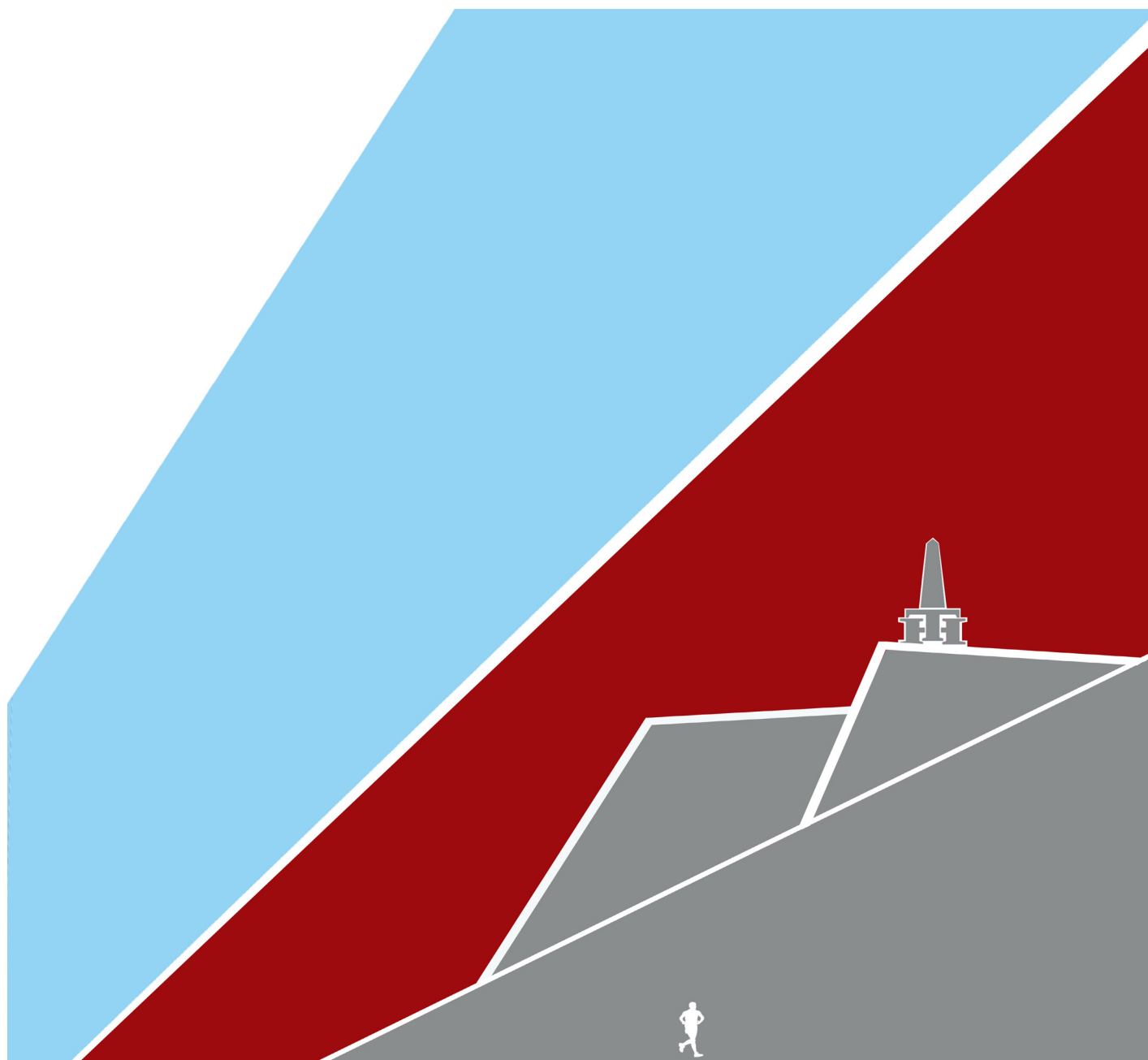


TODMORDEN HARRIERS

NEWS, MOTIVATION, INSPIRATION, RACING, OBSESSION, MEMORIES, BANTER AND MORE!



THE

TORRIER

Winter 2015 - Thanks for all contributions

2014 GRAND PRIX: maybe these were the highlights, maybe not

If you had only read about our year in the local rags it would seem much of a season, one that in light of coverage has, with ironic self-deprecation, been referred to as “a footnote to the CVFR story”. But us Tod Harriers were out there in both quantity and quality.

There was a good club turn out and some close competition in all our championships, fell, road and trail. Peter Ehrhardt and David Leslie ran the most races overall - 17; the latter with Michael Harper ran the most on the road, 7 each, and Craig Stansfield impressed on the fells completing 11 of the 15 races. Club colours were seen in force at many events, over 20 vests on the starting line for 5 fell races, 3 Trail and 1 road.



Road races had 41 different entrants with 8 qualifying - though 4 of these left it until the last race to do so. Sarah Glyde won the women's title for the 4th consecutive year; Paul Brannigan received the male trophy for the 10th time; but only just, having to run the last race injured.

73 competitors on the fells was the same number as last year; qualifiers were up in numbers to 16 and both champions are new names on the shields. Lucy Burnett claimed the women's title and also the Eric Stoddard Trophy for best performance in the English Fell Championships where she came 11th overall. The men's went down to

2014 GRAND PRIX: maybe these were the highlights, maybe not



the last race and finished with Ivan Gee narrowly beating Craig Stansfield.

The Club Championship also had more qualifiers this year; a select 6 ran a short, medium and long race on both road and fell with Paul Brannigan triumphant and winning the trophy for the 5th time.

The second year of reducing Trail requirements to 3 races has resulted in another increase of qualifiers to 16 out of the total participation of 49. Michael Harper ran the most, 5 of 6 races and the overall winners were Louise Abdy, one of only 3 women qualifying and Darren Tweed.



Adding points to all of this brings us to the GP table itself where the Champion is, for the third year running, Paul Brannigan. With 88 Toddlers running at least one race exactly one quarter, 22, qualified for the Grand Prix. Of these 5 did so for the first time; a mixture of old and new members Michael Harper, Louise Abdy, Guy Whitmore, John Allen and Kirsty Patten. You defiantly need clock up a few more to get the next award - a GP Tankard goes to a runner on the completion of their 10th Grand Prix qualification. Only four members have done this - Peter Ehrhardt, Paul Brannigan, Dave O'Neill and Richard Blakeley. They

2014 GRAND PRIX: maybe these were the highlights, maybe not

are now joined by two others: congratulations to Andrew Bibby and Simon Galloway, who first qualified in 2002 and 1997 respectively.

Whist these are the highlights of an arduous though enjoyable racing season, none of those above have achieved or suffered more than those who make it to the end of this report. I'm guessing a few of you actually do - and I'm even more surprised that it led to a vote or two cast for Club Person of the Year. Many thanks to all those who did from the proud recipient of this honourable award and Statto's service will resume again in 2015.

Your favourite races of 2014

"I Think I would have to say Tiree inaugural ultramarathon was my favourite race this year, for the views. Amazing weekend!! Booked again for next year. I also loved Equinox 24 for the atmosphere. Hardest race this year by far...white rose ultra 60 miles around the edges of Huddersfield the up hills were vertical crawling, on rough terrain the down hills were vertical road!! It almost broke me. Favourite run this year has to be the Leeds-Liverpool canal for sport relief!! Something I shall never forget"

Jilly Davison

"I didn't do many races last year, but the Fellsman stands out as the highlight. I surprised myself with a good level of stamina on a patchy training regime, the camaraderie en route was fabulous, and the food at each checkpoint was plentiful. 61 miles for £30 isn't bad value either."

Andi Mcfie



Must be Tandle Hill - 1st race after rolling my little wagon over me - held off Reg Czudek who has been running much better in 2014, AND won a prize. Which was definitely a surprise as I was about 3 minutes slower than the year before



- not sure which one of these resembles me the more closely

Peter Ehrhardt

"British Masters 5K road championships at Horwich because of the very high quality of runners, the intensity of the competition, the 3 lap scenario enabling the race to develop and the sheer speed. It felt great to be in the mix competing at that level even though I was 7th."

Paul Brannigan

"Well, for me it has to be the trip to Iceland. The Laugavegur Ultramarathon was awesome. The race went really well for me and I was delighted to finish

what was my longest running race ever. The landscape was amazing. Everything from black volcanic sand, sulphurous mud and rock to sections of ice and snow. Some parts were like being on the moon. I tried to take it all in but there was too much so I want to go back. Anyway, I seem to have lost my finishers medal so I'll have to get another one! It was nice being somewhere so different to places I've visited before and it was also fun to be just one of a handful of Brits in it. Entries open 9th Jan!"

Simon Galloway

"I did some great events last year and was helped through the depths of winter with single minded focus - The Marathon (It deserves a capital M.) How could I claim to be a runner without ever doing at least one? After being Brannigained in the last half mile at Capesthorne HM in 2013 I put my frustration and second place £50 prize money to good use and with a bit rivalry to fire me up I got stuck into some serious training. I laid my cards on the table in the early days and said what time I was gonna do. The week before I was counselled by my Mentor (Robin) and revised my strategy to not run at pace. I decided to run faster than pace while I could and gain some time for potential latter stage fatigue. The plan was if I didn't fatigue it would be a win win situation. Proud to say I smashed my initial target time (2:41) and made a great Marathon debut in 2:37:16. The picture shows me coming in a few hundred metres from the finish with a very excited Robin Tuddenham and was taken by a great Tod Harrier Jim Smith"



Nick Barber

Bestest race for me was probably Jura, where I stole a few minutes off my previous PB on a lovely day on the hills. (Worst race was the Northern Irish melee in the mist, but that's another story)

Andrew Bibby

Having tempted fate (fate?) by having an argument with my little buggy, full of stone for dry stone walling (the buggy won, on points) I had something of a lay off and feared non completion of the grand prix and of the road

championship (the fell championship had already gone by the way - can't do the long ones any more).

So when Tandle Hill came up I really needed to do it. Despite the horrible run out - must be nearly a mile up that road. And back again at the end.

Anyway, as expected, most of the field ran away from me. Including Reg Czudek. I managed to haul in one or two in the wood, and then, going round the war memorial, I saw that Reg was only just ahead. So I speeded up a bit and tucked him away, gaining a few more places yet before the narrow path leading back to the road.

As expected 3 or 4 went past me going down the road. I was trying - though you might not have noticed if you were watching. Then I was surprised to hear a familar puffing noise coming up behind me. Rather like a steam engine due for service. All I could do was weakly murmur 'well done Reg' as he came up to me. At which point he ceased overtaking and stayed on my shoulder.

Only about 1/4 of a mile to go - watching me 'sprint' that last distance may well have been entertaining for others. But I kept ahead - just; there was 1 sec between us at the finish.

About 2 1/2 minutes slower than 2013.

Someone suggested we stay back for a pint and the prize giving - Toddies had done quite well, and to my surprise - STEP FORWARD M65 PRIZE WINNER PETER EHRHARDT!

Must be the best race of 2014.

Very difficult to choose with so many fantastic races but one which keeps coming to mind is the Kinder Trog.

The heat, for me, made carrying any sort of speed particularly difficult. Spraining my ankle about 6 miles in and having to rest it for 5 minutes also put me way further down the field than I would have liked so I just picked myself up, dusted myself down and enjoyed an almost leisurely 10 miles of sunshine, dry trails, clear sky's and beautiful Peak Distict scenery, whist taking on as much water as possible and trying to not get lost.

My ankle is still knackered now but I somehow really enjoyed the race.
John Allan

Apart from the rather special Queenstown Marathon, my favourite race was the Coniston 14. This is a 14 mile road race run round the Lake. I came 577th out of 1040 finishers in a time of 2.06. It was a lovely sunny day and everybody in the race seemed to be up for a bit of conversation on the way round. I have to also mention the Ian Hodgson Relay where I ran the last leg with Sue Roberts, and the Kentmere Horseshoe where I ran a good part of the way with Beryl Buckley.

David Leslie

*Swinton 10. Of course I didn't do it – but loved reading the feedback on the forum: "It was 2 laps of underpasses, rough pavement, dual carriageway, shopping streets and roadworks", "...still the same urban decayed, contrived, dog **** strewn route", "the most tedious road race I have run in 11 years!!" Not included in this year's GP fixture list – shame.*

Dave O'Neill

Tod Blossoms in Red Rose League

Red Rose XC League Rossendale – 6 Dec 2014



No shortage of mud at Marl Pits

Todmorden Harriers sent their strongest squad of 2014 to Marl Pits in Rossendale for the final race in the Red Rose Cross Country League. Team spirit and desire has grown from race 1 where a skeleton men's squad performed well enough to be in the mix for honours, which inspired greater commitment in races 2 and 3 to close the gap on Blackburn and Rossendale.

In the 4th and final race of the season the big winners were Todmorden's male Vets team who produced their finest performance in the series to overhaul Blackburn and win the Red Rose XC League Vets team title. The ladies vets team had built up a head of steam over the 4 races to secure 3rd place overall in the veterans team category.

Mel Blackhurst capped a fantastic year in being crowned the Tod Harriers Ladies XC champion. The race for the male equivalent title went right down to the wire with Andrew Wrench finishing in front of Nick Barber for the first time in the league, but it was Barber who took the title scoring 183.6 points to Wrench's 183.1, which equates to just a 10 second gap in the whole competition. With Wrench and Barber driving the Tod train it was Ivan Gee, Dwane Dixon, Robin Tuddenham, Paul Brannigan, Chris Goddard, Craig Stansfield and Dave Garner down in the engine room who powered a procession of red, white and blue Tod vests across the line to a superb Men's Open team 2nd on the day and 4th place in the overall team competition.

Paul Brannigan won the overall Red Rose title in the age 50-54 category. Nick Barber finished 2nd overall in the age 35-39 category. Mel Blackhurst finished 3rd lady overall in the age 45-49 category and Moyra Parfitt missed out on overall 1st place in the age 65-69 category by just 1 point.

Jack Crummett finished 11th overall in the U17 competition and Jamie Lannagan finished 58th in the U11 boys race.

Red Rose prize presentation is at Horwich RMI Club on Friday 27th February 2015

If you would like to attend then put your name down on the forum or let Nick B know.

Queenstown Marathon, New Zealand 22 November 2014

The Race

I signed up for this one 11 months in advance. At that time it was a pig in a poke. It was the first running of this Marathon. The organisers spoke vaguely about 30% off road, there was no map or route and about all that seemed fixed was the need to pay a steep entrance fee up front. However by 4 months from race day there was talk of the route being "fairly flat" with 50% off road. In fact from then on the organization was excellent and the 42 km route was through stunning scenery with 70% off road on good firm trails and superbly signed and marshalled. I am sure this race will have a strong following among keen marathon runners. It is unusual in being quite fast and reasonably flat. Being mostly on trails the terrain is much more forgiving than other races at this distance.

And the scenery really was absolutely stunning.



Preparation

From Manchester I flew into Wellington to stay for some days with my brother who lives there. A week before race day the forecast was for snow and strong wind in Queenstown but Wellington was beautifully sunny so I paid little attention but made sure I had kit for any weather. My brother's family were coming to Queenstown in support so after sightseeing, shopping (in Dunedin) and the like we eventually arrived there about 6pm the day before the race. After checking in to an apartment there was just time to register and to walk the last 100 yards or so of the course. Not perhaps the best marathon preparation.

Race Day

Race day morning was an early start (wake up 5.00am sharp), porridge for breakfast, walk in to Queenstown and then bus uphill and out to the start point near Arrowtown. The bus driver ended up at the mid-way point by mistake and then had to reroute but rain was pouring down and the entire bus load of us assured him he had helped by saving us from an extra half an hour in the rain.

There was still about an hour hanging around with 1700 other runners waiting for race start. This gave plenty of time to decide to keep my rain proof anorak on with warm top and shorts. Also to have a second breakfast of an energy bar.

Racing

The race itself was very well organized. I started from the "4 hour 30 +" pen at the back of the field and the runners soon spread out. I started conversations with a young man (well they all look young now) from Houston, Texas who was now based in Sydney but with a Pan Asian Corporate role involving lots of travel. This was his fifth marathon but he planned to do lots more for an MND charity. When he moved on ahead I chatted with an Australian who was about my speed but much more experienced at this distance. In fact though 90% of the runners were New Zealanders and with a good mix of ages and ability.

The first part of the route was on road and took us right through Arrowtown centre. The main street looks a bit like a street from a cowboy western with a saloon and 10 cent stores. (I came back next day to take the picture). After about 10K we got onto a trail running right around Lake Hawes. Really pretty scenery and surrounded by some rather lush wine growing areas (mostly Pinot Noir).

I was still – to my surprise - running OK by the time we got to the halfway point (back on road again) and recognized where the bus had taken us. During all of this I was accompanied by the boring lady voice who lives in my phone and tells me how fast I have been going km by km. For the first 10k I was averaging about 5min 30 sec per km. By the mid point my pace was down to about 5.50 or so but I had not taken my usual 'walking' breaks and was still feeling good and clocking very consistent kms.

The route now went off again onto trail, down beside the Shotover River (legendary for panning during the New Zealand Gold Rush) and then along the Kawarau river. The trail was still pretty good – but my legs were getting tired and sore. The last 10K was from Franklin along Lake Wakatipu into Queenstown. It was still raining but even so I was glad of it. After all 80% of my training had been in that sort of weather so probably I would have been rather unprepared for sun.

I kept going by promising myself 20 paces walking at each kilometer but by this time I was barely able to count. Even so I was pacing about 6.10 per km. With 3 km to go the crowds were thicker. My race number had the text "Dave from UK" and I was getting more crowd cheers than my fellow runners "Donna" from Australia, and a local Queenstown man "Pete". They and other runners close to me must have been sick of it but the cheers helped me to keep up the 6.10 pace right through to the end. The funnel crowd gave us all a great cheer as we came in quite strongly. Then we all went through to pick up a goody bag and a medal.

After the Race

The worst part of such a long event as always is at the end when reaction sets in. It took a while to get my bag back, change into dry clothes, find my brother and walk to the car and finally begin to relax in a lovely hot shower.



Rather to my surprise I was up early next morning for a 10K before breakfast. Even more to my surprise it was a lovely morning, sunny, warm and dry. The route along the lake looked far more inviting than it had the day before and I took some pictures.



I did not get the results until a full 24 hours later. You could see people limping around town the next day – a sure sign they had also done the marathon the day before. In a pub a NZ lady from Taupo and her husband told me my time and position - 6th in class with a time of 4hrs 15mins. The race winner had achieved 2.33 and the first runner in the V60 class did 3.24 so I was well pleased with my results. The nice NZ lady had come 4th in the WV60 class so we both had a drink to celebrate.

Now I have to choose where to run in 2015. Glad to take advice from anybody with suggestions....

Another year and another selection of classic and local races. 2015 is the year where you could take the championship by storm and smash the championship? Good luck and enjoy the races :)

2015 GRAND PRIX: - the first fell races

Fell racing starts in the 2015 GP with 3 popular and local races. First off is a jaunt out to Haworth for the ever popular Stanbury Splash on 18th Jan - a runnable, for most, 7.5 miler that attracts a good number of us, in or out of the GP, and at £4 for a Sorren Malt Loaf a bargain! Then it's a wait until 28th Feb where Midgley is included for a second season running by default - the only early season short race that would fit in available dates, but it proved to be the most popular turnout last year. There will be plenty of route choice to cut across the heather, or plenty of other runners to follow. The first long is Heptonstall, much requested by club members and this year is the first time since 2011 we have been able to include it. The 22nd March date should allow a few recces to be organised. Then we are into May for the first English Championship race - Stretton - by which time you should be reading another Torrier with more race info.

GRAND PRIX AND 2015 CLUB CHAMPIONSHIPS ESSENTIAL INFORMATION - THE BASICS

The 33 races are split into 12 road races, 15 fell races and 6 trail races to choose from. There are 6 championships:

- 1 ! Fell (6 fell races of different lengths to qualify)
 - 2 ! Road (6 road races of different lengths to qualify)
 - 3 ! Trail (3 trail races of any length to qualify)
 - 4 ! Club Champion (3 fell races of different lengths plus 3 road races of different lengths)
 - 5 ! XC Champ - 3 races of the Red Rose series
 - 6 ! Grand Prix (8 of any races, but a minimum of 2 road, 2 fell and 1 trail).
- This is the only championship that is handicapped according to age and sex thus finding the best 'pound for pound' runner.
- Our statistician calculates your points by dividing your finishing time by the average of the first 3 finishing times and multiplying by 100.

A lot of races are pre-entry especially the English championship fell races and some road races. It is important to enter these races early as they do get over subscribed.

You must wear a club vest.

GRAND PRIX CHAMPIONSHIP

This championship encourages participation from club members and aims to find the best runner making an allowance for age and sex.

Points: Points are calculated by dividing your finishing time by the average of the first 3 finishing times and multiplying by 100. As this championship is handicapped once you reach veteran status your points are multiplied by a factor that is higher for women and increases with age. Some races are eligible for a bonus (see Rules section).

Qualifying: 8 races from 33 will ensure you qualify, which must include a minimum of:

! 2 road races ! 2 fell races

! 1 trail race

Combinations such as 5 fell, 2 road, 1 trail or 2 road, 2 fell, 4 trail or 5 road, 1 trail, 2 fell are examples of how to qualify.

If you do more than 8 races then your best 8 scores are the ones that count (subject to meeting the minimum requirements above).

The club's software will work all of this out and the table is published regularly on www.todharriers.co.uk/grandprix.htm.

Top ten finishers get trophies and all qualifiers get certificates.

FELL CHAMPIONSHIP

This championship encourages participation from club members who enjoy fell running and aims to find our best fell runner. This championship incorporates the 6 English championship fell races plus 9 fell races selected by the fell race committee. There are 5 each of long, medium and short fell races.

Points: Points are calculated by dividing your finishing time by the average of the first 3 finishing times and multiplying by 100. There is no handicap applied for age/sex, but some races are eligible for a bonus (see Rules section).

Qualifying: 6 fell races from 15 will ensure you qualify, which must include a minimum of: ! 1 long ! 1 medium ! 1 short

Combinations such as 1 short, 2 medium, 3 long or 2 short, 3 medium, 1 long are examples of how to qualify.

If you do more than 6 races then your best 6 scores are the ones that count (subject to meeting the minimum requirements above).

The club's software will work all of this out and the table is published regularly on www.todharriers.co.uk/grandprix.htm.

Trophies are awarded for all gender/age categories.

ROAD CHAMPIONSHIP

This championship encourages participation from club members who enjoy road running and aims to find our best road runner. This championship incorporates 12 road races selected by the road race committee. There are 4 each of long, medium and short road races.

Points: Points are calculated by dividing your finishing time by the average of the first 3 finishing times and multiplying by 100. There is no handicap applied for age/sex, but some races are eligible for a bonus (see Rules section).

Qualifying: 6 road races from 12 will ensure you qualify, which must include a minimum

of: ! 1 long ! 1 medium ! 1 short

Combinations such as 1 short, 2 medium, 3 long or 2 short, 3 medium, 1 long are examples of how to qualify. If you do more than 6 races then your best 6 scores are the ones that count (subject to meeting the minimum requirements above).

The club's software will work all of this out and the table is published regularly on www.todharriers.co.uk/grandprix.htm.

Trophies are awarded for all gender/age categories.

CLUB CHAMPION

This championship encourages participation from club members who enjoy fell and road running at all distances and aims to find our best all-round runner. This championship incorporates the 12 road races and 15 fell races. It does not include races from the trail championships.

Points: Points are calculated by dividing your finishing time by the average of the first 3 finishing times and multiplying by 100. There is no handicap applied for age/sex, but some races are eligible for a bonus (see Rules section).

Qualifying: You must do:

1 ! 1 long fell race

2 ! 1 medium fell race

3 ! 1 short fell race

4 ! 1 long road race

5 ! 1 medium road race

6 ! 1 short road race

Your best scores in each of the above categories are the ones that count. The club champion is the person attaining the highest total.

Trophies are awarded for all male and female club champions.

TRAIL CHAMPIONSHIP

This championship encourages participation from newer members and those who have not previously won a championship. You are eligible for this championship if you have not won a championship (grand prix, club, road, fell or trail). This championship incorporates 6 trail races that include local category B and C fell races and races advertised as trail races. Races are selected by the road and fell race committees. They will cover a range of distances.

Points: Points are calculated by dividing your finishing time by the average of the first 3 finishing times and multiplying by 100. There is no handicap applied for age/sex, but some races are eligible for a bonus (see Rules section).

Qualifying: 3 trail races from 6 will ensure you qualify. They can be any distance. If you do more than 3 races then your best 3 scores are the ones that count.

The club's software will work all of this out and the table is published regularly on

www.todharriers.co.uk/grandprix.htm.

RULES

We're not really a "rules" club - but there are a few involved here...

You **MUST** compete in a club vest if you want to score championship points.

Distance categories for fell races: As per FRA guidelines, i.e. short (S) is under 6

miles; medium (M) is 6 miles and over but under 12; long (L) is over 12 miles.

Distance categories for road races: short (S) is up to and including 10K; medium (M) is over 10K and up to and including 10 miles; long (L) is over 10 miles.

Distance categories for trail races: there are no distance categories for trail races. Championship status events: Any race which has championship status, e.g. a county championship or English or British championship will carry a points bonus to make up for the exceptionally high standard of performance. These will be flagged up in advance and will be 6% for regional events & English/British 10%.

2015 Todmorden Harriers Grand Prix, Fell, Road and Trail fixtures

Further race info - entry details prices distances etc. can be found on <http://www.todharriers.co.uk/club-championship/> click on the links

	Fell	Road	Trail
Jan	18th Stanbury Splash - M	25th Meltham 10K - S	
Feb	28th Midgeley - S	15th Liversedge Half Marathon - L	21st Standish
Mar	22nd Heptontall - L	15th Sweatshop 10 M - Regional champs 6% point bonus 29th Accrington 10K	
Apr		26th Blackpool HM - L	6th Grizedale
May	9th Stretton - M - English champs 10% point bonus 20th Blackstone edge - S 30th Duddon - L - English champs 10% point bonus		25th Ilkley
June	27th Whalley Waltz - S	10th Otley - M (TBC) 21st Freckleton HM -L	
July	25th Lingmell - S - English champs 10% point bonus 29th Lee Mill - M	5th Eccup 10 - M	
Aug	22nd Peris Horseshoe - L	14th Shore Road - S	30th Alices Run
Sept	6th Guisborough - M - English champs 10% point bonus 19th 3 Shires - L	13th Garstang HM - L	22nd Mandy Goth's Wham
Oct	11th Withens Skyline - M 24th Whernside - S		18th Woodland Challenge
Nov	14th Tour of Pendle - L	1st Derwentwater 10 - M	
Dec		29th Wesham 10K - S	

cn	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV		FELL	ROAD	TRAIL
					1						MON	Short	Short	Short
					2			1			TUE	Medium	Medium	Medium
			1		3 YVAA 5M CHAMPS TOMORR	1		2			WED	Long	Long	Long
1			2	YVAA 5K CHAMPS	4 Hebden Bridge FR	2		3	1		THU	English AS		
2			3	1	5	3		4	2		FRI	English AM		
3			4	2	6	4	1	6 BMAF HALF MAR	3	1 BMAF MARATHON NEWC	SAT	English AL		
4	1	1 NVAC XC CHAMPS	5	3	7	5 Eccup 10 & YVAA	2	6 Guisborough	4	1 Derwentwater 10 Prov	SUN	British Champs		
5	2	2	6 Grizedale Trail Prov	4	8	6	3	7	5	2	MON			
6	3	3	7	5	9	7	4	8	6	3	TUE			
7	4	4	8	6 JOHN CARR 5K	10 Otley 10	8	5	9	7	4	WED			
8	5	5	9	7	11	9	6	10	8	5	THU			
9	6	6	10	8	12	10	7	11	9	6	FRI			
10	7	7 Flower Scar	11	9 Stretton 6 Summits	13 Durisdeer	11 Bradda Niarbyl	8	12	11 Withens FM	7 Shepherd's Skyline	SAT			
11	8	8 BMAF 10M ROAD CHAMPS SIDCUP	12	10	14	12	9 NVAC 10K ROAD CHAMPS	13 Garstang Half Ma	11 NVAC 10000M CHAM	8	SUN			
12	9	9	13	11	15	13	10	14	12	9	MON			
13	10	10	14	12	16	14 Stoodley Pike	11	15	13	10	TUE			
14	11	11	15	13 JOHN CARR 5K	17	15	12	16	14	11	WED			
15	12	12	16	14	18	16	13	17	15	12	THU			
16	13	13	17	15 EURO MASTERS	19	17	14 Shore Road Race, Lboro	19 3 Shires FL	16	14 Tour Pendle FL	FRI			
17	14	14 BMAF XC CHAMPS	18 Moel Win Peaks	16 EURO MASTERS	20	18	15 Seven Sevens	19 BMAF 10000M C	17	14 INTERNATIONAL XC	SAT			
18 Stanbury FM	15 Liversedge Half Ma	15 Sweatshop 10m Lancs Champs & NVAC	19	17 CWR	21 Freckleton Half Marathon	19	16	20	18 Woodland Challenge	15	SUN			
19	16	16	20	18	22	20	17	21	19	16	MON			
20	17	17	21	20 Blackstone Edge FS	23	21	18	22 Mandy Goth Brow	20	17	TUE			
21	18	18	22	20 JOHN CARR 5K	24	22	19	23	21	18	WED			
22	19	19	23	21	25	23	20	24	22	19	THU			
23	20	20	24	22	26	24	21	25	23	20	FRI			
24	21 Standish Hall Trail	21	25	23	27 Whaley Wizz FS	25 Lingmell Dash	22 Peris Horseshoe FL	26	24 Whernside FS	21	SAT			
25 Meltham Tough 10k	22	22 Heptonstall FL	26 Blackpool Half Marathon	24	28	26 BMAF T&F CHAMPS	23	27	25	22	SUN			
26	23	23	27	25 Ilkley Trail	29	27	24	28	26	23	MON			
27	24	24	28		30	29 Lee Mill FM	25	29	27	24	TUE			
28	25	25	29	27		29 NVAC 5000M CHAMP	26	30	28	25	WED			
29	26	26	30	28		30	27		29	26	THU			
30	27	27		29		31	28		30	27	FRI			
31	28 Midgeley FS	28		30 Durdon Valley		29		31		28	SAT			
		29 Ron Hill 10k Accrington		31		30 Alice's Run			29 Wesham 10k		SUN			
		30				31			30		MON			
		31									TUE			

Tod Events

2015
GRAND
PRIX

GRAND PRIX & CHAMPIONSHIP TABLES

Pstn	Name	Cat	Middleley Moor	Pendle (EC)	Crow Hill	Hodder Valley (EC)	Harriers vs Cyclists	Boulsworth Bog	Coniston (EC)	Edenfield	Kentmere (EC)	Clwydian	Wadsworth Trog	Emmedale (EC)	Kinder Trog	Sedburgh Hills (EC)	Langdale	Huddersfield 10k	Helen Windsor 10k	Littleborough 5k	Wesham 10k	Norton 9m	Calderdale 10m	Waggon & Horses 10m	Swinton 10m	Trimpell 20	Hendon Brook	Windmill half	Oltham Half	TOTAL
1	Paul Brannigan	M45	90.3	87.4		70.1				63.8		87.4			78.2					97.7	61.8		81.6	102.0				93.9		549.5
2	John Allen	M	85.7	80.4					79.0		82.3		75.5		77.1		77.0		84.5		86.5	84.9		85.7	82.8			81.4		498.7
3	Dan Taylor	M		80.4		80.1				73.8	73.9	82.0		75.8		71.0	77.5				91.6				82.4				77.8	491.7
4	Guy Whitmore	M45	70.4		73.9		78.1			71.9		77.1			67.9			77.5		81.9		80.0	81.2		76.0			74.3		460.5
5	Mel Blackhurst	F45	53.7	71.2		75.0			67.2	72.6	73.0					71.2		71.2		79.0	75.9				78.4		77.8	75.8		454.4
6	David Leslie	M60	66.1	66.4		68.9		69.6		66.9	56.2					61.4		67.7	71.9	70.4		68.8	74.8			59.7	67.5			417.7

2014 ENGLISH CHAMPIONSHIP FELL TABLE			Pendle (EC)	Hodder valley (EC)	Coniston (EC)	Kentmere (EC)	Emmedale (EC/B/C)	Sedburgh Hills (EC)	Completed Races	Qualified?	Qualifying TOTAL
	attendance		24	20	29	12	8	9	102		
	average points		72.1	73.3	69.8	70.9	78.0	74.8			
1	Jon Wright	M40	95.0	95.5	94.0		97.1		4	Q	286.6
2	Nick Barber	M		94.8	89.0			89.3	3	Q	273.1
3	Ben Crowther	M40	87.7	91.7	87.7	84.0	87.7		5	Q	267.1
4	Craig Stansfield	M45	86.1	90.2	86.7			89.0	4	Q	265.9
5	Lucy Burnett	F35	76.0	80.2	77.8		80.2	78.0	5	Q	238.2
6	Dan Taylor	M	80.4	80.1		73.9	75.8	71.0	5	Q	230.1
7	Mel Blackhurst	F45	71.2	75.0	67.2	73.0		71.2	5	Q	219.2
8	Kath Brierley	F50		68.1	63.2	65.3	59.5		4	Q	192.9
9	David Leslie	M60	66.4	68.9		56.2		61.4	4	Q	186.5

Production constraints in the last Torrier made squeezing tables into the new page format unreadable.

To view 2014 and previous seasons, all tables and results can be found online at the GP page of our website.

Road, fell, trail and the full Grand Prix are updated after every race.

These two tables are the qualifiers in the Club Championship and English Fell which do not appear online.

2014 XC TABLE											
				Leigh	Chorley	Bolton	Rawtenstall	Completed Races	total points	Qualified?	qualifying TOTAL
	attendance			8	11	16	20	55			
1	Nick Barber	M		90.6	90.3	91.8	91.8	4	364.5	Q	183.6
2	Andrew Wrench	M45		90.2			92.9	2	183.1	Q	183.1
3	Jon Wright	M40			89.2	89.8		2	179.0	Q	179.0
4	Robin Tuddenham	M45			88.1		86.2	2	174.3	Q	174.3
5	Paul Brannigan	M50		88.1		83.1	85.4	3	256.6	Q	173.5
6	Dwane Dixon	M40		82.1	85.2		87.9	3	255.2	Q	173.1
7	Ivan Gee	M45				84.7	88.3	2	173.0	Q	173.0
8	Paul Hobbs	M			85.8	86.7		2	172.5	Q	172.5
9	Craig Stansfield	M45			83.9	86.5	84.4	3	254.8	Q	170.9
10	Dan Taylor	M				82.7	82.8	2	165.5	Q	165.5
11	Dave Garner	M45				81.6	83.6	2	165.2	Q	165.2
12	Ben Crowther	M40			81.5		82.1	2	163.6	Q	163.6
13	Jackson Cowie	M		75.8		78.1		2	153.9	Q	153.9
14	Michael Harper	M45		77.1		75.7		2	152.8	Q	152.8
15	James Logue	M45					97.5	1	97.5	X	97.5
16	Chris Goddard	M					85.1	1	85.1	X	85.1
17	Steve Pullen	M45					80.8	1	80.8	X	80.8
18	Matt Flanagan	M					78.2	1	78.2	X	78.2
19	Joe Daniels	M40		70.7				1	70.7	X	70.7

1	Mel Blackhurst	F45			88.2	87.0	90.2	3	265.4	Q	178.4
2	Kath Brierley	F50			85.7		86.2	2	171.9	Q	171.9
3	Catherine Elvin	F		81.0		82.3	80.9	3	244.2	Q	163.3
4	Mel Siddall	F50			78.1	76.4	79.0	3	233.5	Q	157.9
5	Mandy Goth	F50				70.5	71.0	2	141.5	Q	141.5
6	Moyra Parfitt	F65			69.0	66.6	68.9	3	204.5	Q	137.9
7	Bev Wright	F45				74.3		1	74.3	X	74.3

TOILET

SEAT



CONGRATULATIONS TO DAN THE 2014 TOILET SEAT CHAMPION!

DAN LEFT IT TO A LATE BOLT OF FORGETFULNESS TO GAIN VICTORY, IN A LOW SCORING YEAR WHERE LOTS OF PEOPLE GAINED POINTS EARLY BUT FAILED TO ACCUMULATE MORE. DAN, HAVING SCORED NO POINTS IN THE EARLIER EDITION OF THE TOILET SEAT, MANAGED TO SCORE TWICE, LIFTING THE TITLE BY PIPPING FAVOURITE NIC BARBER.

AS YOU MAY KNOW DAN IS TAKING CONTROL OF THE TOILET SEAT IN 2015 AND I WISH HIM WELL AND HOPE HE IS FULL OF GOOD TOILET HUMOUR. I ALSO WOULD LIKE TO WISH HIM A FULL AND SPEEDY RECOVERY AFTER HIS RECENT ACCIDENT.

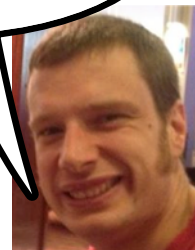
A GRAND FAREWELL FROM UNCLE BARRY

Which Pub? Not the one you went to Richard Blakeley! He went to the Shoulder of Mutton Mytholmroyd, everyone else was at the Masons in Tod. He then went to the Shoulder in Hebden, then home, before turning up at the Masons late for 5pts Confused or in a rush? David Lesley managed to run in the relay races with his vest on inside out. Your first ever toilet points David 5pts Where does the fuel go? The first time Mel fuelled her new motorhome she put it in the freshwater tank. Luckily she realised and stopped quickly. Still needed cleaning and a nice 5pts Mel Question. Do I get toilet pts for posting in the sharing section a link to lift sharing not in the lift sharing section. No, Branny, but you do get 5pts for confusing Uncle Barry.

Forgetful (1) Last year Dan got pts for forgetting his Tod vest on a trip to Jura. This year he forgot his Tod vest on a trip to Ben Nevis. What's the problem with Tod vests and Scotland Dan? Answer: 5pts.

Careless or just Clumsy? Nic, on leaving the Masons carrying the club tent, spun around and managed to knock a wing mirror off a nearby parked car. Being a good guy he returned to the pub to find the owner (my youngest daughter) to report the incident. That will be 5pts for the mirror + 1 bonus pt for it being Uncle Barry's daughter's car Ps he was lucky she was scrapping the car the following week, so it didn't cost him any money. What time does the race start? Before you got there Richard Butterwick. Shame this as he was so looking forward to the runner v cyclist race. 5pts Forgetful(2) After a club run at the Staff Dan rushed into the pub leaving trainers under the car. Returning to the pub car park the following day, no sign of the trainers but he did spot some bins. A quick search of the bins and bingo - a pair of smelly trainers. That will be 5pts for the trainers + 1 bonus pt for rummaging in bins Dan.

PLEASE HELP I CAN'T WIN AGAIN NEXT YEAR. GET GRASSING TO ME ---DAN TODMAN



2014 TABLE

11	Dan Taylor
6	Nic Barber
5	Phil Hodgson
5	Neil Hodgkinson
5	Ivan Gee
5	Uncle Barry
5	Dave Wilson
5	Lee McCluskey
5	Martin Roberts
5	Darren Graham
5	Andrew Bibby
5	Mel Siddall
5	Richard Blakeley
5	Richard Butterwick
5	Paul Brannigan
5	David Lesley
5	Ben Crowther
5	Mandy Goth