

JANUARY 07



From the left: Mel Blackhurst, Andrew Wrench, Alice Heath, Alex Whitem, Mandy Goth, Mark Goldie, Paul Brannigan.

HAPPY NEW YEAR TO ALL TODDIES

IN THIS ISSUE

CHAMPIONSHIP RACES FOR NEXT YEAR
INCLUDING ENTRY FORMS

CHAMPIONSHIP RULES

AGM—COMING UP MONDAY 5TH FEB

RED ROSE CROSS COUNTRY REPORT

MMM RESULTS AND REPORT

STOP PRESS EDALE SKYLINE

Anyone wanting to do Edale Skyline must get their entry in ASAP. As it is already 2/3rd's full.

Full details inside.

WHAT'S ON IN JANUARY

Wharfedale Harriers Owl Event

Run or Bike ! Approx 3.5mlTues. night 7.30pm Jan.23th 2007

From The Greyhound pub Manchester Rd Barnoldswick

Open to anyone daft enough !

Starting from the pub, it's to the Trig point of Weets Hill and back by any route you choose to take.

Bearing in mind it's going to be dark, you will need some sort of illumination !

There will be no flags or way markers, just a marshal at Weets Trig.

This is to be a fun event, but has the obvious dangers of a night event, ie darkness !

There are no prizes, only the honour of a good position, as its only fun.

A small contribution of £2.00 will go towards administration Costs.

Phil will be going so anyone who wants to share lift give him a bell on 01422 844936

BEST ESTIMATE

14TH JANUARY

THE KEBS

See Peter 01706 813417 for details

WHAT'S ON IN FEBRUARY

RELAYS

PENNINE BRIDLEWAY RELAY

TEAM CAPTAINS ARE

A— MARK GOLDIE 01706 816095

B—JAMES RILEY 01706 853446

VETS SIMON GALLOWAY 01253 827411

LADIES KATH BRIERLEY 01706 819417

MIXED PETER EHRHARDT 01706 813417

If you would like to run then please make it known to one of the team captains

There is still room in the mixed and poss B team

AGM

Monday 7th February 2007

Stubbing Wharf, Hebden Bridge

At the AGM we elect the committee

Any nominations for posts please get to Derek before the day on 01422 842510

The committee is run on a very informal basis we have several elected officials and the rest of the committee is open and made up of anyone else who wants to attend. So all members are welcome to have their say.

Elected posts are

Chairman –	Mandy Goth
Secretary -	Derek Donohue
Treasurer—	Richard Leonard
Membership Secretary—	Dave Wilson
Press Secretary -	Colin Duffield

Other jobs are:

Club Coaches	Seniors—Graeme Wrench
	Juniors Eileen Miles
Club Statistician (works out all GP scores etc) -	John Crummett
Torrier Editors—	Mandy Goth/ Andrew Bibby
Website—	Keith Parkinson
E-group moderator—	Ray (Ranter) Poulter
Archivist	Claire Duffield
Pub Researcher—	Barry Chapman
Poilet Seat—	Barry & Hazel Chapman

Many thanks to all the above for their hard work over the year.

All are prepared to stand again but if anyone else would like a go then please come forward.

THANKS

To all those who made the do a success in particular Shaun & Sharon Godsman for taking the money and ringing nearly every single member to encourage them to come. Also to Dave Wilson for organising the food and clearing up the day after.

Thanks also to Dave for stepping in at the eleventh hour and taking over the organisation of the MMM when I had to go into hospital

Mandy

Mandy's Page

Pack Runs

**Wednesdays
7pm start**

**JAN— RAKE INN
LITTLEBOROUGH**

**FEB— FIGHTING COCKS
CLIVIGER**

**MAR—MASONS, BACUP RD
TODMORDEN**



**THERE WILL BE BAT
RUNS EVERY WEDS
PACKRUN**

BRING A HEADTORCH

Speed Work

Tuesdays at 6.45pm

**FOR THE NEXT MONTH AT
LOB MILL**

E- groups

Anyone wanting to join the E-group
please contact Ray "Ranter" Poulter on
ray@gardeningsolutions.co.uk

We are also investigating the possibility of a forum
and will definitely be having a news/info page on
the website.

LONDON MARATHON

Places were drawn out of a hat and went to

Alice Heath
Rhys Watkins
Charlotte Woodhead



Kit

Available from
Jane

01706 818663

Including
Kiddies vests
Long sleeve tops
All sizes

Vests £12.50/£13.00

Long sleeve £17.00

Juniors

Mondays
Session £1
From

5.30 — 6.30 8yrs—11yrs

6.30 — 7.30 11yrs +

Juniors 11+ **must** have a visibility vest/
jacket to go for a run.

Those without will have to stay in the gym.

As from mid December Eileen cannot take
any **new** under 8's.

COMMITTEE MEETINGS

Will revert to 7pm on Mondays

First Monday of every month at the Queen Hotel, Todmorden

All welcome

GRAND PRIX 2007

ESSENTIAL INFORMATION

The way that the Club Grand Prix, Fell and Road Championships are administered must appear extremely complex to new members (that's because it *is* extremely complex!). I'll give a brief synopsis here, but any new members (or confused and senile older ones) wanting a fuller explanation should contact John Crummett on 01706 819417 or who can send you a more detailed version of the points structure.

GRAND PRIX CHAMPIONSHIP (current holder Alex Whitem)

Points are awarded as a percentage of the average time of the first three finishers, and your age (if a veteran) and gender is taken into consideration and a handicap allowance is added. Thus, the best runners for their age get the most points. The best qualifying combination of 8 races count (this can be either 4 road/4 fell **or** 5 road/3 fell **or** 3 road/5 fell according to which is the highest score - the computer works it all out). Top ten finishers get trophies and all qualifiers get certificates.

FELL CHAMPIONSHIP (current holder Andrew Wrench & Alice Heath)

Points are awarded as a percentage of the average time of the first three finishers but age related handicaps are not used. The fastest runners get the most points. Best 6 scores from 12 races count with at least one from each distance category. Trophies for all gender/age categories.

ROAD CHAMPIONSHIP (current holders Paul Brannigan & Mel Blackhurst)

Points are awarded as a percentage of the average time of the first three finishers but age related handicaps are not used. The fastest runners get the most points. Best 6 scores from 12 races count with at least one from each distance category. Trophies for all gender/age categories.

Four of the road fixtures are now chosen from **multi-terrain** events, but exactly the same points are awarded as if they had been "true" road races. It is hoped that this will encourage a better turnout for the Road Championship.

CLUB CHAMPION (current holder Mark Goldie)

Awarded on the basis of a runners' single best counters (Fell & Road points) from all six categories added up. Only those who have completed at least one race in every category will be eligible. To qualify as "Club Champion" the runner will have to have all-round ability (and/or inclination). It may well be that the Grand Prix Champion and Club Champion turn out to be one and the same person - but let's wait and see.

PRE-ENTRIES

A lot of races are pre-entry especially the English championships. It is important to enter these races early as they do get over subscribed

RULES

We're not really a "rules" club - but there are a few involved here...

You MUST compete in a club vest if you want to score Championship Points.

If you use someone else's number in a race you must inform John Crummett that you have done so before he calculates the scores. Otherwise your performance will not be acknowledged.

DISTANCE CATEGORIES

Fell Race categories are as per FRA guidelines set out in FRA Calendar i.e. Short (S) is under 6 miles; Medium (M) is 6 miles and over but under 12; Long (L) is over 12 miles

Road/Multi-Terrain Race categories: Short (S) is up to and including 10K; Medium (M) is over 10K and up to and including 10 miles; Long (L) is over 10 miles.

CHAMPIONSHIP STATUS EVENTS

Any race which has Championship Status (usually English Championship Fell Races) carries a 9% points bonus to make up for the exceptionally high standard of performance.

TODMORDEN HARRIERS



2007 CHAMPIONSHIP RACES

FELL

FL: Edale, Duddon (both EC), Good Shepherd, Kinder Trog
FM: Fairfield, Weasdale (both EC), Stanbury Splash, Turnslack
FS: Paddy's P, Gr Whernside (both EC), Midgeley Moor, Thieveley

ROAD

RL: Ackworth Half, Liversedge Half, Langdale, Radcliffe Trail (T)
RM: Bluebell (T), Thru the Villages, Caldervale, Leyland 10
RS: Andy O'Sullivan's Special Been Organising These Things for Millions of Years Trail (T), Accrington 10K, Helen Windsor 10K, Gill Pimblott Mem Trail (T)

And the dates:

Sun Jan 28: Stanbury

Sun Feb 4 Pennine Bridleway

Sun Feb 11: Liversedge Half

Sun Feb 18: Radcliffe Trail

Sat Mar 3 Noon Stone

Sun Mar 18: Edale

Sun Mar 25: Ackworth Half

Sat Mar 31: Midgeley Moor

Easter Fri, Apr 6: Caldervale 10

Sun Apr 22: Paddy's Pole

Sun May 6: Bluebell Trail

Sat May 19: Fairfield

Sat May 26: Jura

Sun May 27: Leyland 10

Sat June 2: Duddon Fell

Sat June 9: Carnival

Sun June 17: Kinder Trog

Sun June 24: Welsh race in British champ

Wed July 4: Helen Windsor 10K

Tues July 10: Stoodley Pike

Sat July 21: Turnslack

Sat Aug 18: Weasdale

Sat Sep 1: Blackshaw Head

Sun Sep 2: Andy O'Sullivan 25th year trail

Sun Sep 16: Langdale Half

Sat Sep 22: Good Shepherd

Sat Sep 29; Thieveley

Sat Oct 6: Great Whernside

Sun Oct 7: Ian Hodgson

Sat Oct 13: FRA relays

Sun Oct 28: Accrington 10K (TBC)

Sat Nov 3: Shepherds Skyline

Sun Nov 4: Through the Villages

Sun Nov 18: Gill Pimblott Memorial Trail

This year's Grand Prix races gets off to a prompt start, with the first race lined up for the end of January. Stanbury Splash is a 7 mile fell race from Penistone Park near Haworth, which will give you your first points of the year (and a malt loaf to take home as a souvenir).

There are two road races in February where application forms need to be got in now to be sure of a place. The ever popular and ever hilly Liversedge half-marathon on Feb 11th will see you running round the lanes of Brighouse and Roberttown - no entries on the day for this one. A week later on Feb 18th the Radcliffe Trail is a tale of the riverbank, with a short section of the derelict Bolton and Bury canal at the end for industrial archaeologists to enjoy.

For the rest of the year, it's a mixture of old favourites (well, we hope they're favourites) combined with races you probably won't have done before, perhaps in places you won't have been to. For fell runners, all six of the English Championship races are included in our programme - book soon for the Edale skyline which is pre-entry only. The road programme includes, as in past years, four trail races, as well as a testing selection of races on the tarmac.

Go to all 24 races, and by November you'll have enjoyed yourself on the Dark Peak hills (Edale, Kinder), explored the top end of the Howgills (Weasdale), visited Bowland (Caldervale, Paddy's Pole), visited the Dales (Gt Whernside), and of course had some good days in the Lakes (Langdale, Duddon, Fairfield). You'll have run Through the Villages in Lancashire (Through the Villages, but also Accrington, Leyland etc) and through a few more in Yorkshire (Liversedge, Ackworth). And you'll have enjoyed our own fabulous countryside, on the fells (Stanbury, Turnslack, Midgeley Moor, Thieveley, Good Shepherd), on the trails (Bluebell, etc), and on the roads (Helen Windsor 10K).

Could be a good year...

Dates in italics are our races or dates the committee tried to keep free.

Grand prix information

The first race in the Championship is the Stanbury splash on January 28th
7m/1200' 11.30am from Penistone Hill, Nr Haworth, Keighley.

Entry forms for the first three road race are attached please enter ASAP as suddenly running is very popular and everything is filling up fast.

Information on Edale Skyline is on www.dpfr.org.uk where you can enter online or print an entry form off. Anyone struggling give me a ring Mandy (01422 844936)

National Fell Championships

This year, Todmorden Harriers have the opportunity to compete in both the English and British Fell Championships. The selection of races for both the English and British competitions has brought about the situation that we would not need to travel to Scotland and Northern Ireland to compete in the British championship. Two of the British championship races are also English championship races and therefore are in our club fell championship. We would then only need to run in the two Welsh races to fulfil the criteria for competing in the British championships. The two English/British races are Duddon Valley and Great Whernside, which are long and short respectively and the two Welsh races are Llangynhafal and Carneddau, which are short and medium respectively. Those four races would give us one at each distance, long, medium and short plus one other, which is the criterion for completing the British championship.

Unfortunately, due to the compromising that takes place when selecting fell and road races for our Grand Prix we were unable to select the two Welsh races for our club championship. Therefore, entering these races would be outside the Grand Prix. If there is enough interest from club members of any age group or sex we can get a team or teams together (open, vets, ladies) and compete in the British championships. Llangynhafal is 84 miles, which is closer than most Lakeland races and Carneddau is about 120 miles, which is closer than Ennerdale. Have a think about it and if you are interested let me know.

Dave Wilson.

My favourite race of 2006 by Colin Duffield

Haworth Hobble 12th March 2006

Plod...Plod...Long way to go, can see Stoodley Pike in the distance.
Plod...plod...Snow flakes like bad dandruff, can still see Stoodley Pike.
Plod...plod...Doughnuts, Stoodley Pike just up the hill.
Plod...plod... Finish! Stoodley Pike back in the distance again.

Welcome to new member
Mick Hennigan

Another Toddie Virgin Looses It

“The hardest event in the Tod calendar” claimed Rhys “it’s grim, really grim.” Doubts emerged in my mind, should I really be doing it? I counselled other Toddies: many had opinions, some very strong, many were happy to criticise – none had actually participated. I decided I had got it over and done with. It may be bloody but now’s the time. Just lie back and think of England.

It would be hard. Grin and bear it was the advice. Its character forming, it’s been known to bring out the best in people – but more often it has brought out the worst. I steeled myself for the disapproval and derision that was sure to come. Does Kiki have a helpful view on things as bizarre as this? Too late, my name is on the list. I’m about to be initiated.

With a reputation for the extreme it’s an event shrouded in more myth than the mist that descends around it. Is participation in it really such a closely guarded secret? Often referred to, little understood. Those who have done it hardly talk about it. Part of fell runners modesty I thought, but then again it could be a need for anonymity. I was about to find out which.

The day came and an elite band of Toddies lined up for the start. John and the two Daves looked to be old hands – would their inside knowledge help me through. I guessed that they knew the course well but should I stick with them or try to make an immediate impression, strike out on my own with my own ideas of how to run it. We jostled for position at the start and then were off. I eventually fell in behind the others and was glad that I did.

The first part was easier than expected. Smoothly I got into my stride and things seemed to fall into place. Then without realising it I was confronted with the start of the problems – it now became a long uphill struggle. No sense of relief, no sense of achievement. This was like wading through treacle, I was glad others were breaking the trail and setting the pace. How can some people voluntarily do this year after year?

This was slow going; unforgiving, relentless. My mind was getting muddled, progress was reduced to a ‘tick list’ one objective at a time, then refocus on the next. Then suddenly I was confronted with a choice, which way to go? I hesitated, looking around. What were other people doing? Luckily there seemed to be a consensus emerging and I headed with them. Relief; it looked to be a good decision at the time, but then I had doubts – how will it be viewed after the finish when the post mortem is conducted?

Myself and Mel spotted a short cut onto the road – only to be ticked off by a particularly insistent Marshall (obviously a fell lover) telling us that we must include another trail checkpoint. Dutifully we retraced our steps and finally found one. I was cheered by the appearance of Andrew offering drinks – a choice of red or white.

We came to a particularly tough section, I was not quite sure where we were going. A horrible feeling came over me – haven’t we been here before. We’ve lost our way. But after going round in circles a couple of times we found another alternative and moved on. I looked at my watch, must be halfway now. The tedious road section was out of the way, just the fell to finish and we would be home and dry.

The end was in sight – the final short fell race was slotted into the calendar. I’ve made it. A feeling of relief and euphoria flooded over me. I’ve managed to help choose the Harriers Grand Prix races. Yes, I know this meeting was the easy bit – the carping of the critics yet to come. And yes I know the old timers will be shaking their heads in disbelief at how easy I’ve had it, reminiscing on how long, painful and difficult it used to be when the likes of Parky and Branny battled it out. But I’m proud of what I’ve done for the club.

Will I be doing it next year? Well, it wasn’t as bad as I was led to expect. And I haven’t been ostracised at pack runs or harangued on the e-group for the choice of races – yet! But could I see myself as a selector alongside Stuart who would be giving us his opinion on races that he never wants to do again. Now surviving THAT would be the ultimate challenge.

Presentation Night

When the fireworks fizzled at their End of Year Presentation Night last week, Todmorden Harriers had good reason to celebrate. The success and growth of the club which took some by surprise in 2005 has emphatically continued in 2006.

This success has perhaps been most evident in the fell running world and has been evidenced by several solid, year-round performances. The mens' elite team being one of the most prominent, finishing 6th in the national rankings, with the men's' veteran team one place higher in the separate veteran's table. These team performances place the club firmly inside the cream of the crop in the fell running world and are a remarkable achievement for a club that retains strong links with the community, primarily attracting members from the upper Calder Valley and nurturing local talent.

Individual star performances in the national fell championships have come from Chris Smale and Andrew Wrench in the veteran men's individual standings, finishing 6th and 9th respectively. In the ladies competitions, Jane Smith finished 9th in her national category and helped the Todmorden Ladies to a creditable 10th place with an emerging team that should improve on this next year. Todmorden's only medal winner was the unstoppable 75-year-old Derek Clutterbuck, who took a silver medal in the English Veteran 70 competition.

Away from the national scene, the keenly fought Todmorden Harriers Club Championships finished in wins for Andrew Wrench and Alice Heath in the fell competition and Mel Blackhurst and Paul Brannigan and in the road series, a remarkable third successive win for the man from Higher Eastwood. Mark Goldie proved himself on both fell and road to scoop the prize for overall Club Champion. In the Club's Grand Prix Competition, which differs from the other awards by nature of its handicap system, Alex Whittem took home the converted shield, topping off a good year for the man often referred to as the 'flying postman'.

In addition to the championship awards, the club also have annual prizes for the 'Club Person of The Year', won by Chairwoman Mandy Goth, and 'Most Improved Runner', won jointly by husband and wife, Shaun and Sharon Godsmen.

Elsewhere in the club several other achievements were recognised, including two major successes in the world of triathlon. Firstly Lynn Griffiths rose to prominence in the 'tri' world by being selected for the British Age Category Team in the World Championships. Lynn followed this only a few months later by being crowned Welsh Ladies' Champion in her age category. The other triathlete honoured was Simon Galloway who became the third Harrier to join the 'Iron Man' club, having completed the monumental task of a triathlon that consisted of a 2.4 mile swim, followed by a 112 mile bike, then finished off with the small matter of a full marathon.

Other successes in the world of extreme endurance were a team of four Harriers who became Todmorden's first ever finishers in the legendary 100 mile Extreme Tour Du Mont Blanc Race, and closer to home, Mandy Goth and Kath Brierley became Tod's first ladies to complete Lakeland's infamously gruelling Bob Graham Round.

Speaking of her achievement, Mandy said,

'My Bob Graham is just a small part of a fantastic year for the Harriers.

On top of all the competitive success, we now have a very active junior section thanks to Eileen Miles, and superb senior coaching from Graeme Wrench. We've got new, really talented people joining all the time and it really feels like the club is going from strength to strength. Roll on 2007.' Hot Toddy 2006

Hot Toddy

Runners from far and wide gathered in Todmorden town centre last Saturday for the ever popular 'Hot Toddy' 5.8 mile road race, organised by Todmorden Harriers.

The fierce storms of the previous day had abated by the time the Mayor and Mayoress of Todmorden sounded the starting horn to send the 260 starting athletes on their way around the hilly course which travels down Rochdale Road to Walsden and Hollins, before climbing over Lumbutts Road and returning to the town centre via a painful run-in up Halifax Road.

Amongst this year's entrants was a large contingent from Halifax Harriers who had travelled up the Calder Valley. The trip proved worthwhile as they scooped the ladies' team prize, and only narrowly missed out on the men's team prize after a close tussle with Skipton AC.

The Halifax club also placed well in the individual rankings, with Jo Buckley winning the ladies' race in a time of 34.10, some 50 seconds ahead of Sue Becconsall of Bingley Harriers. In the men's race Halifax nearly made it a double success, but their star man, Adam Breaks was narrowly pipped in a sprint finish with Salford's Kenyan ace, Tarus Elly. The winner crossed the line in 30.10, with Breaks just four seconds adrift. Highest placed runner from the host club was recently crowned Club Champion Mark Goldie who clocked 34.42 for his 30th position. First Tod lady was Alice Heath who was making her debut in the Hot Toddy after a successful first full season in Todmorden colours, her time of 40.56 reflecting her promise for next year.

Prior to the main race there was the now traditional one mile 'Fun Run'. This gentler option follows bridleways and canal towpath and has enjoyed a steady growth in popularity both amongst junior runners and senior athletes. This year 44 competitors lined up at the start, all anxious to get around the muddy course in good style. First home was 12 year old Leon Gregory in a very creditable time of 6.00. Hot on his heels and only 13 seconds behind was Michael Smith, another 12 year old. Several notable performances followed, with the first six runners breaking the magical seven minute barrier.

After both events were concluded, Race Director, Peter Ehrhardt thanked the White Hart Hotel for their excellent hospitality throughout the day, and also the Mayor and Mayoress for officiating at the start of the races.

Local Results for the Hot Toddy (Todmorden Harriers unless stated):

30, Mark Goldie (34.42); 50, Paul Brannigan (36.11); 67, Andrew Carnochan CVFR (37.27); 80, Angus Barclay (38.37); 90, Jeff Anderson (39.09); 91, Clive Greatorrex CVFR (39.16); 92, Colin Duffield (39.23); 95, Andrew Bibby (39.32); 104, Ben Crowther (40.13); 119, Alice Heath (40.56); Philip White CVFR (41.43); 167, Stuart Bolton (44.23); 170, Liz White CVFR (44.41); 171, Racheal Lockley (44.41); 191, Elise Milnes (47.05); 197, Heather Simpson (47.43); 219, Dave O'Neill (50.08); 228, Derek Clutterbuck (51.51); 256, Ian Stansfield (62.49).

Auld Lang Syne/MMM

The fell running year ended on New Years Eve with the traditional 'Auld Lang Syne' race, held on Haworth Moor. In the words of organiser Dave Woodhead, this race 'isn't all about racing, but more about socialising and having fun'. These sentiments were echoed by the fifteen Todmorden Harriers who made the trip to the windswept outskirts of Oxenhope to commence their muddy slog around the 6.5 mile route. The race was won by former English and British Fell Running Champion, Simon Bailey of Mercia Fell Runners, who held off a strong late challenge by eleven times previous winner Ian Holmes of Bingley to cross the line in a time of 40.55. In the ladies race Olivia Walwyn of Altrincham set a new course record to finish comfortably clear of the other female runners with a time of 49.15.

Away from the leading runners, the remaining 450 competitors enjoyed the good-humoured banter of the occasion and on finishing were rewarded with a bottle of specially brewed 'Auld Lang Syne Ale'.

The Todmorden runners who made the journey will also have gained prior knowledge about the first race in the club 2007 championship, the Stanbury Splash Fell Race as the two races share much of the same route.

Todmorden finishers for the 'Auld Lang Syne'

83, Martin Roberts (51.54); 91, Dave Collins (52.25); 133, Simon Galloway (55.15); 153, James Riley (56.11); 159, Peter Bowles (56.22); 185, Keith Parkinson (57.41); 196 Phil Hodgson (58.07); 217, Chris Preston (59.22); 295, Richard O'Sullivan (63.50); 324, John Lee (65.24); 335, Claire Duffield (66.09); 344 Peter Ehrhardt (66.44); 372, Sue Roberts (69.06); 407, Moira Parfitt (74.05); 449, Jim Smith (104.43).

Another event to attract a good deal of relaxed, seasonal competition was the Todmorden Harriers 'Moorland Mountain Marathon'. This annual post Christmas three-hour orienteering event on the moors around the upper Calder Valley challenges club members and guests to find a number of controls cunningly hidden in various locations. The 2007 competition was won by Jonathan Emberton of Calder Valley Fell Runners, who beat Todmorden's Phil Hodgson by a solitary point. Afterwards, this year's organiser, Dave Wilson, thanked the landlord and staff of the New Delight Inn, for their hospitality and help in staging the event.

How to organise a MMM (or not) by Dave Wilson

1. Don't go searching for potential control points without a compass – on three separate occasions – don't tell Uncle Barry.
2. Don't put control points out in the mist when you are not sure where you are in the first place, especially when the feature you are looking for can be found all over the moor.
3. Don't put control points out when it is getting dark.
4. Don't put control points out on your own – always take someone else so you can blame them when a control point is in the wrong place.
5. Don't leave it to the last minute.

Taking over the event was not what I had in mind when I offered to help out, but in the circumstances it was the least I could do. Not taking on the job until the week before Christmas did not leave me much time to recce the area and put out controls. I was ill before Christmas, away over the New Year period and back to work on the 2nd Jan. In the end it was done in a bit of a rush, which showed in the mistakes that were made when putting out the controls on the afternoon before the event.

The area over Hambledon moor reminds me of Galloway forest in Scotland, where I have been on several occasions (to do a mountain marathon) and vowed never to go there again on each of them because it is so rough. I went out on three occasions to recce different areas and forgot to take my compass (doh). This didn't cause me a problem as it was clear and I could see where I was going – I still couldn't find the features I was looking for – but I could see where I was going. On the day I did remember to take my compass the mist was down and I definitely needed it. It did not do me any good because I still got lost. As a result, controls 7 and 10 were out of place. Control 11 was also out of place, which was down to me not doing a second check rather than getting lost. Some people did find them but it was better look than skill.

I set up three separate routes that would cater for different skill levels and ability. The easiest of the routes went south towards Hebden Bridge and was accessible from tracks and paths. I did try to put in some route choice between controls to test the competitors' ability to select the best route. The ability of pin-point navigation was not really an issue on this lower route and was designed for new comers, walkers and any doddering old codger that wished to forgo the delight of the swamps on Hambledon Hill. The other two routes over the Hambledon area were designed for the faster runners and skilled navigators, although the orienteer should not have found it too difficult. The outer route had one tricky control (12) that would be difficult to find when going in a clockwise direction. The rest of the controls were fairly accessible, had they all been in the right place, it was the terrain that competitors had to travel across that added value to the control. The inner route stayed on the Yorkshire side of Hambledon Hill and was there for those who cannot run as fast as the elite competitors. However, looking at the results there were quite a few who dared to venture to the furthest points on the map and did quite well out of it.

On the day there were 50 people out on the hill as individual competitors and in teams. Notable performances can from Phil Hodgson who was first Tod. Harrier and only missed out as overall winner by just one point. Dave Collins put in a fine performance (V50 – 210 points) as did John Crummett (V60 - 175). Previous winners of that most coveted of prizes the Golden Duck (Pigeon) did exceptionally well. Derek Clutterbuck, accompanied by his grand children, came in 30th and Jim Smith was several places ahead of this year's fell champion. First lady was Christine Preston, despite being 26 minutes late. First Ladies team were Lynne Griffiths and Jennifer Porter and first mixed team were Phil and Jacky Scarf from Calder Valley. Jon Emberton from Calder Valley won the event and the first guest runner was James Logue from Horwich.

Thanks to all those that took part and those that helped with the organisation, and thanks to the New Delight for putting up with a few smelly runners for several hours. I hope you all enjoyed the day and we need someone to come forward and organise the event for next year.

TODMORDEN HARRIERS MINI MOORLAND MARATHON
SUNDAY 7TH JANUARY 2007

TODMORDEN HARRIERS MINI MOORLAND MARATHON SUNDAY 7 TH JANUARY 2007							S	T	Q	R	O	E	M	L	J	G	I	Z	C	A	D	B	X	F			
							5	15	20	15	10	10	15	15	15	20	15	25	40	25	25	35	15	20			
							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Pts	Penalty	Total
Posn	Name	Club	Cat	Start	Finish	Time	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Pts	Penalty	Total
1	Jon Emberton	Calder	V40	9.21	12.26	185	0	0	0	0	10	10	0	15	0	0	15	25	40	25	25	35	15	20	235	10	225
2	Phil Hodgson	Tod	V50	9.35	12.38	183	0	0	0	0	10	10	0	15	15	20	0	0	40	25	25	35	15	20	230	6	224
3	Dave Collins	Tod	V50	9.13	12.08	175	0	0	0	0	10	10	0	0	15	0	15	25	40	25	0	35	15	20	210	0	210
4	James Logue	Guest	M	9.22	12.09	167	0	0	0	0	10	10	0	15	15	0	15	0	40	25	0	35	15	20	200	0	200
5	Roger Haworth	Tod	M	9.47	12.47	180	0	0	0	0	10	10	0	15	15	20	0	0	0	25	25	35	15	20	190	0	190
6	John Crummett	Tod	V60	9.46	12.43	177	0	0	0	0	10	10	0	0	15	20	0	0	0	25	25	35	15	20	175	0	175
7	Richard/Steve/Tim	Tod	Team	9.01	12.01	180	0	0	0	0	10	10	0	0	15	20	0	0	0	25	25	35	15	20	175	0	175
8	Boff Whalley	Guest	V40	9.34	12.38	184	0	0	0	0	10	0	0	15	15	20	0	0	0	25	25	35	15	20	180	8	172
9	Phil/Jacky Scarf	Calder	Mix	10.11	12.59	168	0	0	0	0	10	10	0	15	15	20	0	0	0	0	25	35	15	20	165	0	165
10	John Underwood	Calder	M	9.48	12.49	181	0	0	0	0	10	0	15	15	15	0	0	0	0	25	25	35	15	0	155	2	153
11	Ray Poulter/Sarah Glyde	Tod	Mix	9.43	12.40	177	0	0	0	0	10	10	0	15	20	0	0	0	0	25	35	15	20	0	150	0	150
12	Lynne Griffiths/Jennifer Porter	Tod	L/Team	9.05	12.03	178	0	0	0	0	10	10	0	0	0	0	0	0	0	25	25	35	15	20	140	0	140
13	Richard Leonard	Tod	V40	10.02	13.13	191	0	0	0	0	10	10	0	0	0	0	0	0	40	25	0	35	15	20	155	22	133
14	Colin/Claire Duffield	Tod	Mix	9.29	12.23	174	0	0	20	0	10	10	0	0	15	0	0	0	0	0	0	35	15	20	125	0	125
15	John Ashton	Guest	V50	9.20	12.48	208	0	0	0	0	10	10	0	0	0	0	0	25	40	25	0	35	15	20	180	56	124
16	Neil Hodgkinson	Tod	M	9.03	12.00	177	0	0	0	0	10	0	0	0	15	20	0	0	0	0	25	35	15	0	120	0	120
17	Christine Preston	Tod	LV40	9.25	12.51	206	0	0	0	0	10	10	0	0	0	0	15	0	40	25	0	35	15	20	170	52	118
18	Clive Greatorex	Calder	V40	9.00	11.56	176	0	0	0	0	10	10	0	0	15	0	0	0	0	0	0	35	15	20	105	0	105
19	Neil Croasdale/Linda Hayles	Guest	Mix	9.16	12.18	182	0	0	0	0	10	10	0	0	15	0	0	0	0	0	0	35	15	20	105	4	101
20	Dave O'Neill	Tod	V50	10.12	12.53	161	5	0	0	0	10	10	0	0	0	0	0	0	0	0	0	35	15	20	95	0	95
21	James Riley	Tod	M	9.09	12.19	190	5	0	0	0	10	0	0	15	15	0	0	0	0	0	0	35	15	20	115	20	95
22	Tim Hayles/Claire Hanson	Guest	Mix	9.14	12.37	203	0	0	0	0	10	10	0	0	0	0	0	0	0	25	25	35	15	20	140	46	94
23	Rod Sutcliffe	Calder	V50	9.56	13.15	199	0	0	0	0	0	10	0	0	0	0	0	0	0	25	25	35	15	20	130	38	92
24	Jim Smith	Tod	V60	9.36	12.38	182	0	0	20	15	10	10	0	0	0	0	0	0	0	0	0	0	15	20	90	4	86
25	Helen Ashton	Guest	L	9.15	12.50	215	0	0	0	0	10	10	0	0	0	0	15	25	0	25	0	35	15	20	155	70	85
26	Alan Greenwood	Calder	V40	9.04	12.20	196	5	0	0	0	10	0	0	15	15	0	0	0	0	0	0	35	15	20	115	32	83
27	Andrew Wrench	Tod	V40	9.10	12.25	195	0	0	0	0	10	0	0	0	15	0	15	0	40	25	0	0	0	0	105	30	75
28	Ted/Irene Long	Guest	Mix	9.53	12.44	171	5	15	20	15	10	0	0	0	0	0	0	0	0	0	0	0	0	0	65	0	65
28	Rachel Lockley/Elise Milnes	Tod	L/Team	9.02	11.53	171	5	15	20	15	10	0	0	0	0	0	0	0	0	0	0	0	0	0	65	0	65
30	Derek Clutterbuck/Wesley/Lewis	Tod	Team	10.00	13.04	184	0	0	0	0	10	10	0	0	15	0	0	0	0	0	0	0	15	20	70	8	62
31	Peter Ehrhardt	Tod	V60	9.42	12.47	185	0	0	0	0	10	0	15	15	15	0	0	0	0	0	0	0	15	0	70	10	60
32	Sharon Godsman	Tod	L	9.18	12.24	186	0	15	20	15	10	10	0	0	0	0	0	0	0	0	0	0	0	0	70	12	58
33	Trevor Smith/Sue Roberts	Tod	Mix	9.37	12.55	198	0	0	0	0	0	10	0	15	15	0	15	0	0	0	0	0	15	20	90	36	54
34	Rachael Skinner	Tod	L	9.28	12.20	172	0	0	0	0	10	0	0	0	15	0	0	0	0	0	0	0	0	0	25	0	25
35	Rhys Watkins/Mel Blackhurst	Tod	Mix	9.45	13.01	196	0	0	0	0	10	0	0	0	15	0	0	0	0	0	25	0	0	0	50	32	18
36	Anna Forest	Guest	L	9.23	12.46	203	0	0	0	0	10	0	0	15	15	0	15	0	0	0	0	0	0	0	55	46	9

LETTERS

Calderdale Way Relay

As you are all well aware we did not get teams in the Calderdale Way Relay as we did not enter early enough. However various members kindly gave up their time and turned out and marshalled on the day. As a result we received this letter from Linda Crabtree of Halifax Harriers.

Dear Derek,

On behalf of Halifax Harriers I would like to thank very much for your clubs assistance in helping make our Calderdale Way Relay event such a success.

In particular we would like to thank Cath & Chris Smale, Andrew Bibby, Ted & Irene Long, Shaun Godsman, Dave Collins and Jane Smith who rang myself and offered to marshal for us. If I've missed anyone then please accept my apologies and my thanks. Those mentioned are the ones that contacted myself but there may have been other Todmorden members involved at the changeover legs.

Next year I shall reserve you 3 teams so your members will not be disappointed. I shall send out entry forms as before but you will need to let me know if you are entering more than the 3 teams reserved. Hope you are able to come next year on Sunday 9th December 2007.

Yours sincerely
Linda Crabtree.

Letter from Gerry Williams

(Former Todmorden Harrier and long time administrator of the Grand Prix – now suffering self imposed exile in the mountains of Scotland)

Seasons greetings to you all, congrats to Helen for the promotion and a boot up the backside for Dave to get his PhD finished! Actually, with the situation I find myself in over the last two years, I'm thinking of a PhD in mountaineering studies with special emphasis on "field work" requiring a visit to the summits of all Munros, Corbetts and Grahams.

I earn my living with the Forth Valley out of Hours service, which is essentially dealing with all the night time medical emergencies at Sterling Royal Infirmary. I have it organised that I work for only 123 days each year, which allows me to spend about 140 days on my "field studies".

I really liked living and working in Todmorden, but with the recreational opportunities this Stirling job offered, you can see why I had to leave and take it.

In 2006, we have done we have done about 30 Munros + 30 Corbetts + 30 Grahams. However, our main discovery was the Marylins and I have done another 100 of these. If you don't know what they are, ask a certain John Crummett of Tod. Harriers who is listed as no. 35 in the all time Marylin Hall of Fame. I don't know him and he doesn't know me but tell him, I am catching him up.

Best wishes to you all for 2007, and to anyone from Tod. Harriers who might remember me.

Gerry & Sue

Red rose cross country 2006

The first race of the 2006 red rose cross country was at Witton Park, Blackburn. Six Todmorden Harriers made the journey for what turned out to be a fast and unusual race for some! Chris Smales had a great race always with the leaders and on the third lap of four looked like the favourite to win the race he slipped back slightly on the last lap but still a very good result for 4th place. I could never quite stay with the leading group on the day and finished in 12th place after being assaulted in the last 100m by a Salford runner who didn't like me overtaking him; this was all caught on film and resulted in him being disqualified. Jon Wright and Shaun Godsman both ran well in 18th & 24th Shaun in his first cross



Mark Goldie

country race being caught out slightly by the fast pace of this race and possibly running too fast too early. Mark Goldie had his usual strong run to finish in 48th mark was also in his first cross country race but I think he enjoyed it more than Shaun and our sixth counter was Mark Anderton in 110th giving his usual 100%. This gave us 5th team overall (a good start) unfortunately due to injuries and other commitments we failed to field a full team at the next three races but the ones who did enjoyed the races and it would be nice to see more people turn out next year.

The second race was at Bury where we had three runners competing on another very flat and fast course and five laps! All three of us com-

mented that the hardest part of this race was trying to remember how many laps had past by, Mark Goldie struggling most with this something about not being good at multitasking (running & counting) The results were Andrew Wrench -13th, Jon Wright 23rd, Mark Goldie 55th

The third race at Clayton-le-Moors clashed with the Tour of Pendle with the same three runners turning out on a much more interesting course and suiting all three of us better (slightly rougher under foot) Andrew Wrench 9th, Jon Wright 13th, Mark Goldie 34th

The final race of the series was at Marl Pits and the race is more of a fell race than a lot of fell races, unfortunately it fell on the day after the Tod presentation. This seemed to work two ways, some people committed to the race while full of beer others dropped out and committed to

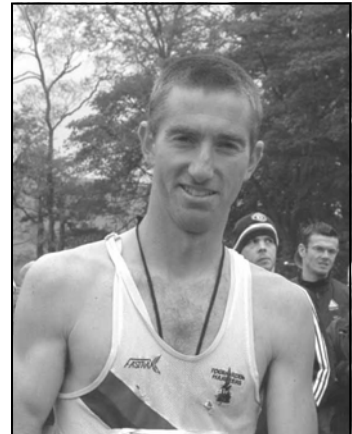
the beer. This resulted in as many Tod spectators as runners. Five Tod runners started on what must have been the muddiest course I have ever run on! Nick Wigmore and James Riley making their debut in the series finished in 72nd and 98th Jon Wright (fresh from wrestling drunks in Halifax a few hours earlier) had a good battle with Chris Smales, Chris just getting the upper hand by 6 secs in 16th and Jon in 17th I had my best run of the series in 8th

Overall results best three from four:-
Andrew wrench 6th overall, 1st v40
Jon Wright 12th overall
Mark Goldie 34th

Andrew Wrench



Andrew Wrench



Jon Wright



Chris Smales

ACKWORTH
Road Runners
 & Athletics Club



Present

The **Wilkinson** **ACKWORTH HALF MARATHON**

SUNDAY 25 MARCH 2007 at 10.30 am

At the Village Hall, Low Ackworth, Nr Pontefract

Under UKA Rules. Certified distance 13 miles 192.5 yards. NoEAA Permit No. 07/7956

Incorporating the Yorkshire Half Marathon Championships.

Eligibility: Yorkshire Championships - birth or at least 9 months consecutive residence prior to race day.
 Championship deadline 10/3/07. Tick box below if eligible.

And 1.7 Miles Fun Run – Starts 10.35 am – Entry Fee £2.00 (£3.00 after 10/3/07)

ENTRIES to Christine McCarthy, 111 Holywell Lane, Glasshoughton, Castleford, West Yorks, WF10 4QZ.

CHEQUES AND POSTAL ORDERS PAYABLE TO ACKWORTH ROAD RUNNERS & AC

ENCLOSE 9 x 6 STAMPED ADDRESSED ENVELOPE FOR RACE NUMBER AND DETAILS

CLOSING DATE: 10 MARCH 2007 for race entries and inclusion in race programme (free to all runners)

ENTRY FEES FOR HALF MARATHON - £12.00 UKA ATTACHED CLUB RUNNERS

£14.00 UNATTACHED. LATE ENTRIES AND ENTRIES ON DAY £5 EXTRA

Tee Shirt to all Half Marathon finishers.

Medal to all Fun Runners.

Note! The course is not suitable for wheelchair competitors unless they are experienced.

PRIZES for half marathon to a total value of **£6,400** including first 15 men, first 15 women and all veteran categories in 5 year age bands from M40 to M75 and F35 to F65.

Cash prizes to first 3 men and first 3 women.

1st man and 1st woman £750 each plus £250 for new course records (mens record 64-49, womens record 73-31).

2nd man and 2nd woman £400 each.

3rd man and 3rd woman £200 each.

1st British Man & 1st British Woman £500 each.

All other prizes in vouchers from Up & Running.

Note: One prize per person, except where team prizes are won. See over for full prize list & championship details.

PLEASE TICK BOXES BELOW ON ENTRY FORM AS APPROPRIATE

WILKINSON ACKWORTH HALF MARATHON 2007/FUN RUN ENTRY FORM

Surname Forenames

Address Post Code

Telephone Male/Female D of B Age on Race Day

Affiliated ☐ Unattached ☐ UKA Affiliated Club ☐

Best Half Marathon Time in Last 3 Years Fee: ☐ £12.00 ☐ £14.00 ☐ £2.00

Declaration: I am over 17 years of age (Half Marathon only). I agree to abide by UKA rules and accept that neither the race organizers nor their sponsors will be held responsible for any loss, injury or illness resulting from this event.

Signed Date

Race Category Entered:- Fun Run ☐ Half Marathon – Senior Male ☐ M40 ☐ M45 ☐ M50 ☐

M55 ☐ M60 ☐ M65 ☐ M70 ☐ M75 ☐ Senior Lady ☐ F35 ☐ F40 ☐ F45 ☐ F50 ☐

F55 ☐ F60 ☐ F65 ☐ Yorkshire Championships ☐

Tee Shirt Size:- XL ☐ L ☐ M ☐ S ☐ Competitors rights covered by Data Protection Act

RADCLIFFE A.C. 12 MILE TRAIL RACE

SUNDAY 18TH FEBRUARY 2007. 10.30AM

MASON ARMS, SION ST. RADCLIFFE

RACE LIMIT 200. PERMIT NO. PENDING

SPONSORS: - WRIGHTS RECYCLED PRODUCTS LTD

The Route starts with a short section of Sion St. before setting out along the Nature Trail, and is primarily on tracks and trails, crossing Hulme Rd. and Stoneclough Rd. before returning along the remains of the Bury and Bolton Canal. The total climb amounts to a little over 400 feet, most of the climbing coming between 7 and 10 miles. All marshalled. Stud soles are to be preferred especially if it is wet and muddy. Please arrive changed and ready. The Pub will be open and the Licensees welcome us, but facilities are very limited.

Venue: Masons Arms
 Sion Street (Near ASDA Superstore)
 Radcliffe
 Manchester

Entry Fee: £5.00 Club Runners
 £7.00 Unattached Runners
 £1.00 Extra on the day
 Cheques payable to: - 'Radcliffe Athletic Club'
 S.a.e. not required. COLLECT YOUR NUMBER ON THE DAY

Entries to: 12 Mile Trail Race, 84 Meadowcroft, Radcliffe, Manchester M26 4JQ
Enquiries to: Bill 0161-7246692 or Tom 0161-7232879
 Email tomradac@aol.com Website: www.radcliffeac.org.uk

Entries on the day will be taken but only if the entry limit has not been reached. 200 is the limit or the Pub and the Route will be overwhelmed.

GET YOUR ENTRY IN SOON! PRE-ENTRIES WILL NOT BE REFUSED.

EXTENSIVE PRIZE LIST

(ONE PRIZE PER PERSON)

ENTRY FORM – PLEASE PRINT CLEARLY – MINIMUM AGE 17 YEARS

FIRST NAME SURNAME
ADDRESS
.....
.....
..... TEL NO
CLUB AREA MEMBERSHIP

PLEASE TICK IF UNATTACHED TO A CLUB ☐

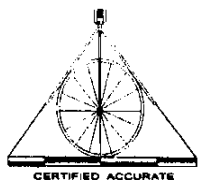
AGE ON RACE DAY [] MALE [] FEMALE

I am medically fit to run this race and I understand that I enter this event at my own risk. Also that the event organisers are not responsible for any illness or injury sustained in this event.

Signed _____ Date _____

Official Use
Race Number

ukresults.net



NORTH OF ENGLAND
PERMIT NUMBER
077955

Roberttown Road Runners Present
The 12th

British
Association
of Road
Races
Membership No 519
Bronze grade

LIVERSEDGE HALF MARATHON

NORTH OF ENGLAND
PERMIT NUMBER
077955

COMPLETE  RUNNER
www.completerunner.co.uk

PLEASE NOTE
THERE WILL BE NO ENTRIES ON THE DAY

SMK SPORTS
RUNNING SPECIALISTS
WESTGATE, CLECKHEATON
01274 869969
www.SMKrunning.co.uk



Run Under U K Athletic Rules
on
Sunday 11th February 2007



Race Starts at 12 Noon

Start and Finish on Roberttown Common

Changing and Race HQ in Roberttown Community Centre
First Aid Cover Male and Female Changing Mile Marked
Refreshments Spot Prizes Drinks Station

Due to the Nature of the Course - Sorry no Wheelchair Entries

For more information please phone Peter - 01924 401147 Michael - 01924 400125 or Robert - 01274 242594

PRIZES

1st 5 Men	1st 5 Ladies
Male Vets	Female vets
3 over 40	3 over 35
3 over 45	3 over 40
3 over 50	2 over 45
2 over 55	2 over 50
2 over 60	1 over 55
2 over 65	1 over 60

1st MALE and 1st FEMALE TEAM
(3 TO COUNT)

Long Sleeved T/Shirt to all Finishers

ENTRY FEES

£8.00 Attached £10.00 Unattached

RACE LIMIT 500

NO ENTRIES ON THE DAY
Please make Cheques Payable to Roberttown Road Runners

Entries to:- **Michael Childe, 12 Lincoln Grove,
Roberttown, West Yorks. WF15 7NE**

Due to new postage charges, please enclose an A5 envelope (240x165) with a 1st class stamp for directions and information.

If you wish to receive the information via E-MAIL instead, please enter your e-mail address on the entry form.

WWW. ROBERTTOWNROADRUNNERS.CO.UK

ENTRY FORM

First Name UKA Club
Surname North of England Membership No.
Address Male/Female Age
Date of Birth
Post Code
E-mail address
Tel No

MINIMUM AGE FOR THE HALF MARATHON IS 17

DATA PROTECTION:- All names will be held on a computer for result purposes only and will not be passed on to any third party.

I Declare that I am an amateur as defined by U K Athletic rules. I certify that I am fit to run and understand that the organisers will in no way be held responsible for any injury or illness during the event.

Signed Date

YEAR PLANNER 2007

TODMORDEN HARRIERS GRAND PRIX - FELL + ROAD/TRAIL

[illegible]