX

**72 runners ran in at least one race. Mel Blackhurst and Stuart Boulton ran the most races, each with 13. There were 13 runners who qualified for the Grand Prix.**

### FELL CHAMPIONSHIP

**50 runners ran at least one race, with Andrew Wrench running the most (9). The average attendance was 16, Thieveley and Liver Hill being most popular (23 ran) and Sedbergh Hills least (4 ran). There were 13 runners who qualified for the Fell Championship.**

### ROAD CHAMPIONSHIP

**51 runners ran at least one race, with Mel Blackhurst running the most (10). The average attendance was 11, the Bluebell Trail most popular (29) and Oldham Half Marathon the least (3). There were 6 qualifiers for the Road Championship.**

## TODMORDEN HARRIERS MINI MOORLAND MARATHON **SUNDAY 7<sup>th</sup> JANUARY 2007**

A good event to test your navigational skills and early season fitness. (on your own or as part of a team)

Probable cost **£2.50** Results & Prize Giving in the pub after the event - Food will be available in the pub.

This **3 hour score** event will take place from the **NEW DELIGHT** pub near Blackshaw Head (GR 962282). It will run in the same format as last year. **Please let me know in advance if you are entering. Only those who pre-enter will be guaranteed a pre-marked map.** Entry is possible on the day but you will need to bring **OS 25,000:1 South Pennines, Outdoor Leisure 21** on which you will be able to copy the controls from a master map.

Start Times at one minute intervals from 09.00 hrs. Latest start time will be 10.00hrs – please arrive as early as possible. You can run as an individual or as a team of two or more.

Maps and control cards with points values will be issued when you start. Controls can be visited in any order – Greatest cumulative score wins. In the event of a points tie the fastest time will win. - 5 points are deducted from your score for every minute you take over the three hours. Each checkpoint will contain a wooden stake marked with a RED/WHITE triangles and will have its own unique letter code. Please record the codes from each checkpoint you visit on the control card - **Note you will need to bring a permanent (red) marker pen or chinagraph pencil for this.**

**Remember that this is wild country in mid-winter with no flagged routes or marshals – you must be equipped and have the appropriate navigational skills to take care of yourself on remote moorland. If in doubt run as part of a team.**

**FULL BODY COVER, COMPASS, WHISTLE, HAT, GLOVES and EMERGENCY RATIONS must be carried by all competitors**

If you want to pre-enter to guarantee your pre-marked map then please telephone Mandy 01422 844936 or Dave 01706 814367



# FORTHCOMING LOCAL FELL RACES

## **Sunday 17<sup>th</sup> December**

### **The Stoop** BM 5 miles/ 800ft

11.30, Penistone Hill, Near Haworth.

*Friendly, flagged, fun, and fairly muddy.*

*It's a Dave and Eileen Woodhead venture, so expect chocolate and shouting at the prize giving. Hugely popular race and rightly so.*

## **December 26<sup>th</sup> Boxing Day!**

### **Whimberry Naze Dash** BS 4 miles / 750ft

11.30, Marl Pits, Rossendale

*Annual fancy dress extravaganza disguised as a fell race! Last time I did it costumes included, men in dresses, 'Viz' style Fat Slags, and funny policemen. A bit like a night out in Bacup. Also Ben's promised to dress as a hairy fairy. As I said, a bit like a night out etc...*

## **Sunday 31<sup>st</sup> December**

### **Auld Lang Syne** BM 6 miles / 900ft

11.30, Penistone Hill Country Park, Oxenhope

*Festive fun in abundance. A bottle of beer for every finisher. What more do you want?*

## **Monday 1<sup>st</sup> January**

### **Giant's Tooth** CS 3miles / 400ft

12.00, Ogden Reservoir Embankment (off the A629 Halifax-Keighley Road)

*If you're quick enough, and drunk enough, you can finish your first race of 2007 before you've sobered up from the previous night.*

## **Saturday 6<sup>th</sup> January**

### **Ovenden Fell Race** BM 8miles / 1200ft

11.30, Ogden Reservoir Embankment (off the A629 Halifax-Keighley Road)

*Wintery sort of affair. Organisers are keen on full body cover etc, so think on.*

## **Sunday 28<sup>th</sup> January**

### **Stanbury Splash** BM 7 miles / 1200ft

10.30, Penistone Hill Country Park, Oxenhope

*Another Woodentop production with all that entails. Always popular, particularly amongst Toddlies. Also a plethora of junior races with added bonus cabaret consisting of the comical shouting of competitive dads, hysterical kiddies, etc*

## **Sunday 28<sup>th</sup> January**

### **White Holme Circular** CL 12miles / 1200ft

10.30, Summit Inn, Summit

*Apparently a race resurrected from the impenetrable mists of time. Will probably suffer from being on the same day as Stanbury . Seems to basically entail running around the resersers twixt Blackstone Edge and Stoodley. Gentle stuff for an 'L'.*

## Winter Pack Runs- 10 Essential Etiquette Points

None of us like rules but...

1. Remember, you're running with other people, this means looking out for the well being of other members of the group. This means trying to be aware if your group is being spread out or anyone's struggling. If somebody hurt themselves at the back of the group would you know?
2. This is probably the most important rule. Enjoy yourself! It's not a race. Don't feel challenged if someone's in front of you. You don't have to bust a gut to prove you can overtake them. Also please bare in mind that as two people start racing, it becomes a race for everyone behind as they try and keep up.
3. Don't think you have to run with the same group every week. We have several different groups on most Wednesdays. If you want to push yourself, move up a group, if you want an easy night go down a group. Being in the correct group will help you abide by Point 2.
4. Wait at junctions where there's a choice of which way to go. If you shoot off, the people following won't know where you've gone. If you're getting itchy feet because you feel like you've been waiting a long time, run back and find anyone struggling. They'll appreciate a bit of encouragement.
5. If you decide to cut your run short and head back on your own, let somebody know.
6. Wear something reflective on the roads in winter.
7. Again on the roads at night, try and all go to the same side to let cars pass. Often we're on narrow roads without a pavement and it's difficult for cars to get by.
8. If your group feels a bit unwieldy and it seems like a good idea to split it in two during the run, do this when regrouping at a junction (see Point 4) and make sure everyone knows what's going on.
9. Watch out for pedestrians; if at all possible get out of their way rather than waiting for them to get out of yours. They've just as much right to be there as you.
10. Never call the Bats group the 'Batty Boys' as this can cause offence.

## Are you a Humble Blanc Buddhist?

Are you bored with us wittering on about the Tour Du Mont Blanc. Well by all accounts it's not going to improve. Entries for 2007 open online on the 8<sup>th</sup> January. We expect feverish demand for places so you need to be quick.

Why do I want to do it again ?.....err, good question. For me it's a spiritual thing. In the middle of nowhere with only flimsy tape markers guiding the way. No detailed map, no compass. Completely at the mercy of the helpers not only for the regular food stops but for their encouragement and support.

I understand that trainee Buddhist Monks spend one year, or more, in society with no money, fully reliant on the good nature of people. Not even able to beg. If no one offers them food then they don't eat. How humble can that be ?

The UTMB has parallels to this. Totally reliant on the support of others. Completely knackered, possibly not thinking straight, even hallucinating, in the middle of a strange country, not able to speak the language, body hurting, feet on fire. The only way to finish is to venture forward into the unknown, getting even more knackered, getting even more reliant on the help of others. A leap of faith is required, for which you are rewarded. Rewarded big style.

If you want more information then speak to either Phil, Richard Leonard or myself ('cos we did it last year) – but expect us to rabbit on for a while. It's worth noting that at least 2 Toddy ladies are considering it so it is most definitely not limited to blokes. Accommodation and food in Chamonix is good so why not make a long weekend out of it.

Check out [www.ultratrailmb.com](http://www.ultratrailmb.com) 98 miles around the undulating valleys and cols of Mount Blanc. Where else can you run through the middle of a village to the ringing of cow bells, clapping and shouting of the locals – at 4 o'clock in the morning.



Rhys Watkins (I know..... it's time somebody shot me)

kins (/

## KIKI'S CORNER

### Well Toddies

Another year almost over, I hope you are all thinking about your New Year's Resolutions. I have been looking into my crystal compass and foresee that the Ladies are going to have a good year. Our numbers are expanding rapidly and motivation is high. In fact I've heard rumours that some of the men are struggling to keep up with some of the female runners. I think you can still buy reins from Mothercare, so if you think you need a bit of help you could lasso one of the lasses to get a bit of help on the climbs, in fact why not get into the Xmas spirit & attach bells on – come on Dancer, Prancer, Donner & Blitzen away!

Dear Kiki,

I feel I must write to you regarding an issue that is causing myself and no doubt other fell runners some concern. I know some people will go to any lengths to get their face in the Tod News, as fame is now considered to be a compulsory part of our existence, but I have become unnerved by the worrying number of paparazzi out on the fells. I used to get a little bit worried about the race, but now I am worried that I may be snapped, when I'm least expecting it, and usually when I am either purple with exertion and/or wearing non-matching clothing. I was once asked to smile which I thought might improve the shot, but this resulted in a 'distressed primate' image, and I am not proud of it. Another shot looked as though I was dribbling and running in a state of semi-consciousness, which although may be factually correct, is not how I wish myself, or others to view me.

Indeed here is another issue, these images are downloaded on the internet and I know there's a lot of sick people out there who are only to glad to sit and slaver over these appalling images, or even worse, show their friends and laugh.

I have in fact considered bribing these happy snappers **not** to publish these photos or to have the photos disguised to protect my identity, maybe I could wear a veil and claim I am a highly religious fell runner (I don't think it would affect my navigation but it could interfere with food consumption). Do you have any useful suggestions as I am becoming stressed at the prospect of being snapped again.

Yours desperately

Justine Agoné

Dear Justine,

Thank you for your recent letter. I can understand your concern about the 'happy snappers' on the fell, may I suggest the following :-

Get well & truly muddy, to conceal your identity.

Point to the sky & shout 'look a golden eagle'

Grab the camera & chuck it into the nearest cowpat.

Failing this never be too downhearted as you will never look as bad as the blokes in the 'recent' Calderdale Way photos.

Yours aerobically,

Kiki.

Dear Kiki

I have an embarrassing problem. I appear to be having problems with directions. I know it's probably just psychological but no matter how hard I try I can't seem to get there if you know what I mean. Whilst my wife has been very sympathetic she appears to have told everyone I know. This has dented my male pride even further. She's suggested that I should resort to GPS but I don't trust Doctors. Can you recommend any tablets that might help the red end of my compass needle point North?

Yours

Disoriented Dick

Dear Dick,

I think a sensitive touch is needed for this one. Worry not about your needle, indeed be thankful it is red and not luminous green like some I have seen. First of all check for bubbles, they can be off putting and yet at the same time entertaining. As a novice navigator I assume practice is what is required. Be bold, get it out as much as you can on the open moor. Make sure it is held straight out in front of you, keep it steady and don't let it swing about too much. Take time to study the contours very carefully, and whatever you do avoid the tussocks at all costs. If this doesn't work then I suggest you take your wife away with you on one of those special weekend courses where you can get individual tuition and more 'hands on' experience. Let me know how you get on.

Yours sympathetically

Kiki

## Râs Fynydd Pedol Peris - Peris Horseshoe Mountain Race

16 September 2006 - 17½ miles/8,500 feet ascent

After the “success” of Ennerdale, i.e. I lived – see July’s Torrier – I realised that to similarly survive the OMM I needed to have some more ALs under my belt. Having missed both Borrowdale and Sedburgh in quick succession through injury, that left the Peris Horseshoe in Snowdonia and the Pentland Skyline on the southern outskirts of Edinburgh. I must be mad....



Peris was the sixth and final counter in this year’s 2006 British Championship. Although shorter, but with more climbing, than Ennerdale, the drop out rates for this year’s races were comparable and that backed up Mandy’s helpful pre-race advice, “I’ve heard it’s harder than Wasdale”. Oh goody...

I was familiar with the route over the Glyders from the Welsh 3000s, and had recced the second half with a friend from work, so this knowledge made the morning’s forecast of clear blue skies, no breeze and 23°C somewhat alarming. Two hours later we were in Llanberis and wandered into the Community Centre to register, a huge and recently constructed building which made for a fantastic race HQ. A local physio’s practice was on hand to offer both pre and post-race massages – an excellent idea and surely a must at every SL!

The race starts with a half runnable slog up through a disused slate quarry to the summit of Elidir Fawr, a climb of just shy of 2,700 feet in about 2 ¾ miles - Lloyd Taggart was first to this checkpoint in 38 minutes 12 seconds!! There is then a fantastic stretch of running via Y Garn and Llyn y Cwn to the foot of the Glyder screes, and then it’s just a case of digging in to get to summit of Glyder Fawr. I’m nearly there in the photo below, and Llanberis is just a dot at the head of the furthest lake.

Now, this is where the fun starts. I’d heard stories of The Perfect Route off Glyder Fawr down to the “half way” point at Pen-y-Pass youth hostel (it may be just under half way in distance but only about 1/3 in terms of effort), but on my recce the clag was down and I mostly followed the walkers’ path. Fortunately, I was able to reel in an Eryri runner and I held onto him down to the road, saving minutes off the group I had left the summit with. The Pen-y-Pass checkpoint was just brilliant – gallons and gallons of water and tonnes of Mars bars.

The next section, from the road over Y Lliwedd down to Bwlch y Saethau to the summit of Snowdon, run in those conditions, is unquestionably the hardest bit of fell running I have done since taking it up in April of last year. Looking at the split times, everybody faded on this stretch apart from Rob Jebb, Christine Howard and Jackie Lee. Of the leading runners, Simon Bailey in particular looked to have found the going tough.

From the summit of Snowdon, there are still 5 miles and over 3,200 feet of descent to go and many of the DNFs dropped out here and caught the train! There is also the 600 feet climb to Moel Cynghoria – felt like 6,000 feet – and the cramp inducing struggle through the very boggy Maesgwm, but not longer after the finish appears at the end of the wood. I’ll let official route description take it from here:

“A last sprint and you’re at the finish gate opposite the Victoria Hotel. Hot food and tea is only about 500 metres down the road at the community centre, but you’ll probably be so knackered by then that a 20 metre shuffle to lie down on the nice soft hotel car park will do.” Absolutely! But what a sense of achievement.....

James Riley

The view from Snowdon’s summit looking back across East and West tops of Y Lliwedd. Bwlch y Saethau – Hell’s Toilet – is hidden, but is directly below the bare chested runner in the foreground.



# Press Reports

## Shepherds Skyline

Fell runners from all over the North of England converged on the Shepherds Rest Inn on Lumbutts Road last Saturday as Todmorden Harriers hosted the 21<sup>st</sup> annual Shepherds Skyline Fell Race.

The race, ran over 6.2 miles with 1,150feet of ascent is one of the most popular fell races in the area, and this year attracted a bumper field of 240 entrants who tackled the moorland slog to Stoodley Pike and back via a couple of very testing climbs and 'kamikaze' style descents.

The race was won by multiple previous winner and former national champion, Ian Holmes of Bingley Harriers, who led from the earliest stages of the race. Giving chase to the winner were a posse of local runners, foremost amongst these was Karl Grey of Calder Valley, who made significant inroads into Holmes' lead in the latter stages of the race, crossing the line in second place, just 12 seconds adrift. Todmorden resident James Logue, who runs in the colours of Horwich RMI crossed the line in fourth, heading a closely packed group that included Todmorden's Andy Wrench and Shaun Godsman along with Calder's Adam Breaks. These three had had conducted their own private battle along the course and only five seconds split Wrench and Godsman at the line, finishing fifth and sixth respectively. Breaks followed some thirty seconds later for seventh place.

In the ladies race, England international Jo Waites of Calder Valley destroyed the rest of the field for an emphatic victory finishing over five minutes in front of her nearest challenger. Her superb run saw her shatter her own record by a startling two minutes and leave a number of the elite men trailing in her wake.

The team prizes were scooped by Calder Valley in the mens' competition after a close battle with Tod, whilst the ladies' prize went home with a strong team from Ilkley Harriers.

In addition to the senior race, junior races were held for the second time. These races were held over shortened but nevertheless tough courses, and gave even the youngest athletes a taste of 'proper' fell running. Local clubs' recent efforts to encourage junior runners seemed to pay dividends as large contingents of youngsters turned out from both Todmorden and Calder Valley. Competition was just as keen as in the senior races with several winners just edging their victories after exciting sprints for the line.

After the races, organiser Phil Hodgson thanked the Landlord and staff of the Shepherds Rest for their excellent hospitality and the Langfield Commoners for their help in staging the race.

## The Tour Of Pendle

Todmorden Harriers finished off Club's Fell Championship with the season's final long race last Saturday.

The Tour of Pendle is a classic 17 mile slog around the famous Lancashire hill. Runners start in the village of Barley before visiting 11 checkpoints in a slightly erratic fashion as the route climbs and descends several times before heading back to the village hall.

As with any race at this time of year, weather conditions are important to the competitors. This year icy winds, rain, and occasional hail made the race something of an endurance test as runners battled with the arctic elements. These conditions were obviously to the liking of race winner Karl Grey of Brighouse, who runs in the colours of Calder Valley Fell Runners. His time of 2.19.27 beat international mountain runner Lloyd Taggart of Sheffield's Dark Peak Club into second place by a margin of just five seconds.

The combination of the inclement weather and events elsewhere meant that the contingent of Harriers who travelled into deepest Lancashire was slightly smaller than might usually have been expected for a club championship race. However, despite his lack of support at the 'sharp end', Shaun Godsman ran well to claim Tod's highest position in 11<sup>th</sup> place, some 15 minutes behind Gray. First lady Harrier to finish was Chris Preston who ran a superb race to finish in 4th position in a quality ladies' field.

## Derwent Water 10

In the week before the Tour of Pendle, the Harriers also wrapped up this year's road Championship at the Derwent Water 10, held in Keswick. The four Harriers who made the journey were treated to a testing course that made them earn their championship points! The race was won by Mike Scott of Border Harriers in a time of 53.56 after he out sprinted second placed Steve Littler of Wesham. Adam Breaks of Halifax Harriers ran well to come home in third. First Tod athlete to finish was Paul Brannigan in 44<sup>th</sup> position with a time of 1.04.13; he was followed some six minutes later by club mate Richard Blakeley who finished in 108<sup>th</sup> place.

## OMM 2006 – The ‘Orrible Mountain Marathon

We were still on speaking terms with Mandy and Chris on Saturday morning. We laughed and joked about lightweight gear and how rough the terrain was going to be. “The clag’s down to the trees,” we grinned in anticipation. Steaming mugs of tea in our hands, merriment prevailed over a breakfast of muesli and luxury scones. Kitted up we strolled along the track to the start exchanging banter with fellow competitors. Surprisingly, lots of our usual arch-rivals had also entered the Long Score Class of the OMM (the reincarnation of the KIMM), including Mandy and Chris. “We should get some scalps,” we agreed, macho competitiveness kicking in even at such an early hour in the morning. And Mandy and Chris? “They’ll do well against the other womens’ teams,” we nodded sagely, but they won’t worry us. Well, they’re just girls.

We pored over the map just past the start, clock running and ears pounding with adrenaline. Just less than seven hours to go. The checkpoints apparent random scattering disguised the course setters cunning thought process. Undaunted, we pulled out our latest amazing high tech navigational gadget. Wiggling the piece of string left and right we tried to capture big points without ending up short of the midway camp. Just how far could we run in seven hours on some of the most inhospitable terrain known to man. How long is a piece of string? Ours was 20km, in relative terms, an innovative weight saving plan on my part as we’d guessed our total probable distance for the day at 40km. We’d just lay the string out twice.

It’s always nice to go straight to the first checkpoint. But, you can’t get it right every time. Having forgotten, in our enthusiasm, to look at the checkpoint description we’d missed it and negotiated several hundred yards of knee-deep swamp before realising our error. Swearing, we returned to the kite through the leg sapping morasse. And guess where the next checkpoint was? Up the hill at the other side of the accursed mire. More sapped legs, and to cap it all, Dave disappeared into the evil smelling bog up to his armpits. “Well, it can’t get much worse than this, can it!” Dave grunted. But it did.

“Do you know where we are?” we asked a passing competitor as we stood scratching our heads in the thick clag by a hilltop lochan that, by my reckoning, should have our third checkpoint next to it. “There,” he pointed, on my map. I looked sheepishly at Dave. “We’re on the wrong bloody hill”, I confessed.

Many tussocky miles later, after a short cut which resulted in us thrashing through the kind of impenetrable forest that would stop an Ent in its tracks, and half an hour wandering a barren hillside finding every small pond except the one that hid yet another water sodden checkpoint, we were religiously following our compass bearing towards the “large boulder” of the checkpoint description. “There’s the wall,” Dave shouted triumphantly, referring to the arrow like feature on our maps that we should have followed in the first place. “Where?” I replied.

“Down there, can’t you see it?” Now I know my eyes are bad but there definitely wasn’t a wall. “You’re hallucinating again” I chided, reminding him of our Mont Blanc fantasies. But, this was bad. If we couldn’t even find a wall several miles long, what chance of finding a boulder. It was at this point that we realized that both our compasses must be malfunctioning. There was obviously some strange magnetic anomaly under our feet. Even worse it appeared to be following us!

Thus, two bedraggled and demoralized figures jogged lamely down the track to the half way camp, in on time but with little in the way of points to testify to the day’s exertions. Worse news was to come. Mandy and Chris, having gone unerringly to every checkpoint they pointed their compasses at, had amassed 10 points more than us. The shame! And every competitor on the campsite seemed to know about it. The greeting, “I hear Mandy and Chris are beating you” started to jar a little after the thousandth repetition. Putting a brave face on it, we amused ourselves by blowing up our balloon beds. Honest! These were our latest weight saving innovation. Seven long balloons held together by a flimsy piece of pex fabric and, hey presto, a comfy mattress. And we could make a variety of lifelike balloon animals as well.

The second day started far more successfully. “Let’s do it!” we agreed having decided overnight that it had to be all or nothing. We dispensed with the piece of string and headed for faraway checkpoints with big points. Our strategy seemed to be working. We even found some trods we could actually run on. “Shall we go for that one as well?” We scanned our map. “We might as well, it’s not too far off our route back.” Bad move. We should have headed straight for the finish. Plagued by unrunnable ground we eventually resorted to running in the shallow water at the edge of a loch to give us a break from the waist deep tussocks we’d struggled through for the preceding hour. And we now noticed, having studied the map a little more intently, that the nice path on which we’d intended to “hammer” back to the finish, more likely resembled one of the numerous linear quagmires that masquerade as paths in the Galloway Hills. And it went over a big hill on the way. And it was 14 km to the finish. And we only had an hour left. “That’s blown it!”

Two hours and forty minutes of arduous bog bashing and tree thrashing later we ran the final 200 metres to the finish. Fortunately everyone had not yet packed up and gone home. And somehow they already knew of our predicament. Of the 380 points we’d amassed we’d blown over half in time penalties. “The girls have done well,” we were reassured by everyone we passed. “They were getting a bit worried about you...thought you’d got lost or something.” We grinned and beared it. Mandy and Chris had indeed done well, not only winning the Ladies prize but soundly thrashing us as well. It’ll be a long, long time until we live this one down. I’m still getting the phone calls, “What happened to you then???”

**PHIL HODGSON**

# Toddies 2006 Review – which was your fave race?

You are packed into the Town Hall Square, Chamonix with 2000 other runners and with 5 minutes to go you can feel the anticipation, the nerves, the excitement. Then you're off and running through the evening, through the night, looking back from a col and seeing a line of hundreds of headtorches following, through several alpine villages where everyone has turned out to support 'Les trailers'. Through the next day and night, hallucinating, until 44 hours later you are running into Chamonix with crowds of people shouting "Courage, Bravo, Fantastique"....and it was.

*Richard Leonard*

Runner alive this was a Hot one, I ran this as a get me back into medium races running. So while the wiflet and our children sweltered on the 'Junior' runs all of us on the five punishing uphill north east of wardle did, many a dip in stream to cool the body, or submerge the head to cool and shudder was made, especially by me.

The water stops were fabulous manned by amiable sunbathing Mountain rescuers. Finishing was such a relief and Driving Dave Cummings Volksey camper van up to shore, after calming Henry and Jess down, topped a fabulous sunny day out... but that's a story for a fifth sentence...

*Ben Crowther*

My favourite race of 2006 was the Anniversary Waltz on 22 April. It was my first Lakes race (we'll forget Duddon 2005) and the atmosphere of the whole day was brilliant, no doubt helped by the 580 or so finishers, which I believe is a record for a fell race in the UK. A proper recce of the route 10 days before meant that I knew the summit of Robinson was just under half way and that it was all down hill from Catbells. It was just a great day out, and it got me out of going to the Trafford Centre!!

*James Riley*

Forget your Full Yorkshires or Peak Bogtrots or even your Lakeland Classics. The Full Tour of Pendle is a proper full-on Lancashire race, the Lancashire Classic in fact. A connoisseur's race with killer climbs, shoe sucking bogs, fast paths, kamikaze descents and yet more killer climbs. The 17 mile route forces you to ascend the Arctic plateau of Pendle Hill no less than six times, each climb getting steeper and steeper until you finally scramble up the aptly named Big End. It usually snows or hails. It's inevitably windy and cold. It's often claggy. It's always tough. What a great way to end the fell running season!

*Phil Hodgson*

My memories of the Tour of Pendle include: a rainbow at checkpoint 8, chatting with other novice long fell race runners, a dog running alongside me with a frisbee wanting me to throw it, the godforsaken hail storm, not feeling like I'd run 17 miles until I'd stopped running and tried to take off my walshes. This was my favourite race because these moments stick in my mind more than any other race.

*Alice Heath*

The Good Shepherd 15 mile Fell Race was not a good race to choose to re-start racing again, but I had volunteered to help with car parking, so why not run it? Well there is the long drag up to the Pike from Crag road, then the circle over rough heather and around the drain and down to London road, then the deja vu of climbing up the Pike again, then down to road again. Then a horrendous ascent up the 'other side' of Crag Vale road, and an interminable flat finish along the railway back to the Good Shepherd car park.

Yes, a real favourite, I'll be back next year!

*Lee McCluskey*

Blackshaw Head Fell Race

Not for the storm which blew away all but the beer tent in the fete field...

Not because of the great atmosphere with 100+ folk and a great band in said tent amid the carnage...

Not because Ben and I beat the bloke in the black top who cheated and cut the corner...

But because it's the only race where I have ever won a prize: and it was a box of chocs from Jane's cellar of which I was very proud - even though they were past the sell by date and had gone white!

See you there next year.

*Roger Haworth*

My favourite race for 2006 has to be the Anniversary waltz, it was my first race covering the most distance and accent (did not enjoy coming off Catbells though)

It was a great atmosphere as it was an English/British championship, I hope to do it again possibly next year

*Sharon Godsman*

Few races to choose from this year because of various injuries, so an apprehensive outing to the Paula Locketti race in the Road/Trail calendar turned out to be an unexpected delight. A lovely run on grass to the top of Brown Wardle, great fell running conditions and a personally satisfying downhill where I managed to pass a couple of runners. (No kidding - though it has been back to normal in subsequent descents). A very enjoyable race - this should be a permanent fixture in our Grand Prix Road calendar.

*Dave O'Neill*

For me it has to be Ironman France. Not strictly a fell race but it was a great event to be part of. Different to anything else I've ever done. I achieved what I wanted (finishing!!!) and, in retrospect, enjoyed every minute.

*Simon Galloway*

Manx Mountain marathon. Feeling fantastic racing off Snaefell. Getting cramp up South Barrule...straight back down to earth. Finishing in a carnival atmosphere after a full day on the fells and a great week's holiday. Constant reminder for the next fortnight as the skin on my legs, arms and face all peeled off.

*Mark Harris*

Coniston. My first proper outing on the fells for over a year. Came nearly last but felt so great to be 'back out there!' Staggered into the field to be greeted by the toddies cheers. Breastfed Jamie almost as soon as I finished - to which Jane Smith said "He's probably having butter".

*Ali Richards*

Coiners Fell Race

A local race of a perfect length for me. A good hard slog uphill and then loads of moor/field downhill with great views across this area that I love so much. Perfect finish - a long grassy field to sprint down. And a slate coaster to take home.

*Peter Bowles*

Herod's Farm Race. So - it's four weeks after my left eye's been lasered for retinal detachment, and three weeks after my birthday, and here I am in Glossop, and I push myself and dig in all the way up the hill (till we finally reach the grass and I start to walk like everybody else) and I get up and over the first hill, and then along a bit of track, and then we go past the old folks' home (and is this an omen) and then back up another hill and I manage to pass a few on the downhill

and then back to the track and I scamper down to the finish. And the second v60 is only 3 seconds behind. And the third v60 is ten seconds behind him. Anyway, it's the first time I've ever won a prize. So I'm all emotional & I think this race should feature in the Grand Prix. And two days later I have my right eye lasered for retinal detachment too.

*Peter Ehrhardt*

There is something about evening races, which makes them extra special - a midweek bonus!

The sun was dropping onto the horizon giving the moors a reddish glow and the temperature had dropped after a scorching May day. Loads of runners had turned up, lots of friendly folks to chat to. The course is great, lots of variety zig zagging over Ikley moor through tussocks and along grassy tracks with a roller coaster finish....the Jack Bloor race..put it in your diary!

*Sue Roberts*

Tebay fell race in mid June, another evening race, gets my vote, possibly because it's one of the lesser known routes in a quieter region [northern Howgills]. Friendly village atmosphere, good facilities [warm showers]. Beer tokens-food. Top event.

*Martin Roberts*

Difficult choice: I'm tempted to say the Good Shepherd, which I enjoyed as much this year as last (and, small field though it was, it's a rare pleasure to win the age group prize). But I'm opting for a trail race (veering towards a crypto-fell race) up and down the cliffs of Dorset called the Beast, which I've now run for four consecutive years, and each year bettered my time. Lovely claggy sea-mist this time meant road runners got anxious and I finished in the top quarter. Lousy t-shirt, though.

*Andrew Bibby*

Hades Hill

- 1) My only race (apart from Blackshawhead fell race)
- 2) Great to be running again!
- 3) Prizegiving in the local!
- 4) Defying death as faster runners pass slower runners on a twisty turny sheep rut.

*Greg Elwell*

BLUEBELL 10.

I have run this race the last 3 years and just love the variety. The start is through a bluebell wood, then canal, steep road climb, muddy descent (great for whooping past road runners!!) and more flat and fast along the canal to finish. The highlight is always the river crossing (at least over your knees!) at the end! This year round every corner there was another Tod vest to chase but still a great race!

*Mel Blackhurst*

My favourite race was the Stanbury Splash, first race at V50 finished 50th, in the prizes, and more importantly Roberts, Walker and Wigmore in my wake. After that we have had getting lost at Reservoir Bogs, DNF at Holme Moss, A and E after Turnslack, late at Shepherds and very late at Runners v Cyclists!

*Dave Collins*

I competed in six fell races this year and lack of fitness made them a bit of an ordeal. I had such a miserable time in the Carnival Race that I was determined to race again that week or I'd hang up my fell shoes for good, so on the Tuesday night I headed over to Rossendale for the Waugh's Well Fell Race. Luckily it coincided with a brief respite from the stifling heatwave and conditions turned out to be perfect, dry underfoot with a cool breeze. The course is short and fast (4 miles with 1250' ascent) and as I embarked on the stiff pull up to the plateau, I realised I felt pretty good for once and the friendly banter from the surrounding runners took my mind off the climbing, not to mention the poor guy wheezing "Oh shit I forgot my inhaler". A flat section followed then a fast descent to Waugh's Well and the reservoir. The second climb was shortlived and the pace of the pack

quicken as we rejoined the route at the highest point on the race. The final descent is a belter, it felt the fastest I'd ever run as gravity pretty much gets you to the finish line. There is also a good opportunity to practise your sprint finish on the short section of tarmac at the end and most runners seemed to hang around to cheer on those further down the field, before heading back to Bleakholt Animal Sanctuary for lots of tea and cake and the prizegiving. It's perhaps the most enjoyable short fell race I've done, so next year why not give it a go?

*Helen Hodgkinson*

My favourite race of 2006 was a race I did not even finish, the Duddon Valley. Despite injuring myself just before the Three Shires Stone and retiring it was a fantastic day out in the Lakes. The highlight was crossing the very swollen beck in Mosedale, then climbing up out of the valley and hearing the laughs of runners behind us equally surprised at its depth. My target for 2007 is to recce this race and then complete it.

*Derek Donohue*

Hot

Toddy

By finishing in the top half of the "Hot Toddy" I knew I must be getting quicker although not sure I should have overtaken Mel Blackhurst outside Lidl. Mel avoided eye contact with me for 3 months until she thrashed me in the Oldham half marathon! Also I nearly didn't run because of the icy roads and rang Jane Smith wondering whether it would be cancelled. Jane told me the race would be on and not to worry about it as there'd be loads of people in front of me anyway!

*Jeff Anderson*

Which race? All of them, none of them. I love the atmosphere, seeing friends, the views of all the races I do, and of course the post race pub banter.

*Chris Preston*

The Screes Fell race. Small field of runners. I good climb up. Challenging but runnable descent. Excellent local lamb dinner in pub after included in entry. Excellent pub in quiet part of Lakes.

*Kath Brierley*

Jura: The track, the swamp, the heather, tussocks, lochs and rolling acres. Then the Big Paps with the big boulders – ethereal and inspiring. Then Corra Bheinn with the Lucozade that only I enjoy. Then tear arsing down to 3 Arch Bridge. Then – oh \*\*\*\*\*, three miles of road.

*Jane Smith*

High Peak Marathon. This is a 42 mile race that starts at 11pm. Running together throughout the night a team of four is great as you get to know each other well! The scenery is fantastic, and if you're lucky you might see arctic hares hopping around! It's a real challenge but well worth it. And we won it!

*Rachel Skinner*

Stanbury Splash. Tussling for position all the way with Dave, Martin and Nick. Stuffing Nick on the final hill. But losing to Blue Hayward.

*Jeff Walker*

It has to be the OMM. On day one, finding the checkpoints in the mist. Getting the timing spot on on both days. Discovering at overnight camp that we were actually doing very well. Enjoying the craic. On day two feeling very strong. Winning the ladies team prize and yes beating Phil & Dave. The victory is still very sweet.

*Mandy Goth*